

Pl	tnr	Name	Zeit														
H19L (13)			9,9 km 410 Hm 22 P		<i>(Forts.)</i>												
			1(94)	2(64)	3(83)	4(84)	5(96)	6(97)	7(98)	8(82)	9(86)	10(70)	11(85)	12(89)	13(88)	14(90)	
			15(95)	16(76)	17(79)	18(99)	19(92)	20(74)	21(73)	22(80)	Ziel						
Leon Kollenbach			N Ang														
Ski-Club Helsa																	
H35 (7)			9,9 km 410 Hm 22 P														
			1(94)	2(64)	3(83)	4(84)	5(96)	6(97)	7(98)	8(82)	9(86)	10(70)	11(85)	12(89)	13(88)	14(90)	
			15(95)	16(76)	17(79)	18(99)	19(92)	20(74)	21(73)	22(80)	Ziel						
1		Thorsten Weigert	1:40:39	3:24	5:10	6:57	17:36	22:54	28:19	31:22	39:09	45:44	49:17	55:25	58:24	1:09:13	1:13:38
		TV Jahn Wolfsburg		3:24	1:46	1:47	10:39	5:18	5:25	3:03	7:47	6:35	3:33	6:08	58:24	1:09:13	1:13:38
			1:16:08	1:20:52	1:25:50	1:27:17	1:28:39	1:31:55	1:34:16	1:38:10	1:40:39						
				2:30	4:44	4:58	1:27	1:22	3:16	2:21	3:54	2:29					
2		Jens Leibiger	1:43:44	4:25	6:44	8:14	18:43	24:54	29:50	32:38	41:15	47:38	49:50	55:39	57:04	1:08:35	1:13:13
		Post SV Dresden		4:25	2:19	1:30	10:29	6:11	4:56	2:48	8:37	6:23	2:12	5:49	1:25	11:31	4:38
			1:15:59	1:20:53	1:26:32	1:27:46	1:29:46	1:33:53	1:36:30	1:40:48	1:43:44						
			2:46	4:54	5:39	1:14	2:00	4:07	2:37	4:18	2:56						
3		Andreas Spengler	1:58:54	3:36	5:58	7:17	19:23	24:52	32:05	35:49	45:35	52:03	54:54	1:00:19	1:01:47	1:16:15	1:21:41
		OLV Potsdam		3:36	2:22	1:19	12:06	5:29	7:13	3:44	9:46	6:28	2:51	5:25	1:28	14:28	5:26
			1:24:54	1:30:45	1:37:19	1:38:31	1:40:35	1:44:30	1:47:18	1:53:38	1:58:54						
			3:13	5:51	6:34	1:12	2:04	3:55	2:48	6:20	5:16						
4		Jan Knaup	2:20:55	5:13	7:42	9:48	25:26	31:53	38:40	42:41	53:48	1:01:56	1:04:47	1:12:00	1:13:50	1:29:45	1:36:17
		Braunschweiger MT		5:13	2:29	2:06	15:38	6:27	6:47	4:01	11:07	8:08	2:51	7:13	1:50	15:55	6:32
			1:40:14	1:49:05	1:57:32	1:59:41	2:01:51	2:05:54	2:09:42	2:16:25	2:20:55						
			3:57	8:51	8:27	2:09	2:10	4:03	3:48	6:43	4:30						
5		Jens Wittke	2:21:40	8:18	10:38	12:47	30:51	45:26	50:59	54:16	1:02:12	1:11:26	1:13:51	1:20:24	1:22:22	1:39:17	1:45:20
		SV Hildesia Diekhol		8:18	2:20	2:09	18:04	14:35	5:33	3:17	7:56	9:14	2:25	6:33	1:58	16:55	6:03
			1:48:36	1:55:16	2:04:28	2:05:34	2:07:05	2:10:14	2:13:03	2:19:16	2:21:40						
			3:16	6:40	9:12	1:06	1:31	3:09	2:49	6:13	2:24						
		Marcel Frank	Fehlst	7:34	10:24	12:31	31:20	40:28	46:22	52:56	1:04:00	1:15:28	1:19:29	1:32:38	1:38:30	2:01:23	2:45:23
		SV Hildesia Diekhol		7:34	2:50	2:07	18:49	9:08	5:54	6:34	11:04	11:28	4:01	13:09	5:52	22:53	44:00
			2:49:58	3:04:37	-----	3:07:50	-----	-----	-----	-----	3:18:04						
			4:35	14:39		3:13											
		Olaf Handtrack	N Ang														
		SV Munster															
D19L (8)			7,4 km 305 Hm 18 P														
			1(80)	2(94)	3(64)	4(72)	5(84)	6(61)	7(82)	8(86)	9(62)	10(89)	11(88)	12(73)	13(90)	14(95)	
			15(76)	16(60)	17(92)	18(99)	Ziel										
1		Birte Friedrichs	1:07:50	2:34	4:01	6:13	7:42	16:59	18:39	20:10	26:42	28:36	34:16	44:44	49:17	50:51	53:19
		MTV Seesen		2:34	1:27	2:12	1:29	9:17	1:40	1:31	6:32	1:54	5:40	10:28	4:33	1:34	2:28
			58:23	1:01:49	1:04:22	1:05:31	1:07:50										
			5:04	3:26	2:33	1:09	2:19										
2		Ann-Charlotte Span	1:10:49	3:05	4:31	6:27	7:50	18:46	20:10	21:59	28:23	29:59	36:51	47:23	51:40	53:27	55:56
		TG 1860 Münden		3:05	1:26	1:56	1:23	10:56	1:24	1:49	6:24	1:36	6:52	10:32	4:17	1:47	2:29
			1:00:25	1:04:44	1:07:21	1:08:40	1:10:49										
			4:29	4:19	2:37	1:19	2:09										
3		Paula Starke	1:17:23	2:32	3:58	5:56	7:13	17:02	18:27	20:03	26:34	28:23	34:21	51:59	56:20	57:55	1:01:30
		USV TU Dresden		2:32	1:26	1:58	1:17	9:49	1:25	1:36	6:31	1:49	5:58	17:38	4:21	1:35	3:35
			1:06:56	1:10:13	1:13:03	1:15:05	1:17:23										
			5:26	3:17	2:50	2:02	2:18										

Pl	tnr	Name	Zeit														
D19L (8)			7,4 km 305 Hm		18 P		<i>(Forts.)</i>										
			1(80) 15(76)	2(94) 16(60)	3(64) 17(92)	4(72) 18(99)	5(84) Ziel	6(61)	7(82)	8(86)	9(62)	10(89)	11(88)	12(73)	13(90)	14(95)	
4		Jenny Seib Turn-Klubb zu Han	1:29:20	3:50 3:50 1:15:09	5:20 1:30 1:20:49	8:10 2:50 1:25:04	10:26 2:16 1:26:25	21:47 11:21 1:29:20	23:26 1:39	26:06 2:40	33:35 7:29	35:42 2:07	43:22 7:40	56:28 13:06	1:03:09 6:41	1:05:04 1:55	1:09:03 3:59
