

Pl	Name	Kat	Zeit	2,5 km	70 Hm	17 P	1(32)	2(31)	3(40)	4(59)	5(36)	6(57)	7(34)	8(58)	9(37)	10(35)	11(39)	12(48)	13(63)	14(43)	
				15(46)	16(47)	17(100)	Ziel														
Bahn 1 (30)																					
1	Sergei Roskop	H19L	14:09	0:32	0:59	1:31	2:20	4:31	5:09	5:41	6:03	6:18	7:04	8:26	11:40	12:25	12:59				
Braunschweiger MTV				0:32	0:27	0:32	0:49	2:11	0:38	0:32	0:22	0:15	0:46	1:22	3:14	0:45	0:34				
				13:20	13:41	13:57	14:09														
				0:21	0:21	0:16	0:12														
2	Birte Friedrichs	D19L	14:50	0:36	1:04	1:40	2:28	4:47	5:20	5:41	6:05	6:22	7:12	8:41	12:00	12:47	13:24				
MTV Seesen				0:36	0:28	0:36	0:48	2:19	0:33	0:21	0:24	0:17	0:50	1:29	3:19	0:47	0:37				
				13:53	14:16	14:36	14:50														
				0:29	0:23	0:20	0:14														
3	Björn Frieling	H35	15:27	0:41	1:13	1:47	2:47	5:07	5:45	6:04	6:28	6:48	7:48	9:26	12:43	13:28	14:09				
TuS Bergen				0:41	0:32	0:34	1:00	2:20	0:38	0:19	0:24	0:20	1:00	1:38	3:17	0:45	0:37				
				14:24	14:52	15:14	15:27														
				0:19	0:28	0:22	0:13														
4	Aaron Wandelt	H19L	15:45	0:40	1:09	1:45	2:30	4:55	5:33	5:52	6:30	6:47	7:47	9:26	13:03	13:49	14:29				
MTV Seesen				0:40	0:29	0:36	0:45	2:25	0:38	0:19	0:38	0:17	1:00	1:39	3:37	0:46	0:34				
				14:47	15:13	15:32	15:45														
				0:24	0:26	0:19	0:13														
5	Till Finkenstädt	H19L	15:56	0:41	1:10	1:44	2:30	4:48	5:24	5:43	6:14	6:36	7:34	9:11	12:41	13:32	14:17				
OLV Uslar				0:41	0:29	0:34	0:46	2:18	0:36	0:19	0:31	0:22	0:58	1:37	3:30	0:51	0:49				
				14:44	15:19	15:39	15:56														
				0:27	0:35	0:20	0:17														
6	Michael Steube	H35	17:13	0:42	1:13	1:59	2:42	5:00	5:43	6:05	6:34	6:59	7:55	9:47	13:39	14:57	15:37				
TK Hannover				0:42	0:31	0:46	0:43	2:18	0:43	0:22	0:29	0:25	0:56	1:52	3:52	1:18	0:40				
				16:10	16:36	17:00	17:13														
				0:33	0:26	0:24	0:13														
7	Patrick Dresel	H19L	17:42	0:35	1:09	1:50	2:46	5:21	6:04	6:24	7:16	7:34	8:48	10:36	14:15	15:09	15:50				
SC Klecken				0:35	0:34	0:41	0:56	2:35	0:43	0:20	0:52	0:18	1:14	1:48	3:39	0:54	0:41				
				16:27	17:02	17:27	17:42														
				0:37	0:35	0:25	0:15														
8	Jens Struckmann	H35	17:44	0:46	1:22	2:03	3:02	5:40	6:22	6:42	7:10	7:31	8:43	10:33	14:20	15:15	16:02				
Braunschweiger MTV				0:46	0:36	0:41	0:59	2:38	0:42	0:20	0:28	0:21	1:12	1:50	3:47	0:55	0:47				
