D65 (Damen ab 65) (5)

2,1 km 11 P

Pl	tnr	Name	Zeit	1(63)	2(48)	3(65)	4(34)	5(38)	6(75)	7(61)	8(32)	9(54)	10(78)	11(69)	Z
1	1089	**Renate Tröße**	**18:22,00**	2:44,00	3:21,00	4:22,00	**5:46,00**	**6:54,00**	**9:36,00**	**11:54,00**	**12:54,00**	**14:50,00**	**16:28,00**	**17:39,00**	**18:22,68**
		SV TU Ilmenau		2:44,00	0:37,00	1:01,00	***1:24,00***	***1:08,00***	2:42,00	2:18,00	***1:00,00***	1:56,00	1:38,00	***1:11,00***	***0:43,68***
2	1011	**Antje Sobczak**	**20:02,00**	3:58,00	4:33,00	5:13,00	7:02,00	8:15,00	10:24,00	12:35,00	13:58,00	15:45,00	17:20,00	19:10,00	20:02,01
		MTV Soltau		3:58,00	***0:35,00***	***0:40,00***	1:49,00	1:13,00	***2:09,00***	***2:11,00***	1:23,00	***1:47,00***	1:35,00	1:50,00	0:52,01
3	1000	**Gisela Müller**	**20:30,00**	**2:32,00**	**3:14,00**	**4:05,00**	5:53,00	7:09,00	10:01,00	13:13,00	14:45,00	16:44,00	17:40,00	19:26,00	20:30,63
		TV 1886 Diedenberg		***2:32,00***	0:42,00	0:51,00	1:48,00	1:16,00	2:52,00	3:12,00	1:32,00	1:59,00	***0:56,00***	1:46,00	1:04,63
4	1076	**Ingrid Müssen**	**30:19,00**	7:46,00	8:40,00	10:27,00	13:23,00	15:04,00	18:01,00	21:08,00	22:47,00	26:34,00	27:39,00	29:20,00	30:19,00
		SuS Vehrte		7:46,00	0:54,00	1:47,00	2:56,00	1:41,00	2:57,00	3:07,00	1:39,00	3:47,00	1:05,00	1:41,00	0:59,00
	1086	**Gudrun In der Strot**	**Aufg**	5:24,00	14:56,00	16:15,00	19:24,00	21:59,00	-----	-----	-----	-----	-----	-----	
		Osnabrücker TB		5:24,00	9:32,00	1:19,00	3:09,00	2:35,00							

H19L (Herren ab 19 lang) (15)

4,3 km 17 P

Pl	tnr	Name	Zeit	1(51)	2(63)	3(38)	4(34)	5(52)	6(35)	7(40)	8(53)	9(49)	10(64)	11(41)	12(71)	13(67)	14(66)
				15(31)	16(36)	17(69)	Z										
1	1009	**Kilian Lilje**	**18:03,00**	0:28,00	**1:35,00**	**1:49,00**	**2:22,00**	**3:05,00**	**5:12,00**	**7:59,00**	**8:43,00**	**9:22,00**	**10:06,00**	**11:09,00**	**12:50,00**	**13:45,00**	**14:15,00**
		TSV Worpswede		0:28,00	***1:07,00***	***0:14,00***	***0:33,00***	***0:43,00***	***2:07,00***	***2:47,00***	0:44,00	0:39,00	0:44,00	***1:03,00***	1:41,00	0:55,00	0:30,00
				15:30,00	**16:08,00**	**17:28,00**	**18:03,47**										
				1:15,00	0:38,00	1:20,00	0:35,47										
2	1026	**Christoph Hofmeist**	**18:48,00**	0:26,00	1:38,00	1:52,00	2:38,00	3:38,00	5:48,00	8:43,00	9:26,00	10:03,00	10:46,00	11:50,00	13:21,00	14:15,00	14:41,00
		MTK Bad Harzburg		0:26,00	1:12,00	***0:14,00***	0:46,00	1:00,00	2:10,00	2:55,00	***0:43,00***	***0:37,00***	***0:43,00***	1:04,00	***1:31,00***	***0:54,00***	***0:26,00***
				16:04,00	16:40,00	18:23,00	18:48,60										
				1:23,00	0:36,00	1:43,00	0:25,60										
3	1084	**Sergei Roskop**	**19:40,00**	0:39,00	2:00,00	2:19,00	2:54,00	3:51,00	6:31,00	9:19,00	10:05,00	10:49,00	11:40,00	12:49,00	14:38,00	15:33,00	16:10,00
		Braunschweiger MT		0:39,00	1:21,00	0:19,00	0:35,00	0:57,00	2:40,00	2:48,00	0:46,00	0:44,00	0:51,00	1:09,00	1:49,00	0:55,00	0:37,00
				17:30,00	18:06,00	19:13,00	19:40,44										
				1:20,00	0:36,00	***1:07,00***	0:27,44										
4	1028	**Joachim Stamer**	**20:09,00**	**0:25,00**	1:44,00	1:59,00	2:57,00	4:00,00	6:24,00	9:32,00	10:20,00	11:05,00	11:52,00	13:03,00	14:49,00	15:49,00	16:24,00
		MTK Bad Harzburg		***0:25,00***	1:19,00	0:15,00	0:58,00	1:03,00	2:24,00	3:08,00	0:48,00	0:45,00	0:47,00	1:11,00	1:46,00	1:00,00	0:35,00
				17:45,00	18:23,00	19:41,00	20:09,03										
				1:21,00	0:38,00	1:18,00	0:28,03										
5	1104	**Hauke Scharfenber**	**21:07,00**	0:33,00	1:54,00	2:10,00	2:49,00	3:59,00	6:50,00	9:52,00	10:41,00	11:27,00	12:27,00	13:39,00	15:35,00	16:39,00	17:09,00
		TuS Bergen		0:33,00	1:21,00	0:16,00	0:39,00	1:10,00	2:51,00	3:02,00	0:49,00	0:46,00	1:00,00	1:12,00	1:56,00	1:04,00	0:30,00
				18:46,00	19:20,00	20:43,00	21:07,16										
				1:37,00	***0:34,00***	1:23,00	***0:24,16***										
6	1027	**Winfried Schreiber**	**21:26,00**	0:36,00	2:01,00	2:18,00	3:08,00	3:58,00	6:18,00	10:17,00	11:12,00	11:53,00	12:39,00	13:46,00	15:24,00	16:22,00	16:56,00
		MTK Bad Harzburg		0:36,00	1:25,00	0:17,00	0:50,00	0:50,00	2:20,00	3:59,00	0:55,00	0:41,00	0:46,00	1:07,00	1:38,00	0:58,00	0:34,00
				18:41,00	19:20,00	20:53,00	21:26,00										
				1:45,00	0:39,00	1:33,00	0:33,00										
7	1153	**Jan Schliebener**	**22:11,00**	0:32,00	2:01,00	2:21,00	3:01,00	4:17,00	7:09,00	10:26,00	11:18,00	12:05,00	12:57,00	14:10,00	16:11,00	17:17,00	17:52,00
		OLV Uslar		0:32,00	1:29,00	0:20,00	0:40,00	1:16,00	2:52,00	3:17,00	0:52,00	0:47,00	0:52,00	1:13,00	2:01,00	1:06,00	0:35,00
				19:30,00	20:13,00	21:37,00	22:11,68										
				1:38,00	0:43,00	1:24,00	0:34,68										
8	1154	**Till Finkenstädt**	**22:16,00**	0:32,00	1:59,00	2:16,00	2:58,00	3:54,00	6:23,00	9:54,00	10:47,00	11:34,00	12:29,00	13:45,00	15:48,00	16:53,00	17:30,00
		OLV Uslar		0:32,00	1:27,00	0:17,00	0:42,00	0:56,00	2:29,00	3:31,00	0:53,00	0:47,00	0:55,00	1:16,00	2:03,00	1:05,00	0:37,00
				19:16,00	20:06,00	21:43,00	22:16,33										
				1:46,00	0:50,00	1:37,00	0:33,33										
9	1005	**Patrick Dresel**	**23:05,00**	0:32,00	2:08,00	2:28,00	3:13,00	4:08,00	7:11,00	10:31,00	11:26,00	12:14,00	13:08,00	14:22,00	16:29,00	17:44,00	18:23,00
		SC Klecken		0:32,00	1:36,00	0:20,00	0:45,00	0:55,00	3:03,00	3:20,00	0:55,00	0:48,00	0:54,00	1:14,00	2:07,00	1:15,00	0:39,00
				20:09,00	20:54,00	22:30,00	23:05,30										
				1:46,00	0:45,00	1:36,00	0:35,30										
10	1155	**Fabian Ulbrich**	**23:07,00**	0:31,00	2:01,00	2:17,00	3:03,00	4:05,00	7:13,00	10:36,00	11:31,00	12:21,00	13:20,00	14:43,00	16:53,00	18:03,00	18:39,00
		OLV Uslar		0:31,00	1:30,00	0:16,00	0:46,00	1:02,00	3:08,00	3:23,00	0:55,00	0:50,00	0:59,00	1:23,00	2:10,00	1:10,00	0:36,00
				20:26,00	21:07,00	22:34,00	23:07,51										
				1:47,00	0:41,00	1:27,00	0:33,51										
11	1006	**Jonas Dresel**	**23:18,00**	0:31,00	2:03,00	2:22,00	3:03,00	3:56,00	7:01,00	10:33,00	11:32,00	12:25,00	13:21,00	14:45,00	16:59,00	18:09,00	18:51,00
		SC Klecken		0:31,00	1:32,00	0:19,00	0:41,00	0:53,00	3:05,00	3:32,00	0:59,00	0:53,00	0:56,00	1:24,00	2:14,00	1:10,00	0:42,00
				20:34,00	21:18,00	22:46,00	23:18,38		*4:09,00*								
				1:43,00	0:44,00	1:28,00	0:32,38		**73*								
12	1033	**Jannik Richter**	**25:55,00**	0:35,00	2:18,00	2:48,00	3:38,00	4:55,00	8:04,00	11:56,00	13:02,00	14:13,00	15:18,00	16:42,00	18:49,00	20:13,00	20:58,00
		Turn-Klubb zu Han		0:35,00	1:43,00	0:30,00	0:50,00	1:17,00	3:09,00	3:52,00	1:06,00	1:11,00	1:05,00	1:24,00	2:07,00	1:24,00	0:45,00
				22:47,00	23:40,00	25:20,00	25:55,36										
				1:49,00	0:53,00	1:40,00	0:35,36										
13	1156	**Malte Finkenstädt**	**26:29,00**	1:20,00	2:59,00	3:19,00	4:11,00	5:15,00	8:36,00	12:16,00	13:24,00	14:23,00	15:27,00	16:57,00	19:14,00	20:27,00	21:13,00
		OLV Uslar		1:20,00	1:39,00	0:20,00	0:52,00	1:04,00	3:21,00	3:40,00	1:08,00	0:59,00	1:04,00	1:30,00	2:17,00	1:13,00	0:46,00
				23:06,00	23:58,00	25:53,00	26:29,10										
				1:53,00	0:52,00	1:55,00	0:36,10										
14	1164	**Jakob Eberwien**	**27:50,00**	0:54,00	2:48,00	3:40,00	4:50,00	5:46,00	8:51,00	13:18,00	14:08,00	15:03,00	16:08,00	17:21,00	19:45,00	22:58,00	23:38,00
		OLV Uslar		0:54,00	1:54,00	0:52,00	1:10,00	0:56,00	3:05,00	4:27,00	0:50,00	0:55,00	1:05,00	1:13,00	2:24,00	3:13,00	0:40,00
				25:14,00	25:57,00	27:18,00	27:50,00		*21:16,00*								
				1:36,00	0:43,00	1:21,00	0:32,00		**66*								
15	1161	**Jan Köchy**	**28:31,00**	0:44,00	2:37,00	3:04,00	4:24,00	5:43,00	9:58,00	14:33,00	15:36,00	16:31,00	17:39,00	19:06,00	21:16,00	22:40,00	23:29,00
		- ohne -		0:44,00	1:53,00	0:27,00	1:20,00	1:19,00	4:15,00	4:35,00	1:03,00	0:55,00	1:08,00	1:27,00	2:10,00	1:24,00	0:49,00
				25:24,00	26:15,00	27:54,00	28:31,00										
				1:55,00	0:51,00	1:39,00	0:37,00										

Offen (Offen) (5) — 2,2 km — 16 P

Pl	tnr	Name	Zeit	1(76)	2(47)	3(73)	4(63)	5(74)	6(75)	7(61)	8(77)	9(36)	10(43)	11(55)	12(44)	13(56)	14(39)
				15(78)	16(70)	Z											
1	**1062**	**Ingo Krätz**	**20:54,00**	**0:53,00**	**1:38,00**	**2:13,00**	**3:33,00**	**5:14,00**	**6:38,00**	**9:19,00**	**10:45,00**	**11:37,00**	**12:53,00**	**13:53,00**	**14:36,00**	**16:08,00**	**18:47,00**
		TV Jahn Wolfsburg		***0:53,00***	***0:45,00***	***0:35,00***	***1:20,00***	1:41,00	1:24,00	***2:41,00***	1:26,00	***0:52,00***	***1:16,00***	***1:00,00***	***0:43,00***	1:32,00	2:39,00
				19:51,00	**20:38,00**	**20:54,00**											
				1:04,00	0:47,00	0:16,00											
2	**1073**	**Günter Stark**	**33:48,00**	0:57,00	1:52,00	2:33,00	4:05,00	5:30,00	6:47,00	9:37,00	11:00,00	12:17,00	25:40,00	26:48,00	27:47,00	29:16,00	31:37,00
		MTV Seesen		0:57,00	0:55,00	0:41,00	1:32,00	***1:25,00***	***1:17,00***	2:50,00	***1:23,00***	1:17,00	13:23,00	1:08,00	0:59,00	***1:29,00***	***2:21,00***
				32:57,00	33:35,00	33:48,00											
				1:20,00	***0:38,00***	0:13,00											
3	**1166**	**Erik + Jesper Bruns**	**36:06,00**	1:25,00	3:05,00	4:28,00	7:00,00	9:55,00	11:43,00	16:15,00	18:16,00	20:21,00	22:44,00	24:41,00	26:13,00	29:22,00	32:52,00
		MTK Bad Harzburg		1:25,00	1:40,00	1:23,00	2:32,00	2:55,00	1:48,00	4:32,00	2:01,00	2:05,00	2:23,00	1:57,00	1:32,00	3:09,00	3:30,00
				34:45,00	35:54,00	36:06,00											
				1:53,00	1:09,00	0:12,00											
4	**1061**	**Melisa Monterd**	**37:52,00**	1:22,00	2:31,00	3:22,00	5:09,00	7:51,00	9:27,00	14:51,00	16:15,00	17:31,00	19:19,00	20:41,00	21:39,00	23:58,00	28:15,00
		TV Jahn Wolfsburg		1:22,00	1:09,00	0:51,00	1:47,00	2:42,00	1:36,00	5:24,00	1:24,00	1:16,00	1:48,00	1:22,00	0:58,00	2:19,00	4:17,00
				31:07,00	37:42,00	37:52,00											
				2:52,00	6:35,00	***0:10,00***											
	1040	**Mara Perleberg**	**N Ang**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		USC Magdeburg															
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H12 (Herren bis 12) (3) — 2,3 km — 15 P