5		Pia Buchholz MTK Bad Harzburg	1:34:48	3:38 3:38 1:21:19	5:28 1:50 1:25:57	7:59 2:31 1:29:54	9:45 1:46 1:32:02	22:18 12:33 1:34:48	24:09 1:51	26:31 2:22	35:45 9:14	37:59 2:14	45:48 7:49	1:03:21 17:33	1:08:29 5:08	1:11:06 2:37	1:14:50 3:44
6		Esther Stamer MTK Bad Harzburg	1:35:39	3:25 3:25 1:21:58	5:02 1:37 1:26:42	7:49 2:47 1:30:24	9:39 1:50 1:32:37	22:49 13:10 1:35:39	24:38 1:49	26:44 2:06	35:16 8:32	37:36 2:20	46:17 8:41	1:00:25 14:08	1:06:13 5:48	1:08:27 2:14	1:11:44 3:17
7		Uta Hillebrand Turn-Klubb zu Han	1:53:23	5:26 5:26 1:39:10	7:23 1:57 1:44:56	10:29 3:06 1:48:52	14:06 3:37 1:50:28	30:19 16:13 1:53:23	33:31 3:12	35:57 2:26	46:57 11:00	49:20 2:23	1:01:14 11:54	1:15:42 14:28	1:23:44 8:02	1:26:21 2:37	1:30:38 4:17
		Solia Stamer MTK Bad Harzburg	N Ang														
H45 (21)			7,4 km 305 Hm		18 P												
			1(80) 15(76)	2(94) 16(60)	3(64) 17(92)	4(72) 18(99)	5(84) Ziel	6(61)	7(82)	8(86)	9(62)	10(89)	11(88)	12(73)	13(90)	14(95)	
1		Rolf Breckle Bovender SV	1:04:59	2:35 2:35 55:19	3:47 1:12 58:36	5:51 2:04 1:01:26	7:22 1:31 1:02:40	16:54 9:32 1:04:59	18:25 1:31	19:53 1:28	25:12 5:19	26:47 1:35	32:11 5:24	42:34 10:23	46:56 4:22	48:17 1:21	50:44 2:27
2		Gerrit Rode TSV Worpswede	1:08:01	4:35 2:14 2:14	3:17 3:30 1:16	2:50 5:24 1:54	1:14 6:55 1:31	2:19 16:16 9:21	18:12 1:56	20:04 1:52	26:17 6:13	27:34 1:17	32:52 5:18	44:09 11:17	48:05 3:56	49:46 1:41	52:13 2:27
3		Jan Voigt Eintracht Braunsch	1:11:50	6:13 2:33 2:33 1:02:58	3:32 3:51 1:18 1:06:03	2:41 5:48 1:57 1:08:34	1:05 7:34 1:46 1:09:46	2:17 18:56 11:22 1:11:50	20:51 1:55	22:31 1:40	28:32 6:01	30:09 1:37	35:40 5:31	50:47 15:07	54:36 3:49	56:18 1:42	58:33 2:15
4		Christian Stamer Preetzer TSV	1:14:35	2:28 2:28 1:04:35	3:55 1:27 1:07:58	5:59 2:04 1:10:47	7:24 1:25 1:12:00	18:59 11:35 1:14:35	20:39 1:40	22:14 1:35	28:59 6:45	30:45 1:46	36:38 5:53	48:04 11:26	52:32 4:28	54:24 1:52	57:09 2:45
5		Martin Gertenbach Ski-Club Helsa	1:17:05	7:26 2:38 2:38 1:07:13	3:23 4:20 1:42 1:10:38	2:49 6:53 2:33 1:13:36	1:13 8:26 1:33 1:14:42	2:35 19:28 11:02 1:17:05	21:20 1:52	23:46 2:26	30:13 6:27	32:38 2:25	38:45 6:07	50:23 11:38	54:56 4:33	56:37 1:41	59:12 2:35
6		Martin Hennseler MTV Seesen	1:19:29	8:01 2:54 2:54 1:09:45	3:25 4:30 1:36 1:13:04	2:58 6:42 2:12 1:15:46	1:06 8:41 1:59 1:17:00	2:23 20:17 11:36 1:19:29	23:52 3:35	26:00 2:08	33:50 7:50	35:41 1:51	42:30 6:49	56:14 13:44	1:01:02 4:48	1:02:38 1:36	1:05:03 2:25
7		Volker Caspari OL Team Lippe	1:22:50	4:42 3:20 3:20 1:10:54	3:19 4:51 1:31 1:14:27	2:42 7:11 2:20 1:17:21	1:14 9:19 2:08 1:20:06	2:29 22:17 12:58 1:22:50	24:36 2:19	26:12 1:36	33:00 6:48	34:55 1:55	41:52 6:57	53:28 11:36	59:05 5:37	1:01:36 2:31	1:04:31 2:55

Pl	tnr	Name	Zeit														
H45 (21)				7,4 km 305 Hm			18 P			<i>(Forts.)</i>							
				1(80)	2(94)	3(64)	4(72)	5(84)	6(61)	7(82)	8(86)	9(62)	10(89)	11(88)	12(73)	13(90)	14(95)
				15(76)	16(60)	17(92)	18(99)	Ziel									
8		Gunnar Grote	1:26:02	4:32	6:16	8:25	10:31	23:35	27:33	29:55	37:18	39:15	45:21	56:13	1:01:12	1:03:06	1:06:51
		OLV Usiar		4:32	1:44	2:09	2:06	13:04	3:58	2:22	7:23	1:57	6:06	10:52	4:59	1:54	3:45
				1:13:20	1:16:48	1:19:55	1:21:11	1:26:02									
				6:29	3:28	3:07	1:16	4:51									
9		Frank Leppla	1:29:08	3:23	5:06	7:32	9:42	23:46	32:12	35:49	43:52	45:31	51:00	1:02:01	1:06:58	1:08:49	1:11:37
		Braunschweiger MT		3:23	1:43	2:26	2:10	14:04	8:26	3:37	8:03	1:39	5:29	11:01	4:57	1:51	2:48
				1:19:17	1:22:45	1:25:35	1:26:45	1:29:08									
				7:40	3:28	2:50	1:10	2:23									
10		Paulo Urzua Torres	1:37:33	3:06	4:47	7:09	9:23	21:16	23:12	24:58	35:56	37:51	47:03	1:04:43	1:10:38	1:13:43	1:16:51
		TV Jahn Wolfsburg		3:06	1:41	2:22	2:14	11:53	1:56	1:46	10:58	1:55	9:12	17:40	5:55	3:05	3:08
				1:23:50	1:28:27	1:32:24	1:34:26	1:37:33									
				6:59	4:37	3:57	2:02	3:07									
11		Michael Hesse	1:43:36	3:36	5:40	8:47	10:57	27:38	29:36	31:37	45:54	48:15	56:37	1:10:28	1:17:03	1:19:32	1:22:52
		Karate-Do Quedlinb		3:36	2:04	3:07	2:10	16:41	1:58	2:01	14:17	2:21	8:22	13:51	6:35	2:29	3:20