				16:26	17:03	17:27	17:44														
				0:24	0:37	0:24	0:17														
9	Fabian Ulbrich	H19L	18:26	0:39	1:10	2:01	2:55	5:46	6:36	7:01	7:30	7:49	8:49	10:50	15:00	15:55	16:44				
OLV Uslar				0:39	0:31	0:51	0:54	2:51	0:50	0:25	0:29	0:19	1:00	2:01	4:10	0:55	0:49				
				17:07	17:42	18:08	18:26														
				0:23	0:35	0:26	0:18														
10	Lina Buchberger	D19L	18:31	0:43	1:19	2:01	2:56	5:48	6:32	6:56	7:24	7:53	9:05	10:58	15:04	16:01	16:44				
MTV Seesen				0:43	0:36	0:42	0:55	2:52	0:44	0:24	0:28	0:29	1:12	1:53	4:06	0:57	0:49				
				17:17	17:52	18:17	18:31														
				0:33	0:35	0:25	0:14														
11	Katharina Linke	D19L	18:51	0:47	1:45	2:22	3:14	5:45	7:43	8:12	8:47	9:06	10:10	11:45	15:25	16:09	16:59				
MTV Seesen				0:47	0:58	0:37	0:52	2:31	1:58	0:29	0:35	0:19	1:04	1:35	3:40	0:44	0:50				
				17:46	18:13	18:34	18:51														
				0:47	0:27	0:21	0:17														
12	Alexey Kupriyanov	H19L	19:25	0:42	1:28	2:09	3:19	6:06	6:58	7:24	8:27	8:56	10:02	11:46	15:51	16:38	17:24				
TK Hannover				0:42	0:46	0:41	1:10	2:47	0:52	0:26	1:03	0:29	1:06	1:44	4:05	0:47	0:49				
				18:02	18:46	19:10	19:25														
				0:38	0:44	0:24	0:15														
13	Carolin Bernsdorf	D19L	19:44	0:45	1:22	2:06	3:23	6:36	7:23	7:44	8:13	8:35	9:49	11:46	15:51	16:56	17:41				
MTV Seesen				0:45	0:37	0:44	1:17	3:13	0:47	0:21	0:29	0:22	1:14	1:57	4:05	1:05	0:49				
				18:23	18:55	19:20	19:44														
				0:42	0:32	0:25	0:24														
14	Tinka Kankaanpää	D19L	20:17	0:53	1:33	2:24	3:35	6:33	7:18	7:46	8:33	8:55	10:06	12:11	17:01	17:54	18:39				
Bovender SV				0:53	0:40	0:51	1:11	2:58	0:45	0:28	0:47	0:22	1:11	2:05	4:50	0:53	0:42				
				19:02	19:36	20:01	20:17														
				0:26	0:34	0:25	0:16														
15	Jens Wittke	H35	20:19	1:02	1:49	2:26	3:25	5:59	6:47	7:08	7:34	7:59	8:52	10:43	14:53	18:13	18:44				
SV Hildesia Diekhof				1:02	0:47	0:37	0:59	2:34	0:48	0:21	0:26	0:25	0:53	1:51	4:10	3:20	0:37				
				19:18	19:44	20:06	20:19														
				0:34	0:26	0:22	0:13														
16	Hauke Scharfenberg	H35	20:29	0:40	1:11	1:52	2:47	6:21	7:05	9:10	9:41	10:04	11:20	13:09	16:58	17:48	18:39				
TuS Bergen				0:40	0:31	0:41	0:55	3:34	0:44	2:05	0:31	0:23	1:16	1:49	3:49	0:50	0:50				
				19:03	19:41	20:05	20:29														