Pl	tnr	Name	Zeit	1(76)	2(46)	3(47)	4(65)	5(63)	6(75)	7(61)	8(77)	9(66)	10(67)	11(44)	12(55)	13(31)	14(39)
				15(78)	Z												
1	**1047**	**Erik Urzua Wöhrer**	**18:07,00**	**1:01,00**	**1:46,00**	**3:30,00**	**4:57,00**	**6:18,00**	**8:07,00**	**10:20,00**	**11:11,00**	**12:06,00**	**13:07,00**	**14:03,00**	**14:46,00**	**15:34,00**	**16:30,00**
		TV Jahn Wolfsburg		***1:01,00***	***0:45,00***	***1:44,00***	***1:27,00***	***1:21,00***	***1:49,00***	***2:13,00***	***0:51,00***	***0:55,00***	***1:01,00***	***0:56,00***	***0:43,00***	***0:48,00***	***0:56,00***
				17:24,00	**18:07,02**												
				0:54,00	0:43,02												
2	**1091**	**Jonas Risse**	**30:15,00**	1:26,00	2:55,00	5:41,00	9:38,00	11:37,00	13:54,00	17:23,00	19:29,00	21:08,00	22:28,00	24:38,00	25:54,00	27:07,00	28:14,00
		TG 1860 Münden		1:26,00	1:29,00	2:46,00	3:57,00	1:59,00	2:17,00	3:29,00	2:06,00	1:39,00	1:20,00	2:10,00	1:16,00	1:13,00	1:07,00
				29:40,00	30:15,00												
				1:26,00	***0:35,00***												
	1128	**Johannes Eckel**	**N Ang**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		OLV Uslar															

D/H10 (D/H -10) (8) — 1,4 km — 12 P

Pl	tnr	Name	Zeit	1(76)	2(47)	3(52)	4(65)	5(48)	6(74)	7(75)	8(60)	9(77)	10(36)	11(78)	12(72)	Z
1	**1113**	**Ria Wittke**	**15:32,00**	1:28,00	2:16,00	2:52,00	3:13,00	**5:21,00**	**6:47,00**	**7:56,00**	**11:50,00**	**12:24,00**	**13:19,00**	**14:45,00**	**15:14,00**	**15:32,00**
		SV Hildesia Diekhol		1:28,00	0:48,00	0:36,00	0:21,00	2:08,00	1:26,00	***1:09,00***	3:54,00	0:34,00	0:55,00	1:26,00	0:29,00	0:18,00
2	**1112**	**Sania Stamer**	**16:06,00**	1:42,00	4:02,00	4:21,00	4:39,00	6:17,00	7:53,00	9:25,00	12:44,00	13:25,00	14:16,00	15:12,00	15:36,00	16:06,00
		SV Hildesia Diekhol		1:42,00	2:20,00	***0:19,00***	***0:18,00***	1:38,00	1:36,00	1:32,00	3:19,00	0:41,00	0:51,00	***0:56,00***	***0:24,00***	0:30,00
3	**1169**	**Stine Bruns**	**18:58,00**	**1:01,00**	**2:03,00**	**2:43,00**	**3:08,00**	5:33,00	10:10,00	11:29,00	15:02,00	15:58,00	16:54,00	18:04,00	18:37,00	18:58,00
		MTK Bad Harzburg		***1:01,00***	1:02,00	0:40,00	0:25,00	2:25,00	4:37,00	1:19,00	3:33,00	0:56,00	0:56,00	1:10,00	0:33,00	0:21,00
4	**1109**	**Miguel Castilho Mar**	**19:37,00**	7:16,00	8:07,00	9:05,00	9:29,00	11:16,00	12:26,00	13:40,00	16:14,00	16:51,00	17:27,00	18:32,00	19:22,00	19:37,00
		SV Hildesia Diekhol		7:16,00	0:51,00	0:58,00	0:24,00	1:47,00	1:10,00	1:14,00	***2:34,00***	0:37,00	0:36,00	1:05,00	0:50,00	***0:15,00***
5	**1098**	**Raphael Rattey**	**26:07,00**	5:08,00	5:56,00	6:21,00	6:42,00	8:17,00	9:28,00	10:42,00	14:07,00	14:40,00	15:30,00	22:10,00	25:52,00	26:07,00
		TG 1860 Münden		5:08,00	0:48,00	0:25,00	0:21,00	***1:35,00***	1:11,00	1:14,00	3:25,00	***0:33,00***	0:50,00	6:40,00	3:42,00	***0:15,00***
6	**1110**	**Romy Frank**	**31:43,00**	13:00,00	13:37,00	14:19,00	14:59,00	18:44,00	21:01,00	23:23,00	28:20,00	28:55,00	29:29,00	30:36,00	31:26,00	31:43,68
		SV Hildesia Diekhol		13:00,00	***0:37,00***	0:42,00	0:40,00	3:45,00	2:17,00	2:22,00	4:57,00	0:35,00	***0:34,00***	1:07,00	0:50,00	0:17,68
7	**1125**	**Robin von Gaza**	**46:18,00**	4:41,00	9:34,00	10:37,00	11:08,00	19:19,00	20:19,00	21:48,00	31:31,00	32:47,00	33:59,00	44:12,00	45:31,00	46:18,00
		OLV Uslar		4:41,00	4:53,00	1:03,00	0:31,00	8:11,00	***1:00,00***	1:29,00	9:43,00	1:16,00	1:12,00	10:13,00	1:19,00	0:47,00
				16:06,00	*16:28,00*											
				**63*	**63*											
	1111	**Leonie Lochte**	**N Ang**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
		SV Hildesia Diekhol														

D18 (Damen bis 18) (6) — 2,9 km — 13 P

Pl	tnr	Name	Zeit	1(51)	2(73)	3(48)	4(38)	5(34)	6(65)	7(58)	8(68)	9(71)	10(66)	11(77)	12(54)	13(70)	Z
1	**1099**	**Lina Buchberger**	**14:41,00**	**0:32,00**	**1:37,00**	**2:24,00**	**2:59,00**	**3:44,00**	**4:45,00**	**7:09,00**	**8:17,00**	**10:27,00**	**11:56,00**	**12:40,00**	**13:51,00**	**14:36,00**	**14:41,65**
		MTV Seesen		***0:32,00***	***1:05,00***	***0:47,00***	***0:35,00***	0:45,00	***1:01,00***	***2:24,00***	***1:08,00***	***2:10,00***	***1:29,00***	***0:44,00***	1:11,00	***0:45,00***	0:05,65
2	**1115**	**Anna Castilho Marc**	**15:56,00**	0:33,00	1:42,00	2:34,00	3:09,00	3:52,00	4:59,00	7:49,00	9:05,00	11:24,00	12:59,00	13:49,00	14:57,00	15:51,00	15:56,89
		SV Hildesia Diekhol		0:33,00	1:09,00	0:52,00	***0:35,00***	***0:43,00***	1:07,00	2:50,00	1:16,00	2:19,00	1:35,00	0:50,00	***1:08,00***	0:54,00	0:05,89
3	**1159**	**Tinka Kankaanpää**	**17:44,00**	1:29,00	2:43,00	3:37,00	4:13,00	5:02,00	6:08,00	9:11,00	10:25,00	12:53,00	14:28,00	15:37,00	16:51,00	17:39,00	17:44,64
		- ohne -		1:29,00	1:14,00	0:54,00	0:36,00	0:49,00	1:06,00	3:03,00	1:14,00	2:28,00	1:35,00	1:09,00	1:14,00	0:48,00	***0:05,64***
					15:18,00												
					**32*												
4	**1067**	**Carolin Bernsdorf**	**19:33,00**	0:37,00	2:04,00	3:12,00	3:53,00	4:50,00	6:01,00	9:06,00	10:28,00	13:23,00	15:05,00	15:59,00	18:39,00	19:27,00	19:33,00
		MTV Seesen		0:37,00	1:27,00	1:08,00	0:41,00	0:57,00	1:11,00	3:05,00	1:22,00	2:55,00	1:42,00	0:54,00	2:40,00	0:48,00	0:06,00
5	**1106**	**Jasmin Bechtel**	**21:11,00**	0:37,00	1:52,00	2:49,00	3:30,00	5:38,00	7:06,00	11:15,00	12:34,00	15:22,00	17:22,00	18:24,00	19:47,00	21:05,00	21:11,54
		OSC Kassel		0:37,00	1:15,00	0:57,00	0:41,00	2:08,00	1:28,00	4:09,00	1:19,00	2:48,00	2:00,00	1:02,00	1:23,00	1:18,00	0:06,54
					20:51,00												
					**72*												
6	**1010**	**Mareike Blohm**	**21:40,00**	0:43,00	2:30,00	3:34,00	4:24,00	5:46,00	7:10,00	11:30,00	12:59,00	15:45,00	17:36,00	18:34,00	20:35,00	21:34,00	21:40,00