				1:29:53	1:34:55	1:38:44	1:40:43	1:43:36									
				7:01	5:02	3:49	1:59	2:53									
12		Sven Buchholz	1:49:05	4:06	5:51	8:36	11:07	27:21	35:33	37:11	48:13	50:17	59:08	1:16:24	1:22:19	1:24:26	1:28:05
		MTK Bad Harzburg		4:06	1:45	2:45	2:31	16:14	8:12	1:38	11:02	2:04	8:51	17:16	5:55	2:07	3:39
				1:35:59	1:40:33	1:44:18	1:46:22	1:49:05									
				7:54	4:34	3:45	2:04	2:43									
13		Frank Thiemann	1:50:48	6:16	8:23	11:06	18:27	36:24	39:31	42:21	50:40	53:03	1:01:11	1:15:16	1:21:45	1:24:10	1:27:50
		Hochschulsport Ha		6:16	2:07	2:43	7:21	17:57	3:07	2:50	8:19	2:23	8:08	14:05	6:29	2:25	3:40
				1:35:22	1:40:28	1:45:34	1:47:46	1:50:48									
				7:32	5:06	5:06	2:12	3:02									
14		Hermann Schrader	1:55:41	4:36	6:27	9:08	12:16	27:34	29:39	32:19	41:42	43:39	52:59	1:14:42	1:21:09	1:23:57	1:29:04
		USC Magdeburg		4:36	1:51	2:41	3:08	15:18	2:05	2:40	9:23	1:57	9:20	21:43	6:27	2:48	5:07
				1:37:47	1:43:13	1:50:03	1:51:47	1:55:41									
				8:43	5:26	6:50	1:44	3:54									
15		Oliver Hillebrandt	2:06:02	13:48	15:20	17:47	20:17	37:05	39:20	41:39	50:10	52:11	1:10:09	1:25:05	1:31:55	1:34:40	1:39:45
		OLV Usiar		13:48	1:32	2:27	2:30	16:48	2:15	2:19	8:31	2:01	17:58	14:56	6:50	2:45	5:05
				1:49:30	1:54:34	1:58:02	2:02:23	2:06:02									
				9:45	5:04	3:28	4:21	3:39									
16		Harald Friedl	2:09:15	6:39	9:27	14:53	17:46	39:32	42:11	45:49	57:36	1:00:38	1:12:32	1:29:33	1:36:58	1:40:05	1:44:05
		TuS Stemwede		6:39	2:48	5:26	2:53	21:46	2:39	3:38	11:47	3:02	11:54	17:01	7:25	3:07	4:00
				1:52:01	1:58:49	2:03:00	2:04:55	2:09:15									
				7:56	6:48	4:11	1:55	4:20									
17		Christoph Napp	2:09:43	3:15	5:27	8:41	11:23	26:33	29:03	31:44	43:30	46:14	57:46	1:23:02	1:30:34	1:34:09	1:38:24
		TV Jahn Wolfsburg		3:15	2:12	3:14	2:42	15:10	2:30	2:41	11:46	2:44	11:32	25:16	7:32	3:35	4:15
				1:50:00	1:58:17	2:03:00	2:05:04	2:09:43									
				11:36	8:17	4:43	2:04	4:39									
18		Andreas Meisel	2:10:40	3:26	5:22	8:40	11:56	32:19	41:12	44:41	54:10	56:46	1:07:40	1:25:28	1:34:12	1:38:24	1:42:59
		OLV Usiar		3:26	1:56	3:18	3:16	20:23	8:53	3:29	9:29	2:36	10:54	17:48	8:44	4:12	4:35
				1:53:44	2:00:03	2:04:11	2:06:15	2:10:40									
				10:45	6:19	4:08	2:04	4:25									
		Göran Wendler	Fehlst	2:54	4:21	6:07	-----	20:16	22:06	23:33	31:14	33:05	39:51	52:06	57:58	59:40	1:02:09
		SV Wissenschaft Qu		2:54	1:27	1:46		14:09	1:50	1:27	7:41	1:51	6:46	12:15	5:52	1:42	2:29
				1:06:50	1:10:06	1:12:54	1:14:01	1:16:46									
				4:41	3:16	2:48	1:07	2:45			*83						

Pl	tnr	Name	Zeit														
H45 (21)			7,4 km 305 Hm		18 P		<i>(Forts.)</i>										
			1(80)	2(94)	3(64)	4(72)	5(84)	6(61)	7(82)	8(86)	9(62)	10(89)	11(88)	12(73)	13(90)	14(95)	
			15(76)	16(60)	17(92)	18(99)	Ziel										
		Jörg Kleinholz-Mew	Fehlst	2:56	4:19	6:16	-----	21:56	26:54	28:21	36:04	37:37	49:09	59:02	1:03:30	1:05:12	1:07:28
		TuS Bothfeld 04		2:56	1:23	1:57		15:40	4:58	1:27	7:43	1:33	11:32	9:53	4:28	1:42	2:16
				1:12:14	1:15:25	1:19:27	1:21:48	1:23:58		8:20							
				4:46	3:11	4:02	2:21	2:10		*83							
		Olaf Hey	N Ang														
		MTK Bad Harzburg															
H18 (6)			7,4 km 305 Hm		18 P												
			1(80)	2(94)	3(64)	4(72)	5(84)	6(61)	7(82)	8(86)	9(62)	10(89)	11(88)	12(73)	13(90)	14(95)	
			15(76)	16(60)	17(92)	18(99)	Ziel										
1		Konrad Stamer	55:08	2:05	3:10	4:45	5:45	14:21	15:33	16:45	21:33	22:55	27:47	36:30	39:49	41:02	43:14
		Preetzer TSV		2:05	1:05	1:35	1:00	8:36	1:12	1:12	4:48	1:22	4:52	8:43	3:19	1:13	2:12
				47:47	50:23	52:15	53:15	55:08									
				4:33	2:36	1:52	1:00	1:53									
2		Tom Buchholz	1:05:37	2:46	4:05	5:46	7:33	17:06	18:21	20:16	25:56	27:34	33:38	43:15	49:10	50:45	53:02
		MTK Bad Harzburg		2:46	1:19	1:41	1:47	9:33	1:15	1:55	5:40	1:38	6:04	9:37	5:55	1:35	2:17
				57:30	1:00:16	1:02:23	1:03:41	1:05:37									
				4:28	2:46	2:07	1:18	1:56									
3		Jan Klose	1:10:06	2:38	4:13	6:12	7:27	20:05	21:20	22:58	30:03	31:29	38:22	48:44	52:43	54:11	56:35
		MTV Seesen		2:38	1:35	1:59	1:15	12:38	1:15	1:38	7:05	1:26	6:53	10:22	3:59	1:28	2:24
				1:01:39	1:04:52	1:07:13	1:08:20	1:10:06		1:09:45							
				5:04	3:13	2:21	1:07	1:46		*78							