				0:25	0:38	0:24	0:24														
17	Jakob Eberwien	H19L	22:22	1:13	2:03	2:42	5:13	7:54	9:30	9:54	10:54	11:22	12:27	14:17	17:51	19:38	20:24				
OLV Uslar				1:13	0:50	0:39	2:31	2:41	1:36	0:24	1:00	0:28	1:05	1:50	3:34	1:47	0:49				
				21:00	21:37	22:06	22:22														
				0:36	0:37	0:29	0:16														
18	Lea Reppnow	D19L	23:05	1:07	2:00	2:50	4:03	7:01	8:15	8:57	9:43	10:11	11:24	13:25	18:32	20:10	20:54				
OLV Uslar				1:07	0:53	0:50	1:13	2:58	1:14	0:42	0:46	0:28	1:13	2:01	5:07	1:38	0:44				
				21:38	22:21	22:46	23:05														
				0:44	0:43	0:25	0:19														
19	Jannik Richter	H19L	23:20	0:55	1:42	2:29	3:48	6:51	8:05	8:31	9:08	9:40	11:45	14:07	18:49	20:03	21:09				
TK Hannover				0:55	0:47	0:47	1:19	3:03	1:14	0:26	0:37	0:32	2:05	2:22	4:42	1:14	1:09				
				21:54	22:38	23:05	23:20														
				0:46	0:44	0:27	0:15														
20	Alfonso Cuesta Hern	H35	32:58	3:48	4:47	5:30	6:58	14:43	16:26	17:22	17:59	18:25	20:23	22:35	28:08	29:32	30:39				
TV Jahn Wolfsburg				3:48	0:59	0:43	1:28	7:45	1:43	0:56	0:37	0:26	1:58	2:12	5:33	1:24	1:01				
				31:16	32:09	32:38	32:58														
				0:43	0:53	0:29	0:20														

Pl	Name	Kat	Zeit													
Bahn 3 (22)				2,1 km	40 Hm	12 P										
				1(31)	2(33)	3(36)	4(57)	5(62)	6(39)	7(42)	8(53)	9(51)	10(52)	11(61)	12(100)	Ziel
1	Dirk Strauß	H55	15:35	1:05	2:34	5:10	5:53	6:56	8:40	11:22	12:04	13:32	14:24	14:47	15:20	15:35
	SV Hildesia Diekholz			1:05	1:29	2:36	0:43	1:03	1:44	2:42	0:42	1:28	0:52	0:23	0:33	0:15
2	Horst von Gaza	H55	15:42	1:00	2:25	4:55	5:37	7:48	9:11	11:45	12:25	13:41	14:30	14:54	15:25	15:42
	OLV Uslar			1:00	1:25	2:30	0:42	2:11	1:23	2:34	0:40	1:16	0:49	0:24	0:31	0:17
3	Anke von Gaza	D45	17:00	1:11	3:09	5:36	6:21	7:32	9:29	12:50	13:37	15:02	15:53	16:17	16:45	17:00
	OLV Uslar			1:11	1:58	2:27	0:45	1:11	1:57	3:21	0:47	1:25	0:51	0:24	0:28	0:15
				7:02												
				*35												
4	Esther Stamer	D45	17:03	1:06	2:37	5:23	6:09	7:55	9:35	12:33	13:19	14:46	15:39	16:04	16:47	17:03
	MTK Bad Harzburg			1:06	1:31	2:46	0:46	1:46	1:40	2:58	0:46	1:27	0:53	0:25	0:43	0:16
				5:05	6:58											
				*60	*35											
5	Werner Drese	H55	17:26	1:03	2:41	5:33	6:19	7:37	9:23	12:37	13:27	15:12	16:12	16:36	17:06	17:26
	OLV Uslar			1:03	1:38	2:52	0:46	1:18	1:46	3:14	0:50	1:45	1:00	0:24	0:30	0:20