Pl	tnr	Name	Zeit														
D18 (Damen bis 18) (6)						***2,9 km***		***13 P***		*(Forts.)*							
				1(51)	2(73)	3(48)	4(38)	5(34)	6(65)	7(58)	8(68)	9(71)	10(66)	11(77)	12(54)	13(70)	Z
		TSV Worpswede		0:43,00	1:47,00	1:04,00	0:50,00	1:22,00	1:24,00	4:20,00	1:29,00	2:46,00	1:51,00	0:58,00	2:01,00	0:59,00	0:06,00
D35 (Damen ab 35) (10)						**3,0 km**		**17 P**									
				1(47)	2(46)	3(51)	4(50)	5(59)	6(63)	7(73)	8(75)	9(60)	10(36)	11(44)	12(67)	13(56)	14(32)
				15(39)	16(78)	17(70)	Z										
1	**1081**	**Ivana Knaupova**	**16:08,00**	**0:52,00**	**1:51,00**	**2:21,00**	**3:32,00**	**4:01,00**	**4:41,00**	**5:37,00**	**7:32,00**	**9:24,00**	**10:15,00**	**12:01,00**	**12:48,00**	**13:25,00**	**14:05,00**
		Braunschweiger MT		***0:52,00***	***0:59,00***	***0:30,00***	***1:11,00***	***0:29,00***	***0:40,00***	***0:56,00***	***1:55,00***	***1:52,00***	***0:51,00***	***1:46,00***	***0:47,00***	***0:37,00***	***0:40,00***
				14:45,00	**15:36,00**	**16:02,00**	**16:08,56**										
				0:40,00	***0:51,00***	0:26,00	0:06,56										
2	**1120**	**Sandra Castilho Ma**	**19:11,00**	1:21,00	2:33,00	3:05,00	4:34,00	5:06,00	5:52,00	6:57,00	9:17,00	11:30,00	12:24,00	14:29,00	15:21,00	16:07,00	16:55,00
		SV Hildesia Diekhol		1:21,00	1:12,00	0:32,00	1:29,00	0:32,00	0:46,00	1:05,00	2:20,00	2:13,00	0:54,00	2:05,00	0:52,00	0:46,00	0:48,00
				17:35,00	18:40,00	19:05,00	19:11,00										
				0:40,00	1:05,00	0:25,00	***0:06,00***										
3	**1117**	**Kerstin Wittke**	**19:31,00**	1:32,00	2:55,00	3:26,00	4:49,00	5:22,00	6:14,00	7:17,00	9:30,00	11:37,00	12:34,00	14:41,00	15:32,00	16:17,00	17:12,00
		SV Hildesia Diekhol		1:32,00	1:23,00	0:31,00	1:23,00	0:33,00	0:52,00	1:03,00	2:13,00	2:07,00	0:57,00	2:07,00	0:51,00	0:45,00	0:55,00
				18:00,00	19:01,00	19:25,00	19:31,57										
				0:48,00	1:01,00	***0:24,00***	0:06,57										
4	**1171**	**Alexandra Nuske**	**19:44,00**	0:58,00	2:32,00	3:02,00	4:27,00	5:03,00	5:50,00	6:54,00	9:07,00	11:31,00	12:36,00	15:01,00	15:57,00	16:35,00	17:32,00
		Turn-Klubb zu Han		0:58,00	1:34,00	***0:30,00***	1:25,00	0:36,00	0:47,00	1:04,00	2:13,00	2:24,00	1:05,00	2:25,00	0:56,00	0:38,00	0:57,00
				18:18,00	19:14,00	19:38,00	19:44,67										
				0:46,00	0:56,00	***0:24,00***	0:06,67										
5	**1052**	**Claudia Weigert**	**20:09,00**	0:57,00	2:10,00	2:43,00	4:14,00	4:46,00	5:37,00	6:45,00	9:05,00	11:22,00	12:24,00	14:35,00	15:28,00	16:25,00	17:24,00
		TV Jahn Wolfsburg		0:57,00	1:13,00	0:33,00	1:31,00	0:32,00	0:51,00	1:08,00	2:20,00	2:17,00	1:02,00	2:11,00	0:53,00	0:57,00	0:59,00
				18:09,00	19:14,00	19:59,00	20:09,00										
				0:45,00	1:05,00	0:45,00	0:10,00										
6	**1096**	**Dorothea Kirves**	**20:12,00**	1:10,00	2:30,00	3:03,00	4:31,00	5:06,00	5:56,00	7:02,00	9:15,00	11:33,00	12:43,00	14:58,00	15:54,00	16:38,00	17:29,00
		TG 1860 Münden		1:10,00	1:20,00	0:33,00	1:28,00	0:35,00	0:50,00	1:06,00	2:13,00	2:18,00	1:10,00	2:15,00	0:56,00	0:44,00	0:51,00
				18:16,00	19:33,00	20:04,00	20:12,00										
				0:47,00	1:17,00	0:31,00	0:08,00										
7	**1031**	**Sandra Wendt**	**20:14,00**	0:59,00	2:14,00	2:47,00	4:09,00	4:51,00	5:37,00	6:41,00	9:00,00	11:07,00	12:10,00	14:29,00	15:33,00	16:17,00	17:16,00
		Turn-Klubb zu Han		0:59,00	1:15,00	0:33,00	1:22,00	0:42,00	0:46,00	1:04,00	2:19,00	2:07,00	1:03,00	2:19,00	1:04,00	0:44,00	0:59,00
				18:40,00	19:44,00	20:08,00	20:14,00										
				1:24,00	1:04,00	***0:24,00***	***0:06,00***										
8	**1036**	**Nicole Perleberg**	**23:13,00**	1:16,00	3:06,00	3:54,00	5:30,00	6:22,00	7:21,00	8:59,00	11:26,00	13:48,00	15:02,00	17:34,00	18:37,00	19:27,00	20:39,00
		USC Magdeburg		1:16,00	1:50,00	0:48,00	1:36,00	0:52,00	0:59,00	1:38,00	2:27,00	2:22,00	1:14,00	2:32,00	1:03,00	0:50,00	1:12,00
				21:29,00	22:35,00	23:07,00	23:13,75										
				0:50,00	1:06,00	0:32,00	0:06,75										
9	**1116**	**Nicole Frank**	**27:21,00**	1:37,00	3:42,00	4:27,00	6:17,00	6:58,00	8:00,00	9:26,00	12:45,00	15:48,00	17:12,00	20:01,00	21:10,00	22:35,00	23:46,00
		SV Hildesia Diekhol		1:37,00	2:05,00	0:45,00	1:50,00	0:41,00	1:02,00	1:26,00	3:19,00	3:03,00	1:24,00	2:49,00	1:09,00	1:25,00	1:11,00
				25:16,00	26:45,00	27:15,00	27:21,96										
				1:30,00	1:29,00	0:30,00	0:06,96										
10	**1097**	**Myrea Gerling**	**30:45,00**	3:29,00	5:42,00	6:21,00	8:22,00	9:11,00	10:24,00	12:01,00	15:09,00	18:10,00	19:37,00	24:16,00	25:25,00	26:28,00	27:29,00
		TG 1860 Münden		3:29,00	2:13,00	0:39,00	2:01,00	0:49,00	1:13,00	1:37,00	3:08,00	3:01,00	1:27,00	4:39,00	1:09,00	1:03,00	1:01,00
				29:00,00	30:11,00	30:38,00	30:45,00										
				1:31,00	1:11,00	0:27,00	0:07,00										
H75 (Herren ab 75) (4)						**2,1 km**		**11 P**									
				1(63)	2(48)	3(65)	4(34)	5(38)	6(75)	7(61)	8(32)	9(54)	10(78)	11(69)	Z		
1	**1172**	**Dieter Conrad**	**15:23,00**	**1:52,00**	**2:19,00**	**2:58,00**	**4:18,00**	**5:18,00**	**7:28,00**	**9:52,00**	**11:05,00**	**12:41,00**	**13:27,00**	**14:38,00**	**15:23,26**		
		SV Wiss. Quedlinbu		***1:52,00***	***0:27,00***	***0:39,00***	***1:20,00***	***1:00,00***	***2:10,00***	***2:24,00***	1:13,00	***1:36,00***	***0:46,00***	***1:11,00***	0:45,26		
2	**1029**	**Günter Gohde**	**19:55,00**	2:11,00	2:50,00	4:47,00	6:37,00	7:48,00	10:20,00	12:47,00	14:27,00	16:39,00	17:47,00	19:10,00	19:55,16		*13:46,00*
		Turn-Klubb zu Han		2:11,00	0:39,00	1:57,00	1:50,00	1:11,00	2:32,00	2:27,00	1:40,00	2:12,00	1:08,00	1:23,00	***0:45,16***		**77*
3	**1192**	**Reinhard Jahn**	**20:39,00**	2:52,00	3:47,00	4:40,00	6:27,00	7:51,00	10:07,00	12:55,00	13:59,00	16:09,00	17:12,00	18:38,00	20:39,00		
		Braunschweiger MT		2:52,00	0:55,00	0:53,00	1:47,00	1:24,00	2:16,00	2:48,00	***1:04,00***	2:10,00	1:03,00	1:26,00	2:01,00		
4	**1085**	**Dieter Brockfeld**	**30:06,00**	5:25,00	6:15,00	7:25,00	10:04,00	11:49,00	15:12,00	18:17,00	19:53,00	24:39,00	25:53,00	28:48,00	30:06,00		
		Osnabrücker TB		5:25,00	0:50,00	1:10,00	2:39,00	1:45,00	3:23,00	3:05,00	1:36,00	4:46,00	1:14,00	2:55,00	1:18,00		
D12 (Damen bis 12) (7)						**2,2 km**		**16 P**									
				1(76)	2(47)	3(73)	4(63)	5(74)	6(75)	7(61)	8(77)	9(36)	10(43)	11(55)	12(44)	13(56)	14(39)
				15(78)	16(70)	Z											
1	**1063**	**Rut Stark**	**14:34,00**	0:38,00	1:12,00	1:42,00	2:52,00	3:47,00	4:46,00	**6:34,00**	7:41,00	8:17,00	9:18,00	10:01,00	**10:41,00**	**11:37,00**	**13:03,00**
		MTV Seesen		0:38,00	***0:34,00***	0:30,00	1:10,00	***0:55,00***	0:59,00	***1:48,00***	1:07,00	***0:36,00***	1:01,00	***0:43,00***	***0:40,00***	***0:56,00***	***1:26,00***
				14:04,00	**14:28,00**	**14:34,00**											
				1:01,00	0:24,00	0:06,00											
2	**1078**	**Jana Knaup**	**15:23,00**	**0:33,00**	**1:07,00**	**1:34,00**	**2:37,00**	**3:43,00**	**4:41,00**	6:41,00	**7:30,00**	**8:10,00**	**9:09,00**	**9:59,00**	10:42,00	11:52,00	13:50,00
		Braunschweiger MT		***0:33,00***	***0:34,00***	***0:27,00***	***1:03,00***	1:06,00	***0:58,00***	2:00,00	***0:49,00***	0:40,00	0:59,00	0:50,00	0:43,00	1:10,00	1:58,00
				14:44,00	15:15,00	15:23,58											
				0:54,00	0:31,00	0:08,58											
3	**1126**	**Lamis Mousa**	**19:16,00**	0:58,00	1:50,00	2:18,00	3:46,00	5:01,00	6:01,00	7:58,00	8:53,00	9:37,00	10:37,00	11:32,00	12:15,00	13:33,00	16:53,00
		OLV Uslar		0:58,00	0:52,00	0:28,00	1:28,00	1:15,00	1:00,00	1:57,00	0:55,00	0:44,00	1:00,00	0:55,00	0:43,00	1:18,00	3:20,00
				18:46,00	19:09,00	19:16,00											
				1:53,00	***0:23,00***	0:07,00											
4	**1043**	**Dunja Aleshina**	**23:53,00**	3:31,00	4:30,00	5:05,00	6:31,00	8:00,00	9:10,00	11:56,00	13:02,00	13:40,00	14:32,00	17:32,00	18:16,00	19:27,00	21:39,00
		USC Magdeburg		3:31,00	0:59,00	0:35,00	1:26,00	1:29,00	1:10,00	2:46,00	1:06,00	0:38,00	***0:52,00***	3:00,00	0:44,00	1:11,00	2:12,00
				22:45,00	23:40,00	23:53,00											
				1:06,00	0:55,00	0:13,00											

Pl	tnr	Name	Zeit														
D12 (Damen bis 12) (7)						***2,2 km***		***16 P***		*(Forts.)*							
				1(76)	2(47)	3(73)	4(63)	5(74)	6(75)	7(61)	8(77)	9(36)	10(43)	11(55)	12(44)	13(56)	14(39)
				15(78)	16(70)	Z											
5	**1127**	**Jette Körber**	**25:34,00**	0:45,00	1:43,00	2:14,00	3:26,00	11:47,00	12:45,00	15:27,00	16:17,00	17:00,00	18:22,00	19:36,00	20:20,00	21:47,00	23:59,00
		OLV Uslar		0:45,00	0:58,00	0:31,00	1:12,00	8:21,00	***0:58,00***	2:42,00	0:50,00	0:43,00	1:22,00	1:14,00	0:44,00	1:27,00	2:12,00
				25:03,00	25:29,00	25:34,48											
				1:04,00	0:26,00	***0:05,48***											
AK	**1173**	**Marie + Sofie Thuma**	**31:30,00**	1:05,00	2:36,00	3:29,00	5:15,00	7:12,00	8:45,00	12:44,00	14:00,00	15:10,00	17:12,00	18:53,00	20:03,00	22:37,00	27:27,00
		Braunschweiger MT		1:05,00	1:31,00	0:53,00	1:46,00	1:57,00	1:33,00	3:59,00	1:16,00	1:10,00	2:02,00	1:41,00	1:10,00	2:34,00	4:50,00
				29:56,00	31:04,00	31:30,00											
				2:29,00	1:08,00	0:26,00											
	1013	**Irene Sophie Hey**	**N Ang**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		MTK Bad Harzburg															
				-----	-----												