4		Theo Hensseler	1:13:03	3:07	4:26	6:15	8:33	17:48	19:31	22:00	28:52	30:47	36:56	49:55	54:40	56:17	59:01
		MTV Seesen		3:07	1:19	1:49	2:18	9:15	1:43	2:29	6:52	1:55	6:09	12:59	4:45	1:37	2:44
				1:03:56	1:06:56	1:09:09	1:10:13	1:13:03									
				4:55	3:00	2:13	1:04	2:50									
5		Aaron Wandelt	1:22:29	2:43	4:24	6:30	8:05	20:17	21:56	24:15	32:34	34:52	43:10	57:41	1:02:18	1:04:16	1:06:44
		MTV Seesen		2:43	1:41	2:06	1:35	12:12	1:39	2:19	8:19	2:18	8:18	14:31	4:37	1:58	2:28
				1:12:05	1:15:50	1:18:26	1:19:52	1:22:29									
				5:21	3:45	2:36	1:26	2:37									
6		Lion Bernsdorf	1:56:48	4:09	5:56	8:23	10:46	29:15	33:07	35:28	45:35	47:21	1:04:08	1:20:15	1:27:08	1:29:36	1:32:40
		MTV Seesen		4:09	1:47	2:27	2:23	18:29	3:52	2:21	10:07	1:46	16:47	16:07	6:53	2:28	3:04
				1:43:07	1:48:17	1:51:42	1:53:47	1:56:48									
				10:27	5:10	3:25	2:05	3:01									
H19K (10)			5,8 km 220 Hm		13 P												
			1(80)	2(94)	3(64)	4(83)	5(84)	6(82)	7(85)	8(89)	9(88)	10(90)	11(60)	12(92)	13(99)	Ziel	
1		Till Finkenstädt	1:00:51	3:42	5:16	7:31	9:34	23:29	26:35	30:23	32:01	43:28	47:47	54:14	56:58	58:19	1:00:51
		OLV Uslar		3:42	1:34	2:15	2:03	13:55	3:06	3:48	1:38	11:27	4:19	6:27	2:44	1:21	2:32
					8:49												
					*72												
2		Fabian Ulbrich	1:05:32	4:30	6:02	8:31	10:24	22:28	25:33	29:12	30:50	46:32	51:50	58:23	1:01:07	1:02:26	1:05:32
		OLV Uslar		4:30	1:32	2:29	1:53	12:04	3:05	3:39	1:38	15:42	5:18	6:33	2:44	1:19	3:06
3		Felix Drese	1:06:31	2:58	4:48	7:11	8:51	22:09	25:34	30:33	32:40	46:43	52:48	59:13	1:02:22	1:03:45	1:06:31
		OLV Uslar		2:58	1:50	2:23	1:40	13:18	3:25	4:59	2:07	14:03	6:05	6:25	3:09	1:23	2:46
4		Malte Finkenstädt	1:07:23	3:28	5:27	8:32	10:22	22:44	26:15	30:28	32:24	47:29	52:35	59:48	1:02:55	1:04:41	1:07:23
		OLV Uslar		3:28	1:59	3:05	1:50	12:22	3:31	4:13	1:56	15:05	5:06	7:13	3:07	1:46	2:42
5		Garvin Behling	1:13:59	4:03	5:49	7:53	10:10	31:33	34:47	39:21	40:52	53:00	58:18	1:05:36	1:08:33	1:11:14	1:13:59
		Turn-Klubb zu Han		4:03	1:46	2:04	2:17	21:23	3:14	4:34	1:31	12:08	5:18	7:18	2:57	2:41	2:45

Pl	tnr	Name	Zeit														
D18 (4)			6,0 km	230 Hm	13 P												
			1(75)	2(83)	3(84)	4(82)	5(86)	6(70)	7(85)	8(89)	9(88)	10(90)	11(77)	12(94)	13(80)	Ziel	
1		Lina Buchberger	1:05:39	1:38	4:02	15:59	19:21	27:14	29:43	35:32	37:14	49:29	54:19	57:12	59:57	1:02:33	1:05:39
		MTV Seesen		1:38	2:24	11:57	3:22	7:53	2:29	5:49	1:42	12:15	4:50	2:53	2:45	2:36	3:06
2		Emma Caspari	1:11:56	2:21	5:11	17:14	20:19	28:16	30:46	36:38	38:13	57:32	1:01:59	1:04:34	1:07:13	1:09:25	1:11:56
		OL Team Lippe		2:21	2:50	12:03	3:05	7:57	2:30	5:52	1:35	19:19	4:27	2:35	2:39	2:12	2:31
3		Mareike Blohm	1:49:52	3:05	12:53	31:42	41:02	52:09	57:46	1:08:36	1:10:08	1:27:32	1:34:48	1:38:51	1:42:30	1:46:22	1:49:52
		TSV Worswede		3:05	9:48	18:49	9:20	11:07	5:37	10:50	1:32	17:24	7:16	4:03	3:39	3:52	3:30
		Carolin Bernsdorf		N Ang													
		MTV Seesen															
D35 (8)			6,0 km	230 Hm	13 P												
			1(75)	2(83)	3(84)	4(82)	5(86)	6(70)	7(85)	8(89)	9(88)	10(90)	11(77)	12(94)	13(80)	Ziel	
1		Blandine Ehrl	1:11:32	2:00	4:40	18:34	21:44	29:53	32:34	39:35	41:14	54:21	59:13	1:02:15	1:05:27	1:08:17	1:11:32
		OL Forstern		2:00	2:40	13:54	3:10	8:09	2:41	7:01	1:39	13:07	4:52	3:02	3:12	2:50	3:15
2		Ivana Knaupova	1:14:49	2:04	4:44	19:03	22:57	31:47	35:37	42:01	43:57	57:07	1:02:30	1:05:34	1:08:39	1:11:43	1:14:49
		Braunschweiger MT		2:04	2:40	14:19	3:54	8:50	3:50	6:24	1:56	13:10	5:23	3:04	3:05	3:04	3:06
3		Renée Schwartz	1:24:41	2:14	5:17	22:05	26:25	35:59	39:22	46:42	49:23	1:04:21	1:10:12	1:13:49	1:17:14	1:21:03	1:24:41
		OSC Kassel		2:14	3:03	16:48	4:20	9:34	3:23	7:20	2:41	14:58	5:51	3:37	3:25	3:49	3:38
4		Sandra Castilho Ma	1:38:11	2:32	6:22	21:05	25:12	35:58	40:15	48:25	50:48	1:13:38	1:22:53	1:27:01	1:30:49	1:34:12	1:38:11
		SV Hildesia Diekhol		2:32	3:50	14:43	4:07	10:46	4:17	8:10	2:23	22:50	9:15	4:08	3:48	3:23	3:59
5		Sandra Wendt	1:42:04	3:18	6:42	26:56	32:19	45:16	48:25	57:20	1:00:14	1:16:52	1:26:02	1:30:06	1:33:59	1:37:50	1:42:04
		Turn-Klubb zu Han		3:18	3:24	20:14	5:23	12:57	3:09	8:55	2:54	16:38	9:10	4:04	3:53	3:51	4:14