6	Felix Drese	H19K	17:52	0:50	2:14	4:48	5:42	8:35	10:24	13:19	14:11	15:39	16:38	17:03	17:35	17:52
	OLV Uslar			0:50	1:24	2:34	0:54	2:53	1:49	2:55	0:52	1:28	0:59	0:25	0:32	0:17
				6:27												
				*35												
7	Robert Nuske	H19K	18:48	1:27	3:13	6:14	7:09	8:21	10:05	13:35	14:34	16:10	17:13	17:42	18:21	18:48
	TK Hannover			1:27	1:46	3:01	0:55	1:12	1:44	3:30	0:59	1:36	1:03	0:29	0:39	0:27
8	Evi Drese	D45	19:35	1:07	2:38	5:28	6:15	7:36	9:23	14:59	15:51	17:25	18:22	18:48	19:20	19:35
	OLV Uslar			1:07	1:31	2:50	0:47	1:21	1:47	5:36	0:52	1:34	0:57	0:26	0:32	0:15
				5:13												
				*60												
9	Anna Weigert	D16	20:43	1:21	2:45	5:43	6:26	10:37	12:35	16:16	17:08	18:33	19:29	19:56	20:25	20:43
	TV Jahn Wolfsburg			1:21	1:24	2:58	0:43	4:11	1:58	3:41	0:52	1:25	0:56	0:27	0:29	0:18
10	Petra Schneider	D45	21:09	1:15	3:06	6:46	7:48	9:18	11:37	15:56	16:52	18:40	19:46	20:11	20:50	21:09
	SV Hildesia Diekholz			1:15	1:51	3:40	1:02	1:30	2:19	4:19	0:56	1:48	1:06	0:25	0:39	0:19
11	Kerstin Krätz	D45	21:29	1:19	3:06	7:18	8:25	10:19	12:20	15:56	16:49	18:35	19:44	20:10	21:09	21:29
	TV Jahn Wolfsburg			1:19	1:47	4:12	1:07	1:54	2:01	3:36	0:53	1:46	1:09	0:26	0:59	0:20
12	Sandra Castilho Mar	D45	21:49	1:22	4:21	8:28	9:15	11:08	13:03	17:01	17:57	19:37	20:37	21:00	21:34	21:49
	SV Hildesia Diekholz			1:22	2:59	4:07	0:47	1:53	1:55	3:58	0:56	1:40	1:00	0:23	0:34	0:15
13	Kerstin Wittke	D45	23:34	1:54	3:54	7:43	9:11	11:53	13:49	17:57	18:59	20:48	21:56	22:29	23:17	23:34
	SV Hildesia Diekholz			1:54	2:00	3:49	1:28	2:42	1:56	4:08	1:02	1:49	1:08	0:33	0:48	0:17
				7:17												
				*60												
14	Sabine Nash	D45	24:23	1:27	3:44	7:36	8:39	10:34	13:00	17:39	18:56	21:08	22:27	23:10	24:04	24:23
	TK Hannover			1:27	2:17	3:52	1:03	1:55	2:26	4:39	1:17	2:12	1:19	0:43	0:54	0:19
15	Susanne Körber	D45	26:40	1:24	4:02	8:48	10:06	12:52	15:13	20:16	21:37	23:38	24:59	25:31	26:18	26:40
	OLV Uslar			1:24	2:38	4:46	1:18	2:46	2:21	5:03	1:21	2:01	1:21	0:32	0:47	0:22
16	Kristine Schulze	D45	28:11	1:45	4:16	8:47	10:07	12:29	15:13	20:31	21:51	24:27	25:56	26:41	27:38	28:11
	TV Jahn Wolfsburg			1:45	2:31	4:31	1:20	2:22	2:44	5:18	1:20	2:36	1:29	0:45	0:57	0:33
17	Sylke Höfner	D45	35:40	2:06	5:10	11:23	13:02	15:27	19:00	26:47	28:24	31:00	33:01	33:53	35:11	35:40