D45 (Damen ab 45) (14)						**3,0 km**		**17 P**									
				1(47)	2(46)	3(51)	4(50)	5(59)	6(63)	7(73)	8(75)	9(60)	10(36)	11(44)	12(67)	13(56)	14(32)
				15(39)	16(78)	17(70)	Z										
1	**1037**	**Veronika Lange**	**16:23,00**	**0:47,00**	**2:12,00**	**2:39,00**	**3:51,00**	**4:23,00**	**5:03,00**	**5:59,00**	**7:51,00**	**9:48,00**	**10:41,00**	**12:31,00**	**13:16,00**	**13:55,00**	**14:32,00**
		USC Magdeburg		***0:47,00***	1:25,00	***0:27,00***	***1:12,00***	0:32,00	***0:40,00***	***0:56,00***	***1:52,00***	***1:57,00***	***0:53,00***	***1:50,00***	***0:45,00***	0:39,00	***0:37,00***
				15:06,00	**15:53,00**	**16:16,00**	**16:23,28**										
				0:34,00	***0:47,00***	***0:23,00***	0:07,28										
2	**1020**	**Michaela Bruns**	**19:00,00**	0:52,00	2:14,00	2:49,00	4:10,00	4:47,00	5:30,00	6:31,00	8:43,00	10:59,00	11:57,00	14:21,00	15:10,00	16:02,00	16:48,00
		MTK Bad Harzburg		0:52,00	***1:22,00***	0:35,00	1:21,00	0:37,00	0:43,00	1:01,00	2:12,00	2:16,00	0:58,00	2:24,00	0:49,00	0:52,00	0:46,00
				17:26,00	18:25,00	18:53,00	19:00,19										
				0:38,00	0:59,00	0:28,00	0:07,19										
3	**1038**	**Kerstin Mandel**	**19:03,00**	1:11,00	2:37,00	3:12,00	4:35,00	5:09,00	5:54,00	6:59,00	9:03,00	11:10,00	12:20,00	14:29,00	15:17,00	15:55,00	16:46,00
		USC Magdeburg		1:11,00	1:26,00	0:35,00	1:23,00	0:34,00	0:45,00	1:05,00	2:04,00	2:07,00	1:10,00	2:09,00	0:48,00	0:38,00	0:51,00
				17:30,00	18:24,00	18:50,00	19:03,00										
				0:44,00	0:54,00	0:26,00	0:13,00										
4	**1139**	**Sonja Kunze**	**19:45,00**	1:15,00	2:39,00	3:17,00	4:40,00	5:11,00	6:02,00	7:04,00	9:14,00	11:31,00	12:34,00	14:52,00	15:50,00	16:33,00	17:20,00
		OLV Uslar		1:15,00	1:24,00	0:38,00	1:23,00	***0:31,00***	0:51,00	1:02,00	2:10,00	2:17,00	1:03,00	2:18,00	0:58,00	0:43,00	0:47,00
				18:10,00	19:14,00	19:39,00	19:45,00										
				0:50,00	1:04,00	0:25,00	***0:06,00***										
5	**1055**	**Sandra Wöhrer**	**19:50,00**	1:14,00	2:49,00	3:22,00	4:46,00	5:24,00	6:13,00	7:16,00	9:37,00	11:43,00	12:49,00	15:08,00	16:08,00	16:43,00	17:30,00
		TV Jahn Wolfsburg		1:14,00	1:35,00	0:33,00	1:24,00	0:38,00	0:49,00	1:03,00	2:21,00	2:06,00	1:06,00	2:19,00	1:00,00	***0:35,00***	0:47,00
				18:15,00	19:16,00	19:42,00	19:50,00										
				0:45,00	1:01,00	0:26,00	0:08,00										
6	**1140**	**Andrea Finkenstädt**	**19:57,00**	1:06,00	2:36,00	3:06,00	4:25,00	5:00,00	5:54,00	6:53,00	8:59,00	11:13,00	12:11,00	14:32,00	15:26,00	16:34,00	17:19,00
		OLV Uslar		1:06,00	1:30,00	0:30,00	1:19,00	0:35,00	0:54,00	0:59,00	2:06,00	2:14,00	0:58,00	2:21,00	0:54,00	1:08,00	0:45,00
				17:58,00	19:23,00	19:50,00	19:57,04										
				0:39,00	1:25,00	0:27,00	0:07,04										
7	**1101**	**Irene Buchberger**	**20:06,00**	1:00,00	2:32,00	3:04,00	4:32,00	5:08,00	6:04,00	7:08,00	9:14,00	11:34,00	12:43,00	14:48,00	15:40,00	16:27,00	17:54,00
		MTV Seesen		1:00,00	1:32,00	0:32,00	1:28,00	0:36,00	0:56,00	1:04,00	2:06,00	2:20,00	1:09,00	2:05,00	0:52,00	0:47,00	1:27,00
				18:36,00	19:34,00	19:59,00	20:06,00										
				0:42,00	0:58,00	0:25,00	0:07,00										
8	**1057**	**Kerstin Krätz**	**20:29,00**	1:18,00	3:21,00	3:52,00	5:17,00	5:51,00	6:48,00	7:52,00	10:03,00	12:25,00	13:24,00	15:39,00	16:36,00	17:25,00	18:12,00
		TV Jahn Wolfsburg		1:18,00	2:03,00	0:31,00	1:25,00	0:34,00	0:57,00	1:04,00	2:11,00	2:22,00	0:59,00	2:15,00	0:57,00	0:49,00	0:47,00
				18:56,00	19:52,00	20:21,00	20:29,00										
				0:44,00	0:56,00	0:29,00	0:08,00										
9	**1121**	**Regine Klander-Str**	**25:01,00**	1:50,00	3:40,00	4:22,00	6:13,00	6:52,00	7:48,00	9:09,00	12:00,00	14:52,00	16:13,00	19:02,00	20:09,00	20:57,00	21:52,00
		SV Hildesia Diekhol		1:50,00	1:50,00	0:42,00	1:51,00	0:39,00	0:56,00	1:21,00	2:51,00	2:52,00	1:21,00	2:49,00	1:07,00	0:48,00	0:55,00
				23:06,00	24:19,00	24:52,00	25:01,00										
				1:14,00	1:13,00	0:33,00	0:09,00										
10	**1056**	**Kristine Schulze**	**25:25,00**	1:11,00	2:52,00	3:33,00	5:16,00	6:04,00	7:08,00	8:34,00	11:35,00	14:30,00	15:49,00	18:50,00	20:02,00	20:58,00	22:00,00
		TV Jahn Wolfsburg		1:11,00	1:41,00	0:41,00	1:43,00	0:48,00	1:04,00	1:26,00	3:01,00	2:55,00	1:19,00	3:01,00	1:12,00	0:56,00	1:02,00
				22:57,00	24:40,00	25:16,00	25:25,00										
				0:57,00	1:43,00	0:36,00	0:09,00										
11	**1054**	**Silke Napp**	**25:37,00**	1:24,00	3:20,00	3:58,00	6:06,00	6:47,00	7:38,00	9:00,00	11:50,00	14:30,00	15:49,00	18:32,00	19:38,00	20:43,00	22:06,00
		TV Jahn Wolfsburg		1:24,00	1:56,00	0:38,00	2:08,00	0:41,00	0:51,00	1:22,00	2:50,00	2:40,00	1:19,00	2:43,00	1:06,00	1:05,00	1:23,00
				22:55,00	24:07,00	24:36,00	25:37,00										
				0:49,00	1:12,00	0:29,00	1:01,00										
12	**1142**	**Katja Tiitinen**	**28:03,00**	1:29,00	4:19,00	6:05,00	7:24,00	7:57,00	8:46,00	9:49,00	13:36,00	15:55,00	16:59,00	19:00,00	19:57,00	21:29,00	22:16,00
		OLV Uslar		1:29,00	2:50,00	1:46,00	1:19,00	0:33,00	0:49,00	1:03,00	3:47,00	2:19,00	1:04,00	2:01,00	0:57,00	1:32,00	0:47,00
				26:09,00	27:06,00	27:55,00	28:03,00										
				3:53,00	0:57,00	0:49,00	0:08,00										
13	**1141**	**Sylke Höfner**	**33:12,00**	3:53,00	5:43,00	6:17,00	8:31,00	9:23,00	10:53,00	12:42,00	16:09,00	19:50,00	21:12,00	24:46,00	26:22,00	27:12,00	29:29,00
		OLV Uslar		3:53,00	1:50,00	0:34,00	2:14,00	0:52,00	1:30,00	1:49,00	3:27,00	3:41,00	1:22,00	3:34,00	1:36,00	0:50,00	2:17,00
				30:35,00	32:03,00	33:02,00	33:12,00										
				1:06,00	1:28,00	0:59,00	0:10,00										
	1143	**Katja Eckel**	**Fehlst**	1:02,00	7:02,00	8:12,00	9:38,00	10:13,00	11:07,00	12:11,00	14:26,00	16:59,00	18:01,00	20:26,00	21:25,00	22:09,00	23:03,00
		OLV Uslar		1:02,00	6:00,00	1:10,00	1:26,00	0:35,00	0:54,00	1:04,00	2:15,00	2:33,00	1:02,00	2:25,00	0:59,00	0:44,00	0:54,00
				23:55,00	-----	25:13,00	25:24,76										
				0:52,00		1:18,00	0:11,76										

D55 (Damen ab 55) (5)

2,3 km 14 P

Pl	tnr	Name	Zeit	1(76)	2(52)	3(50)	4(59)	5(38)	6(48)	7(75)	8(60)	9(32)	10(31)	11(43)	12(36)	13(69)	14(72)
				Z													
1	1146	**Heidrun Finke**	**15:11,00**	**0:36,00**	**1:21,00**	**2:28,00**	**3:04,00**	**3:40,00**	**4:21,00**	**5:56,00**	**8:07,00**	**8:43,00**	**9:54,00**	**10:54,00**	**11:57,00**	**13:46,00**	**14:50,00**
		OLV Uslar		***0:36,00***	***0:45,00***	***1:07,00***	***0:36,00***	0:36,00	***0:41,00***	***1:35,00***	2:11,00	***0:36,00***	1:11,00	***1:00,00***	***1:03,00***	***1:49,00***	1:04,00
				15:11,31													
				0:21,31													
2	1001	**Barbara Dresel**	**19:16,00**	0:47,00	1:46,00	3:06,00	3:49,00	4:31,00	5:26,00	7:33,00	10:15,00	11:00,00	12:24,00	13:43,00	14:58,00	17:28,00	18:46,00
		SC Klecken		0:47,00	0:59,00	1:20,00	0:43,00	0:42,00	0:55,00	2:07,00	2:42,00	0:45,00	1:24,00	1:19,00	1:15,00	2:30,00	1:18,00
				19:16,25													
				0:30,25													
3	1158	**Ulrike Korff**	**20:33,00**	0:40,00	1:28,00	2:54,00	4:00,00	4:35,00	5:19,00	7:02,00	9:10,00	9:58,00	11:05,00	12:05,00	17:14,00	19:19,00	20:18,00
		SC Achmer		0:40,00	0:48,00	1:26,00	1:06,00	***0:35,00***	0:44,00	1:43,00	***2:08,00***	0:48,00	***1:07,00***	***1:00,00***	5:09,00	2:05,00	***0:59,00***
				20:33,00													
				0:15,00													
4	1023	**Esther Knoblauch**	**20:53,00**	0:52,00	1:50,00	3:25,00	4:17,00	5:15,00	6:12,00	8:26,00	11:51,00	12:38,00	14:02,00	15:27,00	16:46,00	19:14,00	20:28,00
		MTK Bad Harzburg		0:52,00	0:58,00	1:35,00	0:52,00	0:58,00	0:57,00	2:14,00	3:25,00	0:47,00	1:24,00	1:25,00	1:19,00	2:28,00	1:14,00
				20:53,00													
				0:25,00													
	1022	**Ellen Bruns**	**N Ang**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		MTK Bad Harzburg															

H19K (Herren ab 19 kurz) (6)

3,0 km 14 P

Pl	tnr	Name	Zeit	1(46)	2(47)	3(59)	4(38)	5(48)	6(45)	7(68)	8(71)	9(37)	10(56)	11(31)	12(43)	13(78)	14(72)
				Z													
1	1152	**Felix Drese**	**17:36,00**	1:15,00	2:23,00	**3:28,00**	**3:57,00**	**4:35,00**	7:33,00	**9:24,00**	**11:58,00**	12:54,00	13:42,00	15:28,00	**16:22,00**	**16:58,00**	**17:19,00**
		OLV Uslar		1:15,00	***1:08,00***	1:05,00	***0:29,00***	0:38,00	2:58,00	***1:51,00***	2:34,00	0:56,00	0:48,00	***1:46,00***	***0:54,00***	***0:36,00***	0:21,00
				17:36,00													
				0:17,00													
2	1123	**Marcel Trzewik**	**17:55,00**	1:09,00	2:24,00	**3:28,00**	4:04,00	4:38,00	**7:26,00**	9:26,00	11:59,00	**12:44,00**	**13:40,00**	**15:26,00**	16:29,00	17:17,00	17:39,00
		SV Hildesia Diekhol		1:09,00	1:15,00	***1:04,00***	0:36,00	***0:34,00***	***2:48,00***	2:00,00	2:33,00	***0:45,00***	0:56,00	***1:46,00***	1:03,00	0:48,00	0:22,00
				17:55,00													
				0:16,00													
3	1025	**Thomas Bruns**	**18:16,00**	**1:08,00**	**2:18,00**	3:38,00	4:21,00	5:03,00	7:52,00	9:49,00	12:16,00	13:19,00	14:07,00	15:55,00	17:00,00	17:42,00	18:02,00
		MTK Bad Harzburg		***1:08,00***	1:10,00	1:20,00	0:43,00	0:42,00	2:49,00	1:57,00	2:27,00	1:03,00	0:48,00	1:48,00	1:05,00	0:42,00	***0:20,00***
				18:16,00													
				0:14,00													
4	1032	**Benjamin Frye**	**21:15,00**	1:26,00	2:41,00	3:59,00	4:45,00	5:30,00	8:33,00	10:33,00	12:52,00	15:55,00	16:38,00	18:24,00	19:29,00	20:15,00	20:59,00
		Turn-Klubb zu Han		1:26,00	1:15,00	1:18,00	0:46,00	0:45,00	3:03,00	2:00,00	***2:19,00***	3:03,00	***0:43,00***	***1:46,00***	1:05,00	0:46,00	0:44,00
				21:15,00		*20:38,00*											
				0:16,00		**70*											
5	1060	**Alfonso Cuesta Her**	**26:27,00**	2:02,00	3:33,00	5:06,00	6:02,00	6:58,00	10:31,00	13:01,00	16:04,00	17:08,00	18:08,00	23:12,00	24:38,00	25:39,00	26:00,00
		TV Jahn Wolfsburg		2:02,00	1:31,00	1:33,00	0:56,00	0:56,00	3:33,00	2:30,00	3:03,00	1:04,00	1:00,00	5:04,00	1:26,00	1:01,00	0:21,00
				26:27,00													
				0:27,00													
	1041	**Stepan Aleshin**	**Fehlst**	2:10,00	3:23,00	4:58,00	5:39,00	6:31,00	-----	-----	20:33,00	21:30,00	22:24,00	27:05,00	28:23,00	29:11,00	30:02,00
		USC Magdeburg		2:10,00	1:13,00	1:35,00	0:41,00	0:52,00			14:02,00	0:57,00	0:54,00	4:41,00	1:18,00	0:48,00	0:51,00
				30:26,00													
				0:24,00													

D16 (Damen bis 16) (4)

2,9 km 13 P

Pl	tnr	Name	Zeit	1(51)	2(73)	3(48)	4(38)	5(34)	6(65)	7(58)	8(68)	9(71)	10(66)	11(77)	12(54)	13(70)	Z
1	1065	**Lena-Maria Klose**	**19:40,00**	**0:41,00**	2:06,00	**3:06,00**	**3:52,00**	4:49,00	7:19,00	10:27,00	11:49,00	14:21,00	16:12,00	**17:05,00**	**18:24,00**	**19:34,00**	**19:40,00**
		MTV Seesen		***0:41,00***	1:25,00	***1:00,00***	0:46,00	0:57,00	2:30,00	***3:08,00***	***1:22,00***	***2:32,00***	***1:51,00***	***0:53,00***	***1:19,00***	1:10,00	0:06,00
2	1105	**Jana Gebhardt**	**20:03,00**	**0:41,00**	**2:05,00**	3:12,00	3:56,00	**4:47,00**	**6:16,00**	**9:50,00**	**11:15,00**	**14:12,00**	**16:11,00**	17:29,00	18:58,00	19:58,00	20:03,84
		OSC Kassel		***0:41,00***	***1:24,00***	1:07,00	***0:44,00***	***0:51,00***	1:29,00	3:34,00	1:25,00	2:57,00	1:59,00	1:18,00	1:29,00	1:00,00	***0:05,84***
3	1066	**Lilly Hintz**	**21:26,00**	0:43,00	2:21,00	3:26,00	4:18,00	5:16,00	6:39,00	10:43,00	12:12,00	15:27,00	17:43,00	18:45,00	20:26,00	21:19,00	21:26,00
		MTV Seesen		0:43,00	1:38,00	1:05,00	0:52,00	0:58,00	***1:23,00***	4:04,00	1:29,00	3:15,00	2:16,00	1:02,00	1:41,00	***0:53,00***	0:07,00
4	1092	**Julia Stell**	**22:36,00**	0:44,00	2:28,00	3:46,00	4:49,00	5:44,00	7:42,00	11:32,00	13:44,00	16:48,00	18:58,00	20:07,00	21:30,00	22:29,00	22:36,00
		TG 1860 Münden		0:44,00	1:44,00	1:18,00	1:03,00	0:55,00	1:58,00	3:50,00	2:12,00	3:04,00	2:10,00	1:09,00	1:23,00	0:59,00	0:07,00