6		Ina Conrad	1:48:40	2:16	7:17	26:23	31:16	43:21	48:39	58:21	1:01:12	1:22:37	1:29:56	1:35:25	1:39:42	1:44:12	1:48:40
		SV Wissenschaft Qu		2:16	5:01	19:06	4:53	12:05	5:18	9:42	2:51	21:25	7:19	5:29	4:17	4:30	4:28
7		Kerstin Wittke	1:55:48	3:57	7:56	28:52	33:12	42:55	46:47	1:05:10	1:07:30	1:23:10	1:30:13	1:34:20	1:45:51	1:49:00	1:55:48
		SV Hildesia Diekhol		3:57	3:59	20:56	4:20	9:43	3:52	18:23	2:20	15:40	7:03	4:07	11:31	3:09	6:48
8		Nicole Frank	2:53:18	4:34	11:14	36:50	52:24	1:10:30	1:14:53	1:26:59	1:30:51	2:06:23	2:19:35	2:32:38	2:41:44	2:48:09	2:53:18
		SV Hildesia Diekhol		4:34	6:40	25:36	15:34	18:06	4:23	12:06	3:52	35:32	13:12	13:03	9:06	6:25	5:09
H16 (8)			6,0 km	230 Hm	13 P												
			1(75)	2(83)	3(84)	4(82)	5(86)	6(70)	7(85)	8(89)	9(88)	10(90)	11(77)	12(94)	13(80)	Ziel	
1		Till Buchberger	54:52	1:19	3:19	12:38	15:34	21:27	23:32	28:14	29:25	41:29	46:05	48:11	50:38	52:34	54:52
		MTV Seesen		1:19	2:00	9:19	2:56	5:53	2:05	4:42	1:11	12:04	4:36	2:06	2:27	1:56	2:18
2		Marco Urzua Wöhre	1:18:40	2:02	4:47	17:33	22:40	31:48	34:46	40:47	43:17	1:01:47	1:07:02	1:09:49	1:13:02	1:15:57	1:18:40
		TV Jahn Wolfsburg		2:02	2:45	12:46	5:07	9:08	2:58	6:01	2:30	18:30	5:15	2:47	3:13	2:55	2:43
				4:24													
				*72													
3		Bennet Grote	1:20:26	1:17	3:51	19:07	23:19	31:08	34:15	40:53	43:00	1:00:43	1:07:05	1:10:47	1:14:03	1:17:10	1:20:26
		OLV Uslar		1:17	2:34	15:16	4:12	7:49	3:07	6:38	2:07	17:43	6:22	3:42	3:16	3:07	3:16
4		Mika Wendler	1:27:45	3:10	7:24	27:39	30:50	40:15	43:14	51:00	52:59	1:07:32	1:13:28	1:17:56	1:21:52	1:24:52	1:27:45
		SV Wissenschaft Qu		3:10	4:14	20:15	3:11	9:25	2:59	7:46	1:59	14:33	5:56	4:28	3:56	3:00	2:53
				6:33													
				*72													
5		Julius Wandelt	1:39:50	1:55	5:01	25:57	31:14	41:53	46:54	56:00	58:29	1:17:29	1:25:18	1:29:19	1:33:18	1:36:47	1:39:50
		MTV Seesen		1:55	3:06	20:56	5:17	10:39	5:01	9:06	2:29	19:00	7:49	4:01	3:59	3:29	3:03
6		Thore Napp	1:49:23	2:33	6:09	23:11	27:28	41:47	45:30	54:27	56:46	1:21:14	1:30:37	1:34:43	1:39:42	1:46:01	1:49:23
		TV Jahn Wolfsburg		2:33	3:36	17:02	4:17	14:19	3:43	8:57	2:19	24:28	9:23	4:06	4:59	6:19	3:22
				5:41													
				*72													
7		Jannis Gerling	1:58:35	3:46	6:38	48:51	52:39	1:03:33	1:07:03	1:16:17	1:18:04	1:36:26	1:44:14	1:47:19	1:51:28	1:55:11	1:58:35
		TG 1860 Münden		3:46	2:52	42:13	3:48	10:54	3:30	9:14	1:47	18:22	7:48	3:05	4:09	3:43	3:24

Pl	tnr	Name	Zeit																
H16 (8)			6,0 km 230 Hm		13 P		<i>(Forts.)</i>												
			1(75)	2(83)	3(84)	4(82)	5(86)	6(70)	7(85)	8(89)	9(88)	10(90)	11(77)	12(94)	13(80)	Ziel			
8		Theo Darimond TG 1860 Münden	2:05:12 15:24 15:24	28:26 13:02	54:50 26:24	58:33 3:43	1:09:27 10:54	1:12:55 3:28	1:22:23 9:28	1:24:07 1:44	1:42:24 18:17	1:49:57 7:33	1:53:22 3:25	1:57:27 4:05	2:01:07 3:40	2:05:12 4:05			
D16 (6)			5,2 km 220 Hm		12 P														
			1(67)	2(83)	3(85)	4(89)	5(88)	6(73)	7(90)	8(95)	9(76)	10(60)	11(94)	12(80)	Ziel				
1		Annika Stamer Preetzer TSV	1:03:33 2:21	4:11 1:50	14:10 9:59	15:57 1:47	27:40 11:43	37:30 9:50	40:06 2:36	42:45 2:39	49:58 7:13	53:46 3:48	58:31 4:45	1:00:48 2:17	1:03:33 2:45				
2		Anna Castilho Marc SV Hildesia Diekhof	1:09:56 3:12	5:37 2:25	15:25 9:48	19:05 3:40	37:22 18:17	43:36 6:14	45:43 2:07	48:42 2:59	55:56 7:14	59:49 3:53	1:04:34 4:45	1:06:55 2:21	1:09:56 3:01				
3		Lilly Hintz MTV Seesen	1:22:12 2:23	3:41 1:18	16:23 12:42	18:07 1:44	35:37 17:30	43:23 7:46	46:54 3:31	51:22 4:28	1:00:30 9:08	1:06:25 5:55	1:13:33 7:08	1:17:30 3:57	1:22:12 4:42				
4		Louisa Kollenbach Ski-Club Helsa	1:25:34 2:37	3:53 1:16	18:25 14:32	22:03 3:38	38:27 16:24	47:03 8:36	49:51 2:48	54:53 5:02	1:03:40 8:47	1:11:40 8:00	1:18:24 6:44	1:22:07 3:43	1:25:34 3:27				
5		Fiona Nash Turn-Klubb zu Han	1:52:10 4:29 6:30 *72	6:58 2:29	32:14 25:16	34:48 2:34	56:58 22:10	1:06:20 9:22	1:09:58 3:38	1:15:01 5:03	1:25:03 10:02	1:33:42 8:39	1:43:00 9:18	1:47:52 4:52	1:52:10 4:18				
6		Lena-Maria Klose MTV Seesen	1:56:40 3:55 3:55	8:19 4:24	33:55 25:36	36:39 2:44	1:00:13 23:34	1:10:57 10:44	1:17:52 6:55	1:21:47 3:55	1:34:11 12:24	1:42:14 8:03	1:49:54 7:40	1:53:23 3:29	1:56:40 3:17				