	OLV Uslar			2:06	3:04	6:13	1:39	2:25	3:33	7:47	1:37	2:36	2:01	0:52	1:18	0:29
	Sandra Wöhrer	D45	N Ang													
	TV Jahn Wolfsburg															
	Michaela Bruns	D45	N Ang													
	MTK Bad Harzburg															
	Michael Schwien	H55	N Ang													
	SC Klecken															
	Katja Tiitinen	D45	N Ang													
	OLV Uslar															
	Gerhard Kottschlag	H55	N Ang													
	SV Hildesia Diekholz															
Bahn 4 (7)				1,5 km	40 Hm	11 P										
				1(32)	2(40)	3(56)	4(33)	5(39)	6(50)	7(53)	8(43)	9(46)	10(47)	11(100)	Ziel	
1	Jule Weigert	D14	10:17	0:50	1:44	2:04	2:33	3:14	5:56	6:25	8:20	9:04	9:38	10:02	10:17	
	TV Jahn Wolfsburg			0:50	0:54	0:20	0:29	0:41	2:42	0:29	1:55	0:44	0:34	0:24	0:15	
2	Rut Stark	D14	11:42	1:08	2:14	2:41	3:13	4:01	7:07	7:41	9:47	10:24	10:59	11:26	11:42	
	MTV Seesen			1:08	1:06	0:27	0:32	0:48	3:06	0:34	2:06	0:37	0:35	0:27	0:16	
3	Johannes Gurtmann	H14	12:15	1:14	2:20	2:55	3:36	4:28	7:26	7:53	10:05	10:46	11:19	12:00	12:15	
	TG Münden			1:14	1:06	0:35	0:41	0:52	2:58	0:27	2:12	0:41	0:33	0:41	0:15	
4	Leif Liebong	H14	13:53	1:18	2:30	2:57	3:38	4:45	8:32	9:08	11:46	12:33	13:05	13:32	13:53	
	Bovender SV			1:18	1:12	0:27	0:41	1:07	3:47	0:36	2:38	0:47	0:32	0:27	0:21	
5	Jette Körber	D14	14:05	1:21	2:43	3:08	3:47	4:38	8:27	9:05	11:59	12:41	13:25	13:49	14:05	
	OLV Uslar			1:21	1:22	0:25	0:39	0:51	3:49	0:38	2:54	0:42	0:44	0:24	0:16	
	Jana Knaup	D14	N Ang													
	Braunschweiger MT															
	Erik Urzua Wöhrer	H14	N Ang													
	TV Jahn Wolfsburg															
Bahn 5 (23)				1,4 km	30 Hm	10 P										
				1(31)	2(39)	3(33)	4(40)	5(56)	6(50)	7(43)	8(61)	9(47)	10(100)	Ziel		
1	Ann-Charlotte Spang	D19K	10:11	0:57	1:27	2:20	3:19	3:42	5:41	8:14	8:51	9:23	9:53	10:11		
	TG Münden			0:57	0:30	0:53	0:59	0:23	1:59	2:33	0:37	0:32	0:30	0:18		
2	Liisa Rihko-Struckm	D55	11:59	1:11	1:53	2:56	3:59	4:22	6:27	9:41	10:35	11:06	11:36	11:59	10:23	
	Braunschweiger MT			1:11	0:42	1:03	1:03	0:23	2:05	3:14	0:54	0:31	0:30	0:23	*46	

Pl	Name	Kat	Zeit											
			1,4 km	30 Hm	10 P	<i>(Forts.)</i>								
			1(31)	2(39)	3(33)	4(40)	5(56)	6(50)	7(43)	8(61)	9(47)	10(100)	Ziel	
Bahn 5 (23)														
3	Claudia Ducki-Höckr	D55	12:05	1:23	2:09	3:08	4:17	4:47	6:54	9:48	10:38	11:11	11:44	12:05
	MTK Bad Harzburg			1:23	0:46	0:59	1:09	0:30	2:07	2:54	0:50	0:33	0:33	0:21