D19AK (Damen ab 19 A kurz) (8)

2,1 km 11 P

Pl	tnr	Name	Zeit	1(63)	2(48)	3(65)	4(34)	5(38)	6(75)	7(61)	8(32)	9(54)	10(78)	11(69)	Z
1	1134	**Vivien Helmbrecht**	**15:23,00**	2:02,00	**2:28,00**	3:20,00	5:16,00	**6:05,00**	**7:57,00**	**9:41,00**	**10:34,00**	**13:17,00**	**13:54,00**	**14:51,00**	**15:23,00**
		OLV Uslar		2:02,00	***0:26,00***	0:52,00	1:56,00	***0:49,00***	***1:52,00***	***1:44,00***	0:53,00	2:43,00	***0:37,00***	***0:57,00***	***0:32,00***
2	1135	**Kiana Meisel**	**16:09,00**	2:04,00	2:35,00	**3:15,00**	**5:00,00**	6:09,00	8:41,00	10:46,00	11:48,00	13:34,00	14:16,00	15:24,00	16:09,00
		OLV Uslar		2:04,00	0:31,00	0:40,00	1:45,00	1:09,00	2:32,00	2:05,00	1:02,00	1:46,00	0:42,00	1:08,00	0:45,00
3	1131	**Lea Reppnow**	**16:12,00**	**1:57,00**	**2:28,00**	3:18,00	6:01,00	6:54,00	8:46,00	11:16,00	12:08,00	13:35,00	14:20,00	15:33,00	16:12,00
		OLV Uslar		***1:57,00***	0:31,00	0:50,00	2:43,00	0:53,00	***1:52,00***	2:30,00	***0:52,00***	1:27,00	0:45,00	1:13,00	0:39,00
4	1130	**Laura Finkenstädt**	**16:50,00**	2:13,00	2:45,00	3:43,00	5:18,00	6:15,00	8:33,00	10:56,00	12:11,00	13:50,00	14:51,00	16:04,00	16:50,00
		OLV Uslar		2:13,00	0:32,00	0:58,00	1:35,00	0:57,00	2:18,00	2:23,00	1:15,00	1:39,00	1:01,00	1:13,00	0:46,00
5	1132	**Jordan Sophie Meis**	**17:19,00**	2:44,00	3:15,00	4:13,00	5:33,00	6:37,00	8:57,00	11:31,00	12:29,00	14:33,00	15:11,00	16:37,00	17:19,00
		OLV Uslar		2:44,00	0:31,00	0:58,00	***1:20,00***	1:04,00	2:20,00	2:34,00	0:58,00	2:04,00	0:38,00	1:26,00	0:42,00
6	1042	**Tanja Aleshina**	**17:38,00**	2:06,00	3:43,00	4:17,00	5:46,00	6:47,00	9:05,00	11:30,00	12:49,00	14:12,00	15:04,00	16:51,00	17:38,00
		USC Magdeburg		2:06,00	1:37,00	***0:34,00***	1:29,00	1:01,00	2:18,00	2:25,00	1:19,00	***1:23,00***	0:52,00	1:47,00	0:47,00
7	1094	**Karola Schmidt**	**17:40,00**	2:53,00	3:22,00	4:10,00	5:55,00	7:01,00	9:31,00	11:39,00	12:51,00	14:47,00	15:41,00	16:59,00	17:40,00
		TG 1860 Münden		2:53,00	0:29,00	0:48,00	1:45,00	1:06,00	2:30,00	2:08,00	1:12,00	1:56,00	0:54,00	1:18,00	0:41,00

Pl	tnr	Name	Zeit													
D19AK (Damen ab 19 A kurz) (8)						***2,1 km***		***11 P***	*(Forts.)*							
				1(63)	2(48)	3(65)	4(34)	5(38)	6(75)	7(61)	8(32)	9(54)	10(78)	11(69)	Z	
8	**1133**	**Johanna Drese**	**22:03,00**	2:49,00	3:38,00	4:26,00	8:01,00	9:16,00	11:55,00	14:36,00	16:11,00	18:26,00	19:26,00	21:18,00	22:03,00	
		OLV Uslar		2:49,00	0:49,00	0:48,00	3:35,00	1:15,00	2:39,00	2:41,00	1:35,00	2:15,00	1:00,00	1:52,00	0:45,00	
D19AL (Damen ab 19 A lang) (16)						**4,0 km**		**17 P**								
				1(46)	2(47)	3(50)	4(38)	5(45)	6(68)	7(42)	8(49)	9(64)	10(40)	11(41)	12(71)	13(37)	14(66)
				15(31)	16(43)	17(72)	Z										
1	**1072**	**Birte Friedrichs**	**19:08,00**	**0:41,00**	**1:42,00**	2:40,00	3:20,00	**5:50,00**	**7:25,00**	**9:49,00**	**10:25,00**	**11:11,00**	**12:06,00**	**12:45,00**	**14:42,00**	**15:19,00**	**16:02,00**
		MTV Seesen		***0:41,00***	1:01,00	0:58,00	0:40,00	***2:30,00***	***1:35,00***	***2:24,00***	***0:36,00***	***0:46,00***	***0:55,00***	***0:39,00***	1:57,00	***0:37,00***	***0:43,00***
				17:34,00	**18:22,00**	**18:56,00**	**19:08,93**										
				1:32,00	0:48,00	0:34,00	***0:12,93***										
2	**1095**	**Ann-Charlotte Span**	**20:13,00**	0:45,00	1:45,00	**2:35,00**	3:29,00	6:15,00	7:54,00	10:38,00	11:15,00	12:09,00	13:08,00	13:49,00	15:38,00	16:19,00	17:04,00
		TG 1860 Münden		0:45,00	1:00,00	***0:50,00***	0:54,00	2:46,00	1:39,00	2:44,00	0:37,00	0:54,00	0:59,00	0:41,00	***1:49,00***	0:41,00	0:45,00
				18:32,00	19:20,00	19:58,00	20:13,17										
				1:28,00	0:48,00	0:38,00	0:15,17										
3	**1016**	**Marie Hofmeister**	**21:00,00**	0:45,00	1:47,00	2:40,00	**3:19,00**	6:14,00	7:54,00	10:51,00	11:29,00	12:18,00	13:19,00	14:03,00	16:09,00	16:47,00	17:31,00
		MTK Bad Harzburg		0:45,00	1:02,00	0:53,00	0:39,00	2:55,00	1:40,00	2:57,00	0:38,00	0:49,00	1:01,00	0:44,00	2:06,00	0:38,00	0:44,00
				19:11,00	19:58,00	20:45,00	21:00,81										
				1:40,00	0:47,00	0:47,00	0:15,81										
4	**1188**	**Katharina Linke**	**21:59,00**	0:54,00	1:54,00	3:01,00	3:46,00	6:39,00	8:24,00	11:46,00	12:22,00	13:08,00	14:06,00	14:47,00	17:31,00	18:11,00	18:54,00
		MTV Seesen		0:54,00	1:00,00	1:07,00	0:45,00	2:53,00	1:45,00	3:22,00	***0:36,00***	***0:46,00***	0:58,00	0:41,00	2:44,00	0:40,00	***0:43,00***
				20:31,00	21:17,00	21:47,00	21:59,93										
				1:37,00	***0:46,00***	***0:30,00***	***0:12,93***										
5	**1034**	**Kaatje Fantini**	**22:54,00**	**0:41,00**	2:54,00	3:53,00	4:30,00	7:12,00	9:33,00	12:25,00	13:06,00	13:58,00	15:00,00	15:45,00	17:54,00	18:45,00	19:33,00
		TuS Lübbecke		***0:41,00***	2:13,00	0:59,00	***0:37,00***	2:42,00	2:21,00	2:52,00	0:41,00	0:52,00	1:02,00	0:45,00	2:09,00	0:51,00	0:48,00
				21:15,00	22:06,00	22:40,00	22:54,00		*2:07,00*								
				1:42,00	0:51,00	0:34,00	0:14,00		**76*								
6	**1080**	**Lea Leppla**	**23:23,00**	1:22,00	2:18,00	3:17,00	4:08,00	7:08,00	8:53,00	11:41,00	12:23,00	13:52,00	14:52,00	15:37,00	17:45,00	18:29,00	19:15,00
		Braunschweiger MT		1:22,00	***0:56,00***	0:59,00	0:51,00	3:00,00	1:45,00	2:48,00	0:42,00	1:29,00	1:00,00	0:45,00	2:08,00	0:44,00	0:46,00
				21:32,00	22:31,00	23:09,00	23:23,00										
				2:17,00	0:59,00	0:38,00	0:14,00										
7	**1071**	**Nina Döllgast**	**23:29,00**	0:49,00	1:48,00	2:50,00	3:38,00	6:40,00	8:42,00	11:58,00	12:43,00	13:49,00	14:57,00	15:48,00	18:02,00	18:49,00	19:42,00
		MTV Seesen		0:49,00	0:59,00	1:02,00	0:48,00	3:02,00	2:02,00	3:16,00	0:45,00	1:06,00	1:08,00	0:51,00	2:14,00	0:47,00	0:53,00
				21:29,00	22:30,00	23:10,00	23:29,76										
				1:47,00	1:01,00	0:40,00	0:19,76										
8	**1018**	**Esther Stamer**	**23:36,00**	0:48,00	1:53,00	2:59,00	3:44,00	6:58,00	8:57,00	12:02,00	12:44,00	13:47,00	14:53,00	15:41,00	18:01,00	18:47,00	19:44,00
		MTK Bad Harzburg		0:48,00	1:05,00	1:06,00	0:45,00	3:14,00	1:59,00	3:05,00	0:42,00	1:03,00	1:06,00	0:48,00	2:20,00	0:46,00	0:57,00
				21:39,00	22:35,00	23:16,00	23:36,14										
				1:55,00	0:56,00	0:41,00	0:20,14										
9	**1136**	**Jessica Drese**	**24:30,00**	0:49,00	2:11,00	3:31,00	4:15,00	7:46,00	9:55,00	13:06,00	13:50,00	14:46,00	16:01,00	16:52,00	19:00,00	19:45,00	20:38,00
		OLV Uslar		0:49,00	1:22,00	1:20,00	0:44,00	3:31,00	2:09,00	3:11,00	0:44,00	0:56,00	1:15,00	0:51,00	2:08,00	0:45,00	0:53,00
				22:27,00	23:27,00	24:10,00	24:30,23										
				1:49,00	1:00,00	0:43,00	0:20,23										
9	**1030**	**Uta Hillebrand**	**24:30,00**	0:51,00	2:06,00	3:03,00	3:46,00	6:59,00	9:37,00	12:54,00	13:37,00	14:30,00	15:39,00	16:26,00	18:52,00	19:39,00	20:40,00
		Turn-Klubb zu Han		0:51,00	1:15,00	0:57,00	0:43,00	3:13,00	2:38,00	3:17,00	0:43,00	0:53,00	1:09,00	0:47,00	2:26,00	0:47,00	1:01,00
				22:30,00	23:30,00	24:11,00	24:30,31										
				1:50,00	1:00,00	0:41,00	0:19,31										
11	**1015**	**Pia Buchholz**	**25:02,00**	0:49,00	2:05,00	3:10,00	3:55,00	7:17,00	9:27,00	12:45,00	13:31,00	14:30,00	15:43,00	16:43,00	19:15,00	20:03,00	21:01,00
		MTK Bad Harzburg		0:49,00	1:16,00	1:05,00	0:45,00	3:22,00	2:10,00	3:18,00	0:46,00	0:59,00	1:13,00	1:00,00	2:32,00	0:48,00	0:58,00
				23:01,00	23:59,00	24:42,00	25:02,54										
				2:00,00	0:58,00	0:43,00	0:20,54										
12	**1017**	**Rieke Bruns**	**25:40,00**	0:46,00	1:56,00	3:00,00	3:45,00	7:02,00	9:14,00	12:49,00	13:39,00	14:54,00	16:19,00	17:16,00	19:54,00	20:46,00	21:41,00
		MTK Bad Harzburg		0:46,00	1:10,00	1:04,00	0:45,00	3:17,00	2:12,00	3:35,00	0:50,00	1:15,00	1:25,00	0:57,00	2:38,00	0:52,00	0:55,00
				23:40,00	24:39,00	25:22,00	25:40,99										
				1:59,00	0:59,00	0:43,00	0:18,99										
13	**1137**	**Svenja Pabst**	**26:24,00**	0:50,00	1:56,00	3:03,00	3:47,00	7:08,00	9:22,00	12:40,00	13:25,00	14:22,00	17:16,00	18:02,00	20:21,00	21:10,00	22:03,00
		OLV Uslar		0:50,00	1:06,00	1:07,00	0:44,00	3:21,00	2:14,00	3:18,00	0:45,00	0:57,00	2:54,00	0:46,00	2:19,00	0:49,00	0:53,00
				24:12,00	25:17,00	26:05,00	26:24,00		*16:16,00*								
				2:09,00	1:05,00	0:48,00	0:19,00		**41*								
14	**1007**	**Anna-Lena Engelma**	**30:05,00**	1:35,00	2:56,00	4:16,00	5:10,00	9:10,00	11:44,00	15:50,00	16:38,00	17:53,00	19:25,00	20:26,00	23:06,00	24:06,00	25:14,00
		TSV Worpswede		1:35,00	1:21,00	1:20,00	0:54,00	4:00,00	2:34,00	4:06,00	0:48,00	1:15,00	1:32,00	1:01,00	2:40,00	1:00,00	1:08,00
				27:34,00	28:49,00	29:44,00	30:05,00										
				2:20,00	1:15,00	0:55,00	0:21,00										
15	**1189**	**Peggy Trößе**	**33:23,00**	1:35,00	4:34,00	5:53,00	6:56,00	10:53,00	13:04,00	17:25,00	18:16,00	19:22,00	21:13,00	22:14,00	24:58,00	25:58,00	28:37,00
		TSG Königslutter		1:35,00	2:59,00	1:19,00	1:03,00	3:57,00	2:11,00	4:21,00	0:51,00	1:06,00	1:51,00	1:01,00	2:44,00	1:00,00	2:39,00
				30:53,00	32:07,00	33:00,00	33:23,00										
				2:16,00	1:14,00	0:53,00	0:23,00										
	1019	**Solia Stamer**	**Aufg**	4:36,00	8:44,00	12:22,00	15:24,00	24:28,00	28:40,00	-----	-----	-----	-----	-----	39:11,00	42:09,00	44:28,00
		MTK Bad Harzburg		4:36,00	4:08,00	3:38,00	3:02,00	9:04,00	4:12,00						10:31,00	2:58,00	2:19,00
				50:41,00	52:49,00	54:07,00	54:37,00										
				6:13,00	2:08,00	1:18,00	0:30,00										
H65 (Herren ab 65) (13)						**2,3 km**		**14 P**								
				1(76)	2(52)	3(50)	4(59)	5(38)	6(48)	7(75)	8(60)	9(32)	10(31)	11(43)	12(36)	13(69)	14(72)
				Z													