D45 (18)			5,2 km 220 Hm		12 P														
			1(67)	2(83)	3(85)	4(89)	5(88)	6(73)	7(90)	8(95)	9(76)	10(60)	11(94)	12(80)	Ziel				
1		Anke von Gaza OLV Uslar	1:03:53 2:21	3:35 1:14	13:49 10:14	15:40 1:51	28:46 13:06	34:06 5:20	36:12 2:06	39:38 3:26	46:09 6:31	52:09 6:00	57:23 5:14	1:00:38 3:15	1:03:53 3:15				
2		Andrea Finkenstädt OLV Uslar	1:11:18 2:59	4:53 1:54	15:47 10:54	17:36 1:49	31:53 14:17	39:04 7:11	41:19 2:15	44:55 3:36	52:20 7:25	57:17 4:57	1:04:15 6:58	1:07:38 3:23	1:11:18 3:40				
3		Michaela Bruns MTK Bad Harzburg	1:14:24 2:52	4:26 1:34	16:55 12:29	19:07 2:12	34:46 15:39	42:08 7:22	44:26 2:18	48:05 3:39	55:15 7:10	1:00:18 5:03	1:07:21 7:03	1:10:45 3:24	1:14:24 3:39				
4		Petra Schneider SV Hildesia Diekhof	1:17:17 2:44	4:10 1:26	16:08 11:58	18:19 2:11	34:11 15:52	41:20 7:09	44:08 2:48	48:45 4:37	57:42 8:57	1:02:58 5:16	1:09:26 6:28	1:12:57 3:31	1:17:17 4:20				
5		Sandra Wöhrer TV Jahn Wolfsburg	1:17:23 3:35	5:26 1:51	19:26 14:00	21:33 2:07	36:38 15:05	43:59 7:21	46:44 2:45	50:57 4:13	57:46 6:49	1:03:52 6:06	1:10:20 6:28	1:13:31 3:11	1:17:23 3:52				
6		Sonja Kunze OLV Uslar	1:24:26 3:58	5:49 1:51	23:44 17:55	25:38 1:54	39:39 14:01	46:49 7:10	49:37 2:48	55:15 5:38	1:02:28 7:13	1:08:43 6:15	1:16:38 7:55	1:20:16 3:38	1:24:26 4:10				
7		Silke Napp TV Jahn Wolfsburg	1:29:52 3:26	5:05 1:39	18:40 13:35	22:24 3:44	40:46 18:22	51:09 10:23	54:32 3:23	58:57 4:25	1:07:55 8:58	1:13:39 5:44	1:21:37 7:58	1:25:29 3:52	1:29:52 4:23				
8		Ute Schönfeld SV TU Ilmenau	1:29:53 4:29	6:19 1:50	33:44 27:25	35:39 1:55	50:02 14:23	55:49 5:47	58:34 2:45	1:03:11 4:37	1:11:27 8:16	1:16:42 5:15	1:23:12 6:30	1:26:19 3:07	1:29:53 3:34				
9		Katja Tiitinen OLV Uslar	1:30:30 7:37	9:45 2:08	29:50 20:05	31:53 2:03	45:47 13:54	52:54 7:07	55:50 2:56	1:01:13 5:23	1:08:43 7:30	1:15:14 6:31	1:23:01 7:47	1:26:25 3:24	1:30:30 4:05				
10		Kerstin Mandel USC Magdeburg	1:31:21 7:59	18:01 10:02	30:02 12:01	32:23 2:21	49:12 16:49	55:11 5:59	59:24 4:13	1:03:27 4:03	1:12:56 9:29	1:18:07 5:11	1:24:27 6:20	1:27:27 3:00	1:31:21 3:54				
11		Katja Eckel OLV Uslar	1:32:10 5:21	6:39 1:18	22:15 15:36	25:33 3:18	48:19 22:46	55:09 6:50	58:25 3:16	1:02:53 4:28	1:10:10 7:17	1:16:50 6:40	1:24:51 8:01	1:28:43 3:52	1:32:10 3:27				
12		Tanja Buchholz MTK Bad Harzburg	1:34:32 3:59	7:51 3:52	26:39 18:48	29:44 3:05	48:27 18:43	56:57 8:30	1:00:37 3:40	1:04:47 4:10	1:12:44 7:57	1:19:12 6:28	1:26:51 7:39	1:30:39 3:48	1:34:32 3:53				
13		Melanie Schips OLV Uslar	1:35:01 5:35	7:34 1:59	23:09 15:35	25:55 2:46	45:02 19:07	52:33 7:31	56:09 3:36	1:01:29 5:20	1:10:01 8:32	1:16:29 6:28	1:26:08 9:39	1:30:24 4:16	1:35:01 4:37				
14		Irene Buchberger MTV Seesen	1:37:16 6:21	10:26 4:05	27:48 17:22	36:16 8:28	51:55 15:39	59:17 7:22	1:02:50 3:33	1:07:21 4:31	1:14:47 7:26	1:20:49 6:02	1:28:42 7:53	1:33:28 4:46	1:37:16 3:48				

Pl	tnr	Name	Zeit														
D45 (18)			5,2 km 220 Hm		12 P		<i>(Forts.)</i>										
			1(67)	2(83)	3(85)	4(89)	5(88)	6(73)	7(90)	8(95)	9(76)	10(60)	11(94)	12(80)	Ziel		
15	Brigitte Dersch-Koll	1:49:00	5:31	9:05	27:43	30:42	53:15	1:02:25	1:06:05	1:10:55	1:21:14	1:28:14	1:38:21	1:43:40	1:49:00		
	Ski-Club Helsa		5:31	3:34	18:38	2:59	22:33	9:10	3:40	4:50	10:19	7:00	10:07	5:19	5:20		
16	Regine Klander-Str	1:54:01	4:10	6:30	22:37	25:33	52:02	1:04:42	1:17:46	1:21:37	1:30:35	1:37:18	1:45:51	1:49:47	1:54:01		
	SV Hildesia Diekhol		4:10	2:20	16:07	2:56	26:29	12:40	13:04	3:51	8:58	6:43	8:33	3:56	4:14		
17	Susanne Körber	2:04:12	5:35	14:26	31:52	35:07	52:06	1:02:11	1:06:17	1:30:48	1:39:39	1:45:45	1:55:39	1:59:44	2:04:12		
	OLV Uslar		5:35	8:51	17:26	3:15	16:59	10:05	4:06	24:31	8:51	6:06	9:54	4:05	4:28		
	Evi Drese	Aufg	2:57	4:46	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	42:49		
	OLV Uslar		2:57	1:49											38:03		
H14 (5)			4,1 km 140 Hm		12 P												
			1(72)	2(81)	3(69)	4(77)	5(95)	6(76)	7(74)	8(60)	9(99)	10(79)	11(80)	12(75)	Ziel		
1	Jonas Knaup	40:18	3:01	5:52	7:32	15:19	18:51	23:51	28:05	29:35	32:09	33:47	36:28	38:16	40:18		