4	Bernd Höfner	H65	12:14	1:05	1:50	4:09	5:08	5:46	7:37	10:16	11:02	11:34	11:59	12:14
	OLV Uslar			1:05	0:45	2:19	0:59	0:38	1:51	2:39	0:46	0:32	0:25	0:15
5	Jordan Sophie Meise	D19K	12:36	1:12	2:13	3:26	4:35	4:59	7:17	10:22	11:19	11:51	12:19	12:36
	OLV Uslar			1:12	1:01	1:13	1:09	0:24	2:18	3:05	0:57	0:32	0:28	0:17
6	Udo Sobczak	H65	12:46	1:09	3:16	5:23	6:12	6:31	8:23	10:54	11:33	11:55	12:22	12:46
	MTV Soltau			1:09	2:07	2:07	0:49	0:19	1:52	2:31	0:39	0:22	0:27	0:24
7	Ulrike Korff	D55	13:01	1:18	1:59	2:57	4:03	4:27	6:58	10:30	11:28	11:57	12:34	13:01
	SC Achmer			1:18	0:41	0:58	1:06	0:24	2:31	3:32	0:58	0:29	0:37	0:27
8	Reinhard In der Stro	H65	13:27	1:19	2:08	4:21	5:33	5:57	8:02	11:10	12:02	12:34	13:08	13:27
	Osnabrücker TB			1:19	0:49	2:13	1:12	0:24	2:05	3:08	0:52	0:32	0:34	0:19
9	Saskia Ernst-Liebing	D19K	13:40	1:34	2:20	3:22	4:33	5:02	7:35	10:56	12:01	12:36	13:23	13:40
	Bovender SV			1:34	0:46	1:02	1:11	0:29	2:33	3:21	1:05	0:35	0:47	0:17
9	Claudia Weigert	D19K	13:40	1:40	2:31	3:53	5:06	5:33	7:53	10:52	11:47	12:42	13:17	13:40
	TV Jahn Wolfsburg			1:40	0:51	1:22	1:13	0:27	2:20	2:59	0:55	0:55	0:35	0:23
11	Gerhard Niederland	H65	15:41	1:40	2:36	4:00	5:24	6:01	8:43	12:20	13:18	13:53	15:09	15:41
	TSV Schloß Rickling			1:40	0:56	1:24	1:24	0:37	2:42	3:37	0:58	0:35	1:16	0:32
12	Ferdinand Hanses	H65	16:10	1:26	2:16	6:12	7:18	7:50	10:15	13:45	14:39	15:16	15:49	16:10
	TuS Bramsche			1:26	0:50	3:56	1:06	0:32	2:25	3:30	0:54	0:37	0:33	0:21
13	Barbara Dresel	D55	19:41	1:49	2:45	7:16	8:34	9:06	11:59	16:00	17:27	18:20	19:06	19:41
	SC Klecken			1:49	0:56	4:31	1:18	0:32	2:53	4:01	1:27	0:53	0:46	0:35
14	Anne Hanses	D55	23:49	1:46	8:23	9:48	11:36	12:15	15:52	20:14	21:20	22:21	23:11	23:49
	TuS Bramsche			1:46	6:37	1:25	1:48	0:39	3:37	4:22	1:06	1:01	0:50	0:38
15	Johannes Müssen	H65	31:10	2:57	6:21	8:41	11:21	12:28	17:43	24:57	27:09	28:26	29:54	31:10
	SuS Vehrte			2:57	3:24	2:20	2:40	1:07	5:15	7:14	2:12	1:17	1:28	1:16
	Uwe Dresel	H65	Fehlst	1:05	2:37	3:31	4:33	4:57	6:57	9:38	-----	11:04	11:30	11:50
	SC Klecken			1:05	1:32	0:54	1:02	0:24	2:00	2:41	-----	1:26	0:26	0:20
	Regine Klander-Str	D55	Fehlst	1:26	2:13	3:26	4:37	-----	7:25	12:45	13:48	14:29	15:06	15:30
	SV Hildesia Diekholz			1:26	0:47	1:13	1:11	-----	2:48	5:20	1:03	0:41	0:37	0:24
	Vivien Helmbrecht	D19K	Fehlst	1:18	2:50	8:56	10:07	10:36	-----	15:37	16:38	17:35	18:10	18:35