Pl	tnr	Name	Zeit	1(76)	2(52)	3(50)	4(59)	5(38)	6(48)	7(75)	8(60)	9(32)	10(31)	11(43)	12(36)	13(69)	14(72)
H65 (Herren ab 65) (13)						***2,3 km***	***14 P***	*(Forts.)*									
				Z													
1	**1012**	**Udo Sobczak**	**13:38,00**	0:37,00	1:21,00	**2:15,00**	**2:48,00**	**3:19,00**	**3:55,00**	**5:23,00**	**7:29,00**	**8:00,00**	**8:54,00**	**9:50,00**	**10:49,00**	**12:37,00**	**13:21,00**
		MTV Soltau		0:37,00	0:44,00	***0:54,00***	0:33,00	***0:31,00***	***0:36,00***	***1:28,00***	2:06,00	***0:31,00***	***0:54,00***	0:56,00	0:59,00	1:48,00	0:44,00
				13:38,09													
				0:17,09													
2	**1157**	**Nikolaus Risch**	**14:12,00**	**0:31,00**	**1:11,00**	2:18,00	2:50,00	3:34,00	4:15,00	5:49,00	8:02,00	8:34,00	9:31,00	10:36,00	11:30,00	13:17,00	13:57,00
		ASG Teutoburger W		***0:31,00***	***0:40,00***	1:07,00	***0:32,00***	0:44,00	0:41,00	1:34,00	2:13,00	0:32,00	0:57,00	1:05,00	***0:54,00***	1:47,00	0:40,00
				14:12,45													
				0:15,45													
3	**1004**	**Erhard Jübermann**	**14:33,00**	0:36,00	1:20,00	2:27,00	3:02,00	3:36,00	4:18,00	5:54,00	7:58,00	8:32,00	9:39,00	10:33,00	11:40,00	13:25,00	14:16,00
		SC Klecken		0:36,00	0:44,00	1:07,00	0:35,00	0:34,00	0:42,00	1:36,00	2:04,00	0:34,00	1:07,00	***0:54,00***	1:07,00	***1:45,00***	0:51,00
				14:33,41													
				0:17,41													
4	**1087**	**Reinhard In der Str**	**14:42,00**	0:35,00	1:17,00	2:21,00	2:55,00	3:32,00	4:20,00	6:00,00	8:00,00	8:39,00	9:38,00	10:44,00	11:43,00	13:28,00	14:24,00
		Osnabrücker TB		0:35,00	0:42,00	1:04,00	0:34,00	0:37,00	0:48,00	1:40,00	2:00,00	0:39,00	0:59,00	1:06,00	0:59,00	***1:45,00***	0:56,00
				14:42,94													
				0:18,94													
5	**1075**	**Rainer Pieper**	**16:07,00**	0:32,00	1:15,00	2:45,00	3:19,00	4:10,00	5:15,00	7:00,00	9:19,00	10:10,00	11:18,00	12:22,00	13:24,00	15:10,00	15:49,00
		SSV Langenhagen		0:32,00	0:43,00	1:30,00	0:34,00	0:51,00	1:05,00	1:45,00	2:19,00	0:51,00	1:08,00	1:04,00	1:02,00	1:46,00	***0:39,00***
				16:07,00													
				0:18,00													
6	**1090**	**Lutz Tröße**	**17:02,00**	0:49,00	1:35,00	3:05,00	3:39,00	4:19,00	4:59,00	6:34,00	8:47,00	9:28,00	10:25,00	11:32,00	13:49,00	15:55,00	16:43,00
		SV TU Ilmenau		0:49,00	0:46,00	1:30,00	0:34,00	0:40,00	0:40,00	1:35,00	2:13,00	0:41,00	0:57,00	1:07,00	2:17,00	2:06,00	0:48,00
				17:02,39		*8:26,00*	*16:56,00*										
				0:19,39		**61*	**70*										
7	**1149**	**Bernd Höfner**	**17:15,00**	0:42,00	1:27,00	3:13,00	3:53,00	4:24,00	5:02,00	6:31,00	8:23,00	8:57,00	9:54,00	10:49,00	11:56,00	16:05,00	16:54,00
		OLV Uslar		0:42,00	0:45,00	1:46,00	0:40,00	***0:31,00***	0:38,00	1:29,00	***1:52,00***	0:34,00	0:57,00	0:55,00	1:07,00	4:09,00	0:49,00
				17:15,00													
				0:21,00													
8	**1108**	**Ferdinand Hanses**	**17:58,00**	0:44,00	1:32,00	2:53,00	3:39,00	4:21,00	5:04,00	6:49,00	9:17,00	10:08,00	11:26,00	12:40,00	13:56,00	16:38,00	17:38,00
		TuS Bramsche		0:44,00	0:48,00	1:21,00	0:46,00	0:42,00	0:43,00	1:45,00	2:28,00	0:51,00	1:18,00	1:14,00	1:16,00	2:42,00	1:00,00
				17:58,85													
				0:20,85													
9	**1151**	**Karl-Heinz Seefeld**	**18:30,00**	0:43,00	1:32,00	2:53,00	3:31,00	4:14,00	5:08,00	7:09,00	9:58,00	10:43,00	12:04,00	13:33,00	14:45,00	17:02,00	18:08,00
		OLV Uslar		0:43,00	0:49,00	1:21,00	0:38,00	0:43,00	0:54,00	2:01,00	2:49,00	0:45,00	1:21,00	1:29,00	1:12,00	2:17,00	1:06,00
				18:30,00													
				0:22,00													
10	**1088**	**Gerhard Niederland**	**20:27,00**	0:41,00	1:35,00	3:21,00	4:00,00	4:50,00	5:41,00	7:46,00	10:25,00	11:13,00	12:29,00	13:47,00	15:09,00	17:19,00	18:24,00
		TSV Schloß Ricklin		0:41,00	0:54,00	1:46,00	0:39,00	0:50,00	0:51,00	2:05,00	2:39,00	0:48,00	1:16,00	1:18,00	1:22,00	2:10,00	1:05,00
				20:27,00													
				2:03,00													
11	**1107**	**Siegfried May**	**20:35,00**	2:58,00	3:52,00	6:00,00	6:45,00	7:26,00	8:31,00	10:22,00	13:03,00	13:58,00	15:05,00	16:19,00	17:23,00	19:14,00	20:11,00
		RSV Hannover		2:58,00	0:54,00	2:08,00	0:45,00	0:41,00	1:05,00	1:51,00	2:41,00	0:55,00	1:07,00	1:14,00	1:04,00	1:51,00	0:57,00
				20:35,80													
				0:24,80													
12	**1077**	**Johannes Müssen**	**38:33,00**	1:39,00	3:25,00	6:27,00	7:52,00	9:24,00	11:03,00	14:51,00	20:03,00	21:23,00	24:49,00	27:25,00	30:02,00	35:30,00	37:42,00
		SuS Vehrte		1:39,00	1:46,00	3:02,00	1:25,00	1:32,00	1:39,00	3:48,00	5:12,00	1:20,00	3:26,00	2:36,00	2:37,00	5:28,00	2:12,00
				38:33,00													
				0:51,00													
	1150	**Wilhelm Holz**	**N Ang**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		OLV Uslar															

				1(76)	2(47)	3(73)	4(63)	5(74)	6(75)	7(61)	8(77)	9(36)	10(43)	11(55)	12(44)	13(56)	14(39)
D14 (Damen bis 14) (4)						**2,2 km**	**16 P**										
				15(78)	16(70)	Z											
1	**1046**	**Jule Weigert**	**13:53,00**	**0:31,00**	**1:06,00**	**1:32,00**	**2:30,00**	**3:43,00**	**4:30,00**	**6:27,00**	**7:14,00**	**7:44,00**	**8:35,00**	**9:14,00**	**9:49,00**	**10:49,00**	**12:35,00**
		TV Jahn Wolfsburg		***0:31,00***	0:35,00	0:26,00	***0:58,00***	1:13,00	***0:47,00***	1:57,00	0:47,00	***0:30,00***	***0:51,00***	***0:39,00***	0:35,00	***1:00,00***	1:46,00
				13:25,00	**13:47,00**	**13:53,00**											
				0:50,00	***0:22,00***	***0:06,00***											
2	**1045**	**Anna Weigert**	**14:15,00**	0:43,00	1:15,00	1:46,00	2:49,00	4:12,00	5:03,00	6:56,00	7:43,00	8:15,00	9:06,00	9:51,00	10:23,00	11:29,00	12:43,00
		TV Jahn Wolfsburg		0:43,00	***0:32,00***	0:31,00	1:03,00	1:23,00	0:51,00	***1:53,00***	0:47,00	0:32,00	***0:51,00***	0:45,00	***0:32,00***	1:06,00	***1:14,00***
				13:46,00	14:09,00	14:15,00											
				1:03,00	0:23,00	***0:06,00***											
3	**1035**	**Julia Schley**	**16:57,00**	0:45,00	1:36,00	2:11,00	3:18,00	4:30,00	5:25,00	7:39,00	8:43,00	9:16,00	10:18,00	11:25,00	12:01,00	13:09,00	15:13,00
		USC Magdeburg		0:45,00	0:51,00	0:35,00	1:07,00	1:12,00	0:55,00	2:14,00	1:04,00	0:33,00	1:02,00	1:07,00	0:36,00	1:08,00	2:04,00
				16:14,00	16:50,00	16:57,00											
				1:01,00	0:36,00	0:07,00											
4	**1114**	**Maren Strauß**	**17:50,00**	0:36,00	1:12,00	1:37,00	2:45,00	3:48,00	4:44,00	6:44,00	7:28,00	8:01,00	8:55,00	9:45,00	10:35,00	11:56,00	15:26,00
		SV Hildesia Diekhol		0:36,00	0:36,00	***0:25,00***	1:08,00	***1:03,00***	0:56,00	2:00,00	***0:44,00***	0:33,00	0:54,00	0:50,00	0:50,00	1:21,00	3:30,00
				17:17,00	17:44,00	17:50,38		*16:46,00*									
				1:51,00	0:27,00	0:06,38		**72*									

H18 (Herren bis 18) (5)

3,8 km 17 P

Pl	tnr	Name	Zeit	1(50)	2(59)	3(63)	4(65)	5(58)	6(57)	7(64)	8(49)	9(53)	10(33)	11(40)	12(62)	13(71)	14(67)
				15(44)	16(36)	17(69)	Z										
1	**1014**	**Tom Buchholz**	**15:59,00**	**0:42,00**	**1:03,00**	**1:34,00**	**2:01,00**	**4:04,00**	**6:35,00**	**6:59,00**	**7:41,00**	**8:21,00**	**8:42,00**	**9:09,00**	**10:33,00**	**11:25,00**	**12:24,00**
		MTK Bad Harzburg		***0:42,00***	***0:21,00***	***0:31,00***	***0:27,00***	***2:03,00***	***2:31,00***	***0:24,00***	***0:42,00***	***0:40,00***	***0:21,00***	***0:27,00***	***1:24,00***	***0:52,00***	***0:59,00***
				12:58,00	**14:20,00**	**15:32,00**	**15:59,58**										
				0:34,00	***1:22,00***	***1:12,00***	0:27,58										
2	**1070**	**Jan Klose**	**18:23,00**	0:50,00	1:13,00	1:45,00	2:17,00	4:34,00	8:03,00	8:28,00	9:14,00	10:03,00	10:24,00	10:59,00	12:27,00	13:26,00	14:34,00
		MTV Seesen		0:50,00	0:23,00	0:32,00	0:32,00	2:17,00	3:29,00	0:25,00	0:46,00	0:49,00	***0:21,00***	0:35,00	1:28,00	0:59,00	1:08,00
				15:12,00	16:44,00	17:58,00	18:23,96										
				0:38,00	1:32,00	1:14,00	***0:25,96***										
3	**1069**	**Aaron Wandelt**	**19:27,00**	0:48,00	1:13,00	1:47,00	2:22,00	4:49,00	7:52,00	8:20,00	9:15,00	10:03,00	10:29,00	11:03,00	12:46,00	13:49,00	14:56,00
		MTV Seesen		0:48,00	0:25,00	0:34,00	0:35,00	2:27,00	3:03,00	0:28,00	0:55,00	0:48,00	0:26,00	0:34,00	1:43,00	1:03,00	1:07,00
				15:37,00	17:20,00	18:58,00	19:27,04										
				0:41,00	1:43,00	1:38,00	0:29,04										
4	**1068**	**Lion Bernsdorf**	**23:36,00**	1:39,00	2:11,00	2:49,00	3:23,00	6:23,00	9:53,00	10:24,00	11:23,00	12:16,00	12:47,00	13:27,00	15:24,00	16:35,00	17:57,00
		MTV Seesen		1:39,00	0:32,00	0:38,00	0:34,00	3:00,00	3:30,00	0:31,00	0:59,00	0:53,00	0:31,00	0:40,00	1:57,00	1:11,00	1:22,00
				18:49,00	21:13,00	23:02,00	23:36,00										
				0:52,00	2:24,00	1:49,00	0:34,00										
5	**1051**	**Lennart Krätz**	**24:09,00**	0:57,00	1:29,00	2:10,00	2:49,00	6:04,00	10:00,00	10:34,00	11:37,00	12:32,00	13:03,00	13:44,00	15:44,00	16:58,00	18:24,00
		TV Jahn Wolfsburg		0:57,00	0:32,00	0:41,00	0:39,00	3:15,00	3:56,00	0:34,00	1:03,00	0:55,00	0:31,00	0:41,00	2:00,00	1:14,00	1:26,00
				19:15,00	21:25,00	23:17,00	24:09,00										
				0:51,00	2:10,00	1:52,00	0:52,00										