	Braunschweiger MT		3:01	2:51	1:40	7:47	3:32	5:00	4:14	1:30	2:34	1:38	2:41	1:48	2:02		
2	Aaron Niazi	41:49	2:47	5:19	7:13	15:27	18:45	24:47	27:54	29:26	33:11	34:38	37:37	39:59	41:49		
	TSV Worpswede		2:47	2:32	1:54	8:14	3:18	6:02	3:07	1:32	3:45	1:27	2:59	2:22	1:50		
3	Till Raake	43:34	3:20	6:34	9:21	16:03	19:17	24:20	27:39	29:05	32:56	34:57	38:37	41:45	43:34		
	MTV Seesen		3:20	3:14	2:47	6:42	3:14	5:03	3:19	1:26	3:51	2:01	3:40	3:08	1:49		
4	Felix Salau	1:46:16	4:40	28:31	31:44	45:17	52:32	1:05:22	1:12:33	1:14:22	1:23:53	1:25:50	1:37:20	1:42:11	1:46:16		
	MTV Seesen		4:40	23:51	3:13	13:33	7:15	12:50	7:11	1:49	9:31	1:57	11:30	4:51	4:05		
5	Brandon Nash	1:49:26	25:38	31:43	34:54	48:33	55:53	1:08:36	1:15:43	1:17:34	1:27:04	1:29:21	1:40:30	1:45:21	1:49:26		
	Turn-Klubb zu Han		25:38	6:05	3:11	13:39	7:20	12:43	7:07	1:51	9:30	2:17	11:09	4:51	4:05		
D14 (6)			4,1 km 140 Hm		12 P												
			1(72)	2(81)	3(69)	4(77)	5(95)	6(76)	7(74)	8(60)	9(99)	10(79)	11(80)	12(75)	Ziel		
1	Maren Strauß	1:03:07	3:35	14:18	17:01	27:06	31:14	38:12	44:26	46:32	51:16	53:07	58:11	1:00:41	1:03:07		
	SV Hildesia Diekhol		3:35	10:43	2:43	10:05	4:08	6:58	6:14	2:06	4:44	1:51	5:04	2:30	2:26		
			15:12														
			*91														
2	Jule Weigert	1:03:21	3:05	6:35	9:12	21:05	25:29	33:17	38:04	40:14	51:29	55:04	58:35	1:01:05	1:03:21		
	TV Jahn Wolfsburg		3:05	3:30	2:37	11:53	4:24	7:48	4:47	2:10	11:15	3:35	3:31	2:30	2:16		
3	Karla Breckle	1:06:15	5:49	9:33	12:08	24:02	28:23	36:16	41:03	43:10	54:25	57:59	1:01:30	1:04:00	1:06:15		
	Bovender SV		5:49	3:44	2:35	11:54	4:21	7:53	4:47	2:07	11:15	3:34	3:31	2:30	2:15		
			10:47														
			*91														
4	Lucia Stolze	1:11:57	4:20	10:13	12:32	22:14	28:27	41:42	47:23	49:42	54:14	56:26	1:04:17	1:07:25	1:11:57		
	Bovender SV		4:20	5:53	2:19	9:42	6:13	13:15	5:41	2:19	4:32	2:12	7:51	3:08	4:32		
5	Anna Weigert	1:14:59	4:10	12:00	14:26	25:13	31:29	44:45	50:26	52:43	57:12	59:27	1:07:23	1:10:35	1:14:59		
	TV Jahn Wolfsburg		4:10	7:50	2:26	10:47	6:16	13:16	5:41	2:17	4:29	2:15	7:56	3:12	4:24		
	Sophie Kuhn	Aufg	4:53	15:03	17:28	-----	-----	-----	-----	-----	-----	-----	-----	-----	35:33		
	Turn-Klubb zu Han		4:53	10:10	2:25										18:05		
D19K (17)			3,5 km 120 Hm		9 P												
			1(75)	2(67)	3(81)	4(71)	5(95)	6(74)	7(73)	8(94)	9(80)	Ziel					
1	Jessica Drese	33:59	2:00	3:50	7:30	9:23	18:33	22:31	25:36	28:09	30:45	33:59					
	OLV Uslar		2:00	1:50	3:40	1:53	9:10	3:58	3:05	2:33	2:36	3:14					
2	Svenja Pabst	36:26	1:59	4:05	8:41	10:29	21:00	24:43	28:08	30:29	33:12	36:26					
	OLV Uslar		1:59	2:06	4:36	1:48	10:31	3:43	3:25	2:21	2:43	3:14					
3	Nina Döllgast	36:27	1:50	3:53	8:19	10:29	20:22	23:31	26:03	31:20	33:37	36:27					
	MTV Seesen		1:50	2:03	4:26	2:10	9:53	3:09	2:32	5:17	2:17	2:50					

Pl	tnr	Name	Zeit													
D19K (17)			3,5 km 120 Hm		9 P		<i>(Forts.)</i>									
			1(75)	2(67)	3(81)	4(71)	5(95)	6(74)	7(73)	8(94)	9(80)	Ziel				
4		Laura Finkenstädt	48:41	2:23	5:26	10:42	13:08	27:48	33:00	36:51	40:28	44:28	48:41			
		OLV Uslar		2:23	3:03	5:16	2:26	14:40	5:12	3:51	3:37	4:00	4:13			
5		Kiana Meisel	51:32	3:10	6:13	13:53	16:48	31:10	36:50	40:30	43:25	47:37	51:32			
		OLV Uslar		3:10	3:03	7:40	2:55	14:22	5:40	3:40	2:55	4:12	3:55			
6		Karen Much	52:22	2:32	5:20	10:04	12:31	30:53	35:41	41:42	45:06	49:01	52:22			
		OLV Uslar		2:32	2:48	4:44	2:27	18:22	4:48	6:01	3:24	3:55	3:21			
7		Lea Reppnow	56:55	4:32	7:07	14:54	17:09	34:18	41:38	46:33	49:12	53:35	56:55			
		OLV Uslar		4:32	2:35	7:47	2:15	17:09	7:20	4:55	2:39	4:23	3:20			
8		Sabine Behling	58:24	3:59	7:42	15:06	18:25	35:41	41:15	46:23	50:18	54:21	58:24			
		USC Magdeburg		3:59	3:43	7:24	3:19	17:16	5:34	5:08	3:55	4:03	4:03			
9		Silke Schlüter	59:51	2:42	10:16	16:19	19:07	32:48	38:51	46:13	52:30	56:02	59:51			
		USC Magdeburg		2:42	7:34	6:03	2:48	13:41	6:03	7:22	6:17	3:32	3:49			
10		Bente Wendler	1:00:56	2:39	5:16	12:09	16:30	35:59	41:33	45:50	50:25	57:15	1:00:56			
		SV Wissenschaft Qu		2:39	2:37	6:53	4:21	19:29	5:34	4:17	4:35	6:50	3:41			
11		Jordan Sophie Meis	1:02:16	2:29	4:58	10:33	13:10	33:39	46:22	51:00	54:34	58:13	1:02:16			