	OLV Uslar			1:18	1:32	6:06	1:11	0:29	-----	5:01	1:01	0:57	0:35	0:25
AK	Brigitte Dersch-Koll	D55	28:06	2:28	3:35	11:51	13:41	14:22	18:21	23:46	25:30	26:26	27:26	28:06
	SC Helsa			2:28	1:07	8:16	1:50	0:41	3:59	5:25	1:44	0:56	1:00	0:40
	Wilhelm Holz	H65	N Ang											
	OLV Uslar													
	Melisa Monterd	D19K	N Ang											
	TV Jahn Wolfsburg													
	Wolfgang Mertens	H65	N Ang											
AK	Helga Wendt	D55	N Ang											
	SC Helsa													
Bahn 6 (19)														
			1,4 km	30 Hm	9 P									
			1(31)	2(33)	3(56)	4(40)	5(42)	6(53)	7(51)	8(52)	9(100)	Ziel		
1	Constantin Freudenl	H12	10:08	1:21	2:47	3:26	3:47	6:03	6:46	8:17	9:04	9:52	10:08	
	TSV Worpsswede			1:21	1:26	0:39	0:21	2:16	0:43	1:31	0:47	0:48	0:16	
2	Finn Ostendorff	H12	11:25	1:32	3:04	3:45	4:08	6:40	7:29	9:00	10:03	11:10	11:25	
	TSV Worpsswede			1:32	1:32	0:41	0:23	2:32	0:49	1:31	1:03	1:07	0:15	
3	Sania Stamer	D12	13:20	1:10	2:47	3:52	4:25	7:34	8:33	10:17	11:26	13:06	13:20	
	SV Hildesia Diekholz			1:10	1:37	1:05	0:33	3:09	0:59	1:44	1:09	1:40	0:14	
4	Miguel Castilho Marc	H12	14:13	1:39	5:05	5:58	6:24	9:24	10:26	11:53	12:49	13:58	14:13	
	SV Hildesia Diekholz			1:39	3:26	0:53	0:26	3:00	1:02	1:27	0:56	1:09	0:15	
5	Antje Sobczak	D65	14:25	1:32	3:43	4:33	5:12	8:51	9:59	11:43	12:54	14:02	14:25	
	MTV Soltau			1:32	2:11	0:50	0:39	3:39	1:08	1:44	1:11	1:08	0:23	
6	Irmela Bergt	D65	14:46	1:24	3:39	4:57	5:39	8:46	10:04	11:56	13:10	14:11	14:46	
	TSV Fischerhude			1:24	2:15	1:18	0:42	3:07	1:18	1:52	1:14	1:01	0:35	
7	Marlin Fuhrmann	H12	14:56	1:54	3:46	5:04	5:50	9:37	10:46	12:38	13:34	14:29	14:56	
	TSV Worpsswede			1:54	1:52	1:18	0:46	3:47	1:09	1:52	0:56	0:55	0:27	
8	Birgitt Michel	D65	16:13	1:30	3:47	5:12	6:20	9:56	10:57	13:05	14:42	15:45	16:13	
	TV Jahn Wolfsburg			1:30	2:17	1:25	1:08	3:36	1:01	2:08	1:37	1:03	0:28	
9	Ingrid Müssen	D65	17:44	1:55	4:19	5:39	6:24	11:25	12:43	14:40	15:56	17:06	17:44	
	SuS Vehrte			1:55	2:24	1:20	0:45	5:01	1:18	1:57	1:16	1:10	0:38	
10	Moritz Voigt	H12	19:50	3:31	6:15	8:40	9:14	14:11	15:15	17:20	18:28	19:30	19:50	
	TSV Worpsswede			3:31	2:44	2:25	0:34	4:57	1:04	2:05	1:08	1:02	0:20	
11	Günter Gohde	H75	20:15	1:56	6:23	7:40	8:22	12:34	14:18	16:49	18:26	19:49	20:15	
	TK Hannover			1:56	4:27	1:17	0:42	4:12	1:44	2:31	1:37	1:23	0:26	