H45 (Herren ab 45) (12)

4,4 km 20 P

Pl	tnr	Name	Zeit	1(76)	2(48)	3(38)	4(59)	5(50)	6(45)	7(68)	8(42)	9(33)	10(53)	11(49)	12(64)	13(41)	14(71)
				15(37)	16(66)	17(77)	18(36)	19(69)	20(78)	Z							
1	**1008**	**Christoph Freudenf**	**18:18,00**	**0:26,00**	**1:16,00**	**1:46,00**	**2:07,00**	**2:30,00**	**4:53,00**	**6:18,00**	**8:31,00**	**9:33,00**	**9:54,00**	**10:33,00**	**11:16,00**	**12:17,00**	**13:54,00**
		TSV Worpswede		***0:26,00***	***0:50,00***	***0:30,00***	***0:21,00***	***0:23,00***	***2:23,00***	***1:25,00***	***2:13,00***	***1:02,00***	***0:21,00***	***0:39,00***	***0:43,00***	***1:01,00***	***1:37,00***
				14:28,00	**15:07,00**	**15:44,00**	**16:05,00**	**17:12,00**	**17:59,00**	**18:18,37**		*17:46,00*					
				0:34,00	***0:39,00***	***0:37,00***	***0:21,00***	***1:07,00***	***0:47,00***	***0:19,37***		**72*					
2	**1184**	**Thilo Bruns**	**23:26,00**	0:32,00	1:35,00	2:11,00	2:39,00	3:07,00	6:04,00	7:47,00	10:30,00	11:50,00	12:15,00	13:05,00	13:59,00	15:20,00	17:28,00
		MTK Bad Harzburg		0:32,00	1:03,00	0:36,00	0:28,00	0:28,00	2:57,00	1:43,00	2:43,00	1:20,00	0:25,00	0:50,00	0:54,00	1:21,00	2:08,00
				18:18,00	19:07,00	19:51,00	20:22,00	21:58,00	22:59,00	23:26,00							
				0:50,00	0:49,00	0:44,00	0:31,00	1:36,00	1:01,00	0:27,00							
3	**1144**	**Gunnar Grote**	**25:36,00**	0:32,00	1:54,00	2:38,00	3:04,00	3:35,00	6:46,00	8:37,00	11:40,00	13:03,00	13:30,00	15:17,00	16:12,00	17:34,00	19:48,00
		OLV Uslar		0:32,00	1:22,00	0:44,00	0:26,00	0:31,00	3:11,00	1:51,00	3:03,00	1:23,00	0:27,00	1:47,00	0:55,00	1:22,00	2:14,00
				20:33,00	21:21,00	22:11,00	22:46,00	24:17,00	25:14,00	25:36,91							
				0:45,00	0:48,00	0:50,00	0:35,00	1:31,00	0:57,00	0:22,91							
4	**1059**	**Paulo Urzua Torres**	**25:59,00**	0:35,00	1:50,00	2:36,00	3:06,00	3:36,00	6:30,00	9:08,00	12:27,00	13:46,00	14:17,00	15:33,00	16:25,00	17:46,00	19:48,00
		TV Jahn Wolfsburg		0:35,00	1:15,00	0:46,00	0:30,00	0:30,00	2:54,00	2:38,00	3:19,00	1:19,00	0:31,00	1:16,00	0:52,00	1:21,00	2:02,00
				20:35,00	21:27,00	22:20,00	22:51,00	24:40,00	25:34,00	25:59,00							
				0:47,00	0:52,00	0:53,00	0:31,00	1:49,00	0:54,00	0:25,00							
4	**1039**	**Christoph Kunth**	**25:59,00**	0:44,00	1:50,00	2:32,00	2:58,00	3:50,00	6:50,00	8:33,00	11:50,00	13:23,00	13:57,00	14:43,00	15:38,00	16:59,00	19:01,00
		USC Magdeburg		0:44,00	1:06,00	0:42,00	0:26,00	0:52,00	3:00,00	1:43,00	3:17,00	1:33,00	0:34,00	0:46,00	0:55,00	1:21,00	2:02,00
				19:50,00	21:23,00	22:18,00	22:48,00	24:14,00	25:17,00	25:59,16		*12:40,00*	*20:47,00*				
				0:49,00	1:33,00	0:55,00	0:30,00	1:26,00	1:03,00	0:42,16		**64*	**56*				
6	**1191**	**Oliver Hillebrandt**	**26:25,00**	0:32,00	1:46,00	2:23,00	3:02,00	4:29,00	7:43,00	9:32,00	12:30,00	13:54,00	14:44,00	15:34,00	16:33,00	17:55,00	19:58,00
		OLV Uslar		0:32,00	1:14,00	0:37,00	0:39,00	1:27,00	3:14,00	1:49,00	2:58,00	1:24,00	0:50,00	0:50,00	0:59,00	1:22,00	2:03,00
				20:46,00	21:37,00	22:29,00	23:06,00	24:51,00	26:00,00	26:25,00							
				0:48,00	0:51,00	0:52,00	0:37,00	1:45,00	1:09,00	0:25,00							
7	**1182**	**Pasi Kankaanpää**	**26:54,00**	0:33,00	1:45,00	2:30,00	3:00,00	3:35,00	7:27,00	9:30,00	12:45,00	14:14,00	14:39,00	15:33,00	16:39,00	18:13,00	20:36,00
		- ohne -		0:33,00	1:12,00	0:45,00	0:30,00	0:35,00	3:52,00	2:03,00	3:15,00	1:29,00	0:25,00	0:54,00	1:06,00	1:34,00	2:23,00
				21:25,00	22:21,00	23:12,00	23:44,00	25:22,00	26:25,00	26:54,16							
				0:49,00	0:56,00	0:51,00	0:32,00	1:38,00	1:03,00	0:29,16							
8	**1190**	**Thorsten Schmidt**	**31:24,00**	0:43,00	2:36,00	3:17,00	3:48,00	4:21,00	8:05,00	10:06,00	14:43,00	16:15,00	16:46,00	17:44,00	18:51,00	20:34,00	23:51,00
		ESV Lok Magdebur		0:43,00	1:53,00	0:41,00	0:31,00	0:33,00	3:44,00	2:01,00	4:37,00	1:32,00	0:31,00	0:58,00	1:07,00	1:43,00	3:17,00
				25:08,00	26:01,00	26:52,00	27:30,00	29:38,00	30:51,00	31:24,33							
				1:17,00	0:53,00	0:51,00	0:38,00	2:08,00	1:13,00	0:33,33							
9	**1145**	**Andreas Meisel**	**33:49,00**	0:31,00	1:41,00	2:28,00	3:00,00	3:39,00	10:31,00	12:48,00	17:27,00	19:10,00	19:49,00	20:53,00	22:06,00	23:50,00	26:25,00
		OLV Uslar		0:31,00	1:10,00	0:47,00	0:32,00	0:39,00	6:52,00	2:17,00	4:39,00	1:43,00	0:39,00	1:04,00	1:13,00	1:44,00	2:35,00
				27:18,00	28:20,00	29:19,00	29:54,00	32:03,00	33:23,00	33:49,00							
				0:53,00	1:02,00	0:59,00	0:35,00	2:09,00	1:20,00	0:26,00							
10	**1058**	**Christoph Napp**	**33:51,00**	0:49,00	2:15,00	3:06,00	3:42,00	4:24,00	8:43,00	11:13,00	15:37,00	17:36,00	18:13,00	19:25,00	20:44,00	22:43,00	25:45,00
		TV Jahn Wolfsburg		0:49,00	1:26,00	0:51,00	0:36,00	0:42,00	4:19,00	2:30,00	4:24,00	1:59,00	0:37,00	1:12,00	1:19,00	1:59,00	3:02,00
				26:49,00	28:07,00	29:11,00	29:52,00	31:58,00	33:16,00	33:51,00							
				1:04,00	1:18,00	1:04,00	0:41,00	2:06,00	1:18,00	0:35,00							
	1082	**Frank Leppla**	**Fehlst**	0:29,00	1:49,00	2:26,00	2:56,00	3:37,00	6:29,00	8:16,00	10:54,00	12:06,00	12:42,00	13:27,00	-----	15:21,00	17:21,00
		Braunschweiger MT		0:29,00	1:20,00	0:37,00	0:30,00	0:41,00	2:52,00	1:47,00	2:38,00	1:12,00	0:36,00	0:45,00		1:54,00	2:00,00
				17:59,00	18:43,00	19:27,00	19:53,00	21:23,00	22:14,00	22:38,19							
				0:38,00	0:44,00	0:44,00	0:26,00	1:30,00	0:51,00	0:24,19							
	1021	**Olaf Hey**	**N Ang**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		MTK Bad Harzburg															
				-----	-----	-----	-----	-----	-----								

H14 (Herren bis 14) (3)

2,3 km 15 P

Pl	tnr	Name	Zeit	1(76)	2(46)	3(47)	4(65)	5(63)	6(75)	7(61)	8(77)	9(66)	10(67)	11(44)	12(55)	13(31)	14(39)
				15(78)	Z												
1	1079	Jonas Knaup	11:54,00	0:34,00	1:04,00	2:10,00	2:33,00	3:10,00	4:40,00	6:27,00	7:06,00	7:48,00	8:28,00	9:11,00	9:43,00	10:22,00	10:53,00
		Braunschweiger MT		0:34,00	0:30,00	1:06,00	0:23,00	0:37,00	1:30,00	1:47,00	0:39,00	0:42,00	0:40,00	0:43,00	0:32,00	0:39,00	0:31,00
				11:34,00	11:54,88												
				0:41,00	0:20,88												
2	1044	Sven-Guido Schulz	16:14,00	0:38,00	1:25,00	3:05,00	3:39,00	4:29,00	6:25,00	8:33,00	9:27,00	10:45,00	11:32,00	12:24,00	13:06,00	13:53,00	14:33,00
		TV Jahn Wolfsburg		0:38,00	0:47,00	1:40,00	0:34,00	0:50,00	1:56,00	2:08,00	0:54,00	1:18,00	0:47,00	0:52,00	0:42,00	0:47,00	0:40,00
				15:39,00	16:14,00												
				1:06,00	0:35,00												
3	1064	Felix Salau	17:55,00	0:45,00	2:56,00	4:21,00	4:55,00	5:52,00	7:53,00	10:07,00	11:02,00	12:11,00	13:00,00	14:00,00	14:57,00	15:40,00	16:36,00
		MTV Seesen		0:45,00	2:11,00	1:25,00	0:34,00	0:57,00	2:01,00	2:14,00	0:55,00	1:09,00	0:49,00	1:00,00	0:57,00	0:43,00	0:56,00
				17:28,00	17:55,30												
				0:52,00	0:27,30												

H35 (Herren ab 35) (6)

4,4 km 20 P

Pl	tnr	Name	Zeit	1(76)	2(48)	3(38)	4(59)	5(50)	6(45)	7(68)	8(42)	9(33)	10(53)	11(49)	12(64)	13(41)	14(71)
				15(37)	16(66)	17(77)	18(36)	19(69)	20(78)	Z							
1	1103	Björn Frieling	20:42,00	0:28,00	1:18,00	2:02,00	2:25,00	2:52,00	5:54,00	7:29,00	10:20,00	11:25,00	11:50,00	12:33,00	13:15,00	14:18,00	16:00,00
		TuS Bergen		0:28,00	0:50,00	0:44,00	0:23,00	0:27,00	3:02,00	1:35,00	2:51,00	1:05,00	0:25,00	0:43,00	0:42,00	1:03,00	1:42,00
				16:38,00	17:19,00	17:55,00	18:18,00	19:32,00	20:22,00	20:42,48							
				0:38,00	0:41,00	0:36,00	0:23,00	1:14,00	0:50,00	0:20,48							
2	1053	Thorsten Weigert	21:36,00	0:23,00	1:12,00	1:40,00	2:02,00	2:27,00	4:44,00	6:12,00	8:53,00	9:57,00	10:17,00	10:57,00	13:49,00	14:56,00	16:35,00
		TV Jahn Wolfsburg		0:23,00	0:49,00	0:28,00	0:22,00	0:25,00	2:17,00	1:28,00	2:41,00	1:04,00	0:20,00	0:40,00	2:52,00	1:07,00	1:39,00
				17:12,00	17:50,00	18:27,00	18:54,00	20:21,00	21:09,00	21:36,21							
				0:37,00	0:38,00	0:37,00	0:27,00	1:27,00	0:48,00	0:27,21							
3	1119	Jens Wittke	24:47,00	2:27,00	4:06,00	4:38,00	5:02,00	5:26,00	8:13,00	9:45,00	12:34,00	13:50,00	14:29,00	15:11,00	16:06,00	17:17,00	19:13,00
		SV Hildesia Diekhol		2:27,00	1:39,00	0:32,00	0:24,00	0:24,00	2:47,00	1:32,00	2:49,00	1:16,00	0:39,00	0:42,00	0:55,00	1:11,00	1:56,00
				19:57,00	20:41,00	21:22,00	21:50,00	23:09,00	24:03,00	24:47,06							
				0:44,00	0:44,00	0:41,00	0:28,00	1:19,00	0:54,00	0:44,06							
4	1124	Jesús Hervás Lucas	25:10,00	0:28,00	1:27,00	2:03,00	2:36,00	3:08,00	6:38,00	8:26,00	11:30,00	12:51,00	13:17,00	14:08,00	15:05,00	16:25,00	18:27,00
		Gymnasion Offenba		0:28,00	0:59,00	0:36,00	0:33,00	0:32,00	3:30,00	1:48,00	3:04,00	1:21,00	0:26,00	0:51,00	0:57,00	1:20,00	2:02,00
				19:18,00	20:15,00	21:13,00	21:48,00	23:43,00	24:46,00	25:10,87							
				0:51,00	0:57,00	0:58,00	0:35,00	1:55,00	1:03,00	0:24,87							
5	1138	Thorben Grieb	28:26,00	0:57,00	2:08,00	2:47,00	3:33,00	4:19,00	8:04,00	9:49,00	14:57,00	16:19,00	16:49,00	17:48,00	18:53,00	20:11,00	22:13,00
		OLV Uslar		0:57,00	1:11,00	0:39,00	0:46,00	0:46,00	3:45,00	1:45,00	5:08,00	1:22,00	0:30,00	0:59,00	1:05,00	1:18,00	2:02,00
				22:59,00	23:47,00	24:52,00	25:26,00	27:06,00	28:00,00	28:26,00							
				0:46,00	0:48,00	1:05,00	0:34,00	1:40,00	0:54,00	0:26,00							
6	1118	Marcel Frank	42:58,00	0:51,00	2:37,00	3:42,00	4:18,00	4:54,00	8:44,00	20:26,00	25:32,00	27:34,00	28:23,00	29:33,00	30:42,00	32:12,00	35:09,00
		SV Hildesia Diekhol		0:51,00	1:46,00	1:05,00	0:36,00	0:36,00	3:50,00	11:42,00	5:06,00	2:02,00	0:49,00	1:10,00	1:09,00	1:30,00	2:57,00
				36:21,00	37:19,00	38:25,00	39:06,00	41:10,00	42:25,00	42:58,41		42:51,00					
				1:12,00	0:58,00	1:06,00	0:41,00	2:04,00	1:15,00	0:33,41		*70					