12	Leonie Lochte	D12	20:38	1:44	5:36	6:50	7:22	12:15	14:04	16:35	18:07	20:14	20:38	
	SV Hildesia Diekholz			1:44	3:52	1:14	0:32	4:53	1:49	2:31	1:32	2:07	0:24	
13	Gudrun In der Strotl	D65	26:07	2:03	11:14	13:13	14:08	18:07	19:46	22:15	23:42	25:34	26:07	
	Osnabrücker TB			2:03	9:11	1:59	0:55	3:59	1:39	2:29	1:27	1:52	0:33	
14	Dieter Brockfeld	H75	31:03	2:45	13:18	14:47	15:39	20:21	22:14	25:10	27:18	29:44	31:03	
	Osnabrücker TB			2:45	10:33	1:29	0:52	4:42	1:53	2:56	2:08	2:26	1:19	
	Ria Wittke	D12	Fehlst	1:42	4:29	5:21	5:51	-----	9:55	11:43	12:55	14:32	14:47	
	SV Hildesia Diekholz			1:42	2:47	0:52	0:30	-----	4:04	1:48	1:12	1:37	0:15	
AK	Lina und Leon Siede	D12	Fehlst	2:14	-----	4:13	-----	-----	8:55	12:27	-----	21:01	21:21	
	TSV Worpsswede			2:14	-----	1:59	-----	-----	4:42	3:32	-----	8:34	0:20	

Pl	Name	Kat	Zeit										
Bahn 6 (19)			1,4 km	30 Hm	9 P	<i>(Forts.)</i>							
			1(31)	2(33)	3(56)	4(40)	5(42)	6(53)	7(51)	8(52)	9(100)	Ziel	
	Karlheinz Niescken	H75	N Ang										
	SSV Langenhagen												
	Noah van der Zande	H12	N Ang										
	OLV Uslar												
	Abrecht Bergt	H75	N Ang										
	TSV Fischerhude												
Bahn 7 (9)			1,1 km	30 Hm	8 P								
			1(49)	2(41)	3(55)	4(54)	5(53)	6(51)	7(43)	8(100)	Ziel		
1	Erik Bruns	DH10	9:39	0:44	2:43	3:24	5:00	5:59	7:50	8:41	9:16	9:39	
	MTK Bad Harzburg		0:44	1:59	0:41	1:36	0:59	1:51	0:51	0:35	0:23		
2	Mads Ostendorff	DH10	11:46	1:13	3:29	4:25	6:00	7:10	9:53	10:45	11:26	11:46	
	TSV Worpsswede			1:13	2:16	0:56	1:35	1:10	2:43	0:52	0:41	0:20	
3	Tahlita Fuhrmann	DH10f	18:50	0:56	3:47	4:57	7:46	9:56	13:53	15:51	18:17	18:50	
	TSV Worpsswede			0:56	2:51	1:10	2:49	2:10	3:57	1:58	2:26	0:33	
4	Matias Cuesta Monte	DH10	20:39	0:51	3:50	5:20	10:41	13:15	17:27	18:48	19:38	20:39	
	TV Jahn Wolfsburg			0:51	2:59	1:30	5:21	2:34	4:12	1:21	0:50	1:01	
	Thorig Viohl	DH10f	Fehlst	0:52	3:29	4:10	----	9:47	12:01	12:46	13:51	17:13	6:21
	TSV Worpsswede			0:52	2:37	0:41		5:37	2:14	0:45	1:05	3:22	*50
AK	Robin von Gaza	DH10	Fehlst	0:41	3:16	4:13	6:40	----	9:36	10:36	13:10	14:35	
	OLV Uslar			0:41	2:35	0:57	2:27		2:56	1:00	2:34	1:25	
	Jesper Bruns	DH10f	N Ang										
	MTK Bad Harzburg												
	Fiona Marie Gerling	DH10f	N Ang										
	TG Münden												
	Anna Knaup	DH10f	N Ang										
	Braunschweiger MT												