H16 (Herren bis 16) (7)

3,8 km 17 P

Pl	tnr	Name	Zeit	1(50)	2(59)	3(63)	4(65)	5(58)	6(57)	7(64)	8(49)	9(53)	10(33)	11(40)	12(62)	13(71)	14(67)
				15(44)	16(36)	17(69)	Z										
1	1100	Till Buchberger	17:59,00	0:58,00	1:23,00	1:55,00	2:25,00	4:50,00	7:41,00	8:05,00	8:55,00	9:35,00	9:57,00	10:28,00	11:57,00	12:53,00	13:51,00
		MTV Seesen		0:58,00	0:25,00	0:32,00	0:30,00	2:25,00	2:51,00	0:24,00	0:50,00	0:40,00	0:22,00	0:31,00	1:29,00	0:56,00	0:58,00
				14:28,00	16:05,00	17:26,00	17:59,27										
				0:37,00	1:37,00	1:21,00	0:33,27										
2	1049	Marco Urzua Wöhre	22:29,00	1:16,00	1:45,00	2:27,00	3:02,00	5:54,00	9:29,00	10:01,00	11:01,00	11:58,00	12:32,00	13:10,00	14:58,00	16:10,00	17:39,00
		TV Jahn Wolfsburg		1:16,00	0:29,00	0:42,00	0:35,00	2:52,00	3:35,00	0:32,00	1:00,00	0:57,00	0:34,00	0:38,00	1:48,00	1:12,00	1:29,00
				18:29,00	20:16,00	21:54,00	22:29,73										
				0:50,00	1:47,00	1:38,00	0:35,73										
3	1129	Bennet Grote	23:03,00	1:00,00	1:33,00	2:19,00	2:57,00	6:06,00	10:06,00	10:42,00	11:50,00	12:52,00	13:23,00	14:04,00	16:00,00	17:08,00	18:24,00
		OLV Uslar		1:00,00	0:33,00	0:46,00	0:38,00	3:09,00	4:00,00	0:36,00	1:08,00	1:02,00	0:31,00	0:41,00	1:56,00	1:08,00	1:16,00
				19:10,00	21:03,00	22:34,00	23:03,07										
				0:46,00	1:53,00	1:31,00	0:29,07										
4	1185	Jussi Bruns	23:37,00	0:49,00	1:14,00	1:49,00	2:24,00	5:35,00	9:13,00	9:57,00	10:57,00	11:49,00	12:20,00	13:00,00	15:47,00	16:56,00	18:22,00
		MTK Bad Harzburg		0:49,00	0:25,00	0:35,00	0:35,00	3:11,00	3:38,00	0:44,00	1:00,00	0:52,00	0:31,00	0:40,00	2:47,00	1:09,00	1:26,00
				19:30,00	21:25,00	23:01,00	23:37,17										
				1:08,00	1:55,00	1:36,00	0:36,17										
5	1050	Inigo Cuesta Monte	27:14,00	2:32,00	3:14,00	3:52,00	4:41,00	7:41,00	11:28,00	12:08,00	13:12,00	14:04,00	14:40,00	15:28,00	17:42,00	19:28,00	21:18,00
		TV Jahn Wolfsburg		2:32,00	0:42,00	0:38,00	0:49,00	3:00,00	3:47,00	0:40,00	1:04,00	0:52,00	0:36,00	0:48,00	2:14,00	1:46,00	1:50,00
				22:27,00	24:51,00	26:34,00	27:14,00										
				1:09,00	2:24,00	1:43,00	0:40,00										
6	1048	Thore Napp	28:40,00	1:16,00	1:50,00	2:44,00	3:29,00	6:57,00	12:50,00	13:29,00	14:39,00	15:52,00	16:29,00	17:12,00	19:22,00	20:58,00	22:26,00
		TV Jahn Wolfsburg		1:16,00	0:34,00	0:54,00	0:45,00	3:28,00	5:53,00	0:39,00	1:10,00	1:13,00	0:37,00	0:43,00	2:10,00	1:36,00	1:28,00
				23:23,00	26:13,00	28:03,00	28:40,00										
				0:57,00	2:50,00	1:50,00	0:37,00										
7	1093	Jannis Gerling	29:04,00	1:11,00	1:39,00	2:23,00	3:06,00	6:37,00	11:21,00	12:01,00	13:09,00	14:42,00	16:28,00	17:09,00	19:46,00	21:19,00	22:44,00
		TG 1860 Münden		1:11,00	0:28,00	0:44,00	0:43,00	3:31,00	4:44,00	0:40,00	1:08,00	1:33,00	1:46,00	0:41,00	2:37,00	1:33,00	1:25,00
				23:55,00	26:21,00	28:24,00	29:04,59										
				1:11,00	2:26,00	2:03,00	0:40,59										

H55 (Herren ab 55) (9)

3,0 km 14 P

Pl	tnr	Name	Zeit	1(46)	2(47)	3(59)	4(38)	5(48)	6(45)	7(68)	8(71)	9(37)	10(56)	11(31)	12(43)	13(78)	14(72)
				Z													

H55 (Herren ab 55) (9) ***3,0 km*** ***14 P*** *(Forts.)*

Pl	tnr	Name	Zeit	1(46)	2(47)	3(59)	4(38)	5(48)	6(45)	7(68)	8(71)	9(37)	10(56)	11(31)	12(43)	13(78)	14(72)
				Z													
1	**1147**	**Horst von Gaza**	**15:11,00**	0:50,00	2:01,00	3:06,00	3:33,00	4:08,00	6:20,00	**7:56,00**	**9:57,00**	**10:37,00**	**11:19,00**	13:04,00	13:56,00	14:37,00	**14:56,00**
		OLV Uslar		0:50,00	1:11,00	1:05,00	***0:27,00***	0:35,00	***2:12,00***	***1:36,00***	***2:01,00***	***0:40,00***	0:42,00	1:45,00	0:52,00	0:41,00	0:19,00
				15:11,09													
				0:15,09													
1	**1002**	**Michael Schwien**	**15:11,00**	**0:41,00**	**1:33,00**	**2:29,00**	**2:58,00**	**3:32,00**	**6:19,00**	8:04,00	10:08,00	10:53,00	11:34,00	**13:03,00**	**13:51,00**	**14:34,00**	**14:56,00**
		SC Klecken		***0:41,00***	***0:52,00***	***0:56,00***	0:29,00	***0:34,00***	2:47,00	1:45,00	2:04,00	0:45,00	***0:41,00***	1:29,00	***0:48,00***	0:43,00	0:22,00
				15:11,05													
				0:15,05													
3	**1024**	**Henning Bruns**	**15:47,00**	0:43,00	1:47,00	2:55,00	3:26,00	4:01,00	6:35,00	8:25,00	10:37,00	11:20,00	12:04,00	13:36,00	14:30,00	15:10,00	15:31,00
		MTK Bad Harzburg		0:43,00	1:04,00	1:08,00	0:31,00	0:35,00	2:34,00	1:50,00	2:12,00	0:43,00	0:44,00	1:32,00	0:54,00	0:40,00	0:21,00
				15:47,69													
				0:16,69													
4	**1122**	**Dirk Strauß**	**16:05,00**	0:49,00	1:55,00	3:00,00	3:29,00	4:06,00	6:41,00	8:44,00	11:00,00	11:41,00	12:34,00	14:02,00	14:59,00	15:32,00	15:52,00
		SV Hildesia Diekhol		0:49,00	1:06,00	1:05,00	0:29,00	0:37,00	2:35,00	2:03,00	2:16,00	0:41,00	0:53,00	***1:28,00***	0:57,00	***0:33,00***	0:20,00
				16:05,79													
				0:13,79													
5	**1102**	**Christian Buchberg**	**16:58,00**	1:01,00	2:08,00	3:22,00	3:52,00	4:34,00	7:28,00	9:09,00	11:25,00	12:13,00	12:56,00	14:45,00	15:36,00	16:27,00	16:44,00
		MTV Seesen		1:01,00	1:07,00	1:14,00	0:30,00	0:42,00	2:54,00	1:41,00	2:16,00	0:48,00	0:43,00	1:49,00	0:51,00	0:51,00	***0:17,00***
				16:58,00													
				0:14,00													
6	**1003**	**Uwe Dresel**	**17:49,00**	0:48,00	2:09,00	3:17,00	4:00,00	4:40,00	7:41,00	9:31,00	11:50,00	12:37,00	13:26,00	15:29,00	16:22,00	17:12,00	17:30,00
		SC Klecken		0:48,00	1:21,00	1:08,00	0:43,00	0:40,00	3:01,00	1:50,00	2:19,00	0:47,00	0:49,00	2:03,00	0:53,00	0:50,00	0:18,00
				17:49,33													
				0:19,33													
7	**1148**	**Stephan Schliebene**	**20:29,00**	1:16,00	2:42,00	4:05,00	4:41,00	5:27,00	8:38,00	10:57,00	14:04,00	15:03,00	15:57,00	17:51,00	18:54,00	19:40,00	20:07,00
		OLV Uslar		1:16,00	1:26,00	1:23,00	0:36,00	0:46,00	3:11,00	2:19,00	3:07,00	0:59,00	0:54,00	1:54,00	1:03,00	0:46,00	0:27,00
				20:29,93													
				0:22,93													
8	**1160**	**Andreas Lang**	**27:34,00**	2:02,00	3:28,00	7:15,00	7:47,00	8:49,00	12:42,00	15:12,00	18:16,00	19:16,00	20:41,00	23:46,00	25:12,00	26:30,00	27:09,00
		- ohne -		2:02,00	1:26,00	3:47,00	0:32,00	1:02,00	3:53,00	2:30,00	3:04,00	1:00,00	1:25,00	3:05,00	1:26,00	1:18,00	0:39,00
				27:34,00													
				0:25,00													
	1186	**Jens Jørgen Hanse**	**N Ang**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		HTF Haderslev															

D10B (Damen bis 10 B) (2) **1,4 km** **12 P**

Pl	tnr	Name	Zeit	1(76)	2(47)	3(52)	4(65)	5(48)	6(74)	7(75)	8(60)	9(77)	10(36)	11(78)	12(72)	Z
1	**1074**	**Hanna Stark**	**18:10,00**	2:26,00	3:33,00	4:21,00	**4:56,00**	**6:24,00**	**8:09,00**	**9:26,00**	**13:03,00**	**14:01,00**	**15:44,00**	**17:08,00**	**17:48,00**	**18:10,00**
		MTV Seesen		2:26,00	***1:07,00***	0:48,00	***0:35,00***	***1:28,00***	1:45,00	***1:17,00***	***3:37,00***	***0:58,00***	1:43,00	***1:24,00***	***0:40,00***	0:22,00
2	**1083**	**Anna Knaup**	**26:31,00**	**2:02,00**	**3:25,00**	**4:10,00**	5:08,00	8:24,00	9:52,00	12:02,00	19:39,00	21:09,00	22:46,00	24:25,00	26:13,00	26:31,00
		Braunschweiger MT		***2:02,00***	1:23,00	***0:45,00***	0:58,00	3:16,00	***1:28,00***	2:10,00	7:37,00	1:30,00	***1:37,00***	1:39,00	1:48,00	***0:18,00***
				25:12,00												
				**70*												

H10B (Herren bis 10 B) (1) **1,4 km** **12 P**

Pl	tnr	Name	Zeit	1(76)	2(47)	3(52)	4(65)	5(48)	6(74)	7(75)	8(60)	9(77)	10(36)	11(78)	12(72)	Z
1	**1187**	**Tillmann Tröße**	**16:45,00**	**1:14,00**	**2:37,00**	**3:04,00**	**3:28,00**	**4:19,00**	**5:50,00**	**7:14,00**	**11:57,00**	**12:46,00**	**13:46,00**	**15:12,00**	**15:58,00**	**16:45,00**
		TSG Königslutter		***1:14,00***	***1:23,00***	***0:27,00***	***0:24,00***	***0:51,00***	***1:31,00***	***1:24,00***	***4:43,00***	***0:49,00***	***1:00,00***	***1:26,00***	***0:46,00***	***0:47,00***