		OLV Uslar		2:29	2:29	5:35	2:37	20:29	12:43	4:38	3:34	3:39	4:03			
12		Pia Caspari	1:02:48	6:58	13:14	19:19	22:03	35:45	41:46	49:01	55:33	59:02	1:02:48			
		OL Team Lippe		6:58	6:16	6:05	2:44	13:42	6:01	7:15	6:32	3:29	3:46			
13		Claudia Weigert	1:06:32	6:49	10:20	16:24	19:55	35:58	41:23	54:09	57:42	1:01:26	1:06:32			
		TV Jahn Wolfsburg		6:49	3:31	6:04	3:31	16:03	5:25	12:46	3:33	3:44	5:06			
14		Vivien Helmbrecht	1:10:41	3:26	8:07	22:29	26:02	42:04	47:17	59:43	1:02:37	1:05:53	1:10:41			
		OLV Uslar		3:26	4:41	14:22	3:33	16:02	5:13	12:26	2:54	3:16	4:48			
15		Saskia Ernst-Liebin	1:13:02	3:06	13:13	18:36	31:27	50:35	56:29	1:01:38	1:04:50	1:08:17	1:13:02			
		Bovender SV		3:06	10:07	5:23	12:51	19:08	5:54	5:09	3:12	3:27	4:45			
16		Ulrike Breckle	1:34:32	3:00	10:04	29:07	33:19	53:28	58:26	1:14:09	1:21:02	1:29:02	1:34:32			
		Bovender SV		3:00	7:04	19:03	4:12	20:09	4:58	15:43	6:53	8:00	5:30			
		Malin Wendelken	Aufg	----	----	----	----	----	----	----	----	----	----			
		TSV Worpswede														
H65 (14)			3,5 km 120 Hm		9 P											
			1(75)	2(67)	3(81)	4(71)	5(95)	6(74)	7(73)	8(94)	9(80)	Ziel				
1		Helmut Blumenstei	38:08	1:30	4:03	7:57	11:22	23:32	27:05	29:48	32:12	35:27	38:08	0.00	0.00	0.00
		OSC Kassel		1:30	2:33	3:54	3:25	12:10	3:33	2:43	2:24	3:15	2:41	*132	*123	*127
				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00				
				*128	*103	*131	*109	*108	*104	*130	*112	*199				
2		Hans Christian Stri	40:24	1:59	4:06	9:11	11:23	23:17	27:38	31:03	33:42	37:01	40:24			
		SC Klecken		1:59	2:07	5:05	2:12	11:54	4:21	3:25	2:39	3:19	3:23			
3		Nikolaus Risch	42:48	1:53	4:16	9:02	11:24	23:14	27:57	32:30	35:24	38:21	42:48			
		ASG Teutoburger W		1:53	2:23	4:46	2:22	11:50	4:43	4:33	2:54	2:57	4:27			
4		Rainer Pieper	44:29	1:45	4:12	9:50	12:16	24:48	30:11	33:47	37:10	40:41	44:29			
		SSV Langenhagen		1:45	2:27	5:38	2:26	12:32	5:23	3:36	3:23	3:31	3:48			
5		Siegfried May	46:19	2:48	5:44	11:44	14:53	29:33	33:57	37:01	39:35	42:35	46:19			
		RSV Hannover		2:48	2:56	6:00	3:09	14:40	4:24	3:04	2:34	3:00	3:44			
6		Wolfgang Krause	48:29	2:35	4:59	10:45	13:17	27:52	32:57	36:49	40:45	44:25	48:29			
		SV Wissenschaft Qu		2:35	2:24	5:46	2:32	14:35	5:05	3:52	3:56	3:40	4:04			
7		Wilhelm Holz	50:46	2:21	4:45	10:49	13:22	27:00	31:55	39:47	42:34	46:34	50:46			
		OLV Uslar		2:21	2:24	6:04	2:33	13:38	4:55	7:52	2:47	4:00	4:12			
8		Bernd Höfner	52:59	2:48	9:05	14:29	16:47	28:15	32:13	44:50	47:19	49:49	52:59			
		OLV Uslar		2:48	6:17	5:24	2:18	11:28	3:58	12:37	2:29	2:30	3:10			
9		Detlev Friedrichs	54:01	2:11	4:43	14:06	17:07	30:58	36:11	40:39	44:56	49:19	54:01			
		MTV Seesen		2:11	2:32	9:23	3:01	13:51	5:13	4:28	4:17	4:23	4:42			

Pl	tnr	Name	Zeit											
H65 (14)			3,5 km 120 Hm		9 P		<i>(Forts.)</i>							
			1(75)	2(67)	3(81)	4(71)	5(95)	6(74)	7(73)	8(94)	9(80)	Ziel		
10		Lutz Tröbe	57:16	6:00	12:38	20:54	23:11	36:04	40:46	48:38	50:56	54:13	57:16	
		SV TU Ilmenau		6:00	6:38	8:16	2:17	12:53	4:42	7:52	2:18	3:17	3:03	
11		Detlef Much	57:58	2:52	6:46	13:48	16:57	32:42	39:10	43:50	48:07	52:31	57:58	
		OLV Uslar		2:52	3:54	7:02	3:09	15:45	6:28	4:40	4:17	4:24	5:27	
12		Karl-Heinz Seefeld	1:03:50	3:37	7:06	15:22	18:19	37:04	43:20	49:09	54:05	58:29	1:03:50	
		OLV Uslar		3:37	3:29	8:16	2:57	18:45	6:16	5:49	4:56	4:24	5:21	
		Kaj Ole Jensby	Aufg	----	----	----	----	----	----	----	----	----	----	
		OK Faaborg												
		Johannes Müssen	N Ang											
		SUS Vehrte												
D55 (13)			3,5 km 120 Hm		9 P									
			1(75)	2(67)	3(81)	4(71)	5(95)	6(74)	7(73)	8(94)	9(80)	Ziel		
1		Heidrun Finke	39:50	2:51	4:55	9:39	12:06	23:29	27:42	30:48	33:30	36:25	39:50	
		OLV Uslar		2:51	2:04	4:44	2:27	11:23	4:13	3:06	2:42	2:55	3:25	
2		Liisa Rihko-Struck	42:42	2:05	4:28	9:35	11:49	24:36	29:03	32:36	35:20	39:02	42:42	
		Braunschweiger MT		2:05	2:23	5:07	2:14	12:47	4:27	3:33	2:44	3:42	3:40	
3		Ulrike Korff	45:23	2:08	4:46	9:43	12:03	25:15	30:27	34:09	36:52	42:02	45:23	
		SC Achmer		2:08	2:38	4:57	2:20	13:12	5:12	3:42	2:43	5:10	3:21	
4		Veronika Lange	45:35	1:55	4:10	9:13	12:04	23:19	27:31	30:39	39:03	42:29	45:35	
		USC Magdeburg		1:55	2:15	5:03	2:51	11:15	4:12	3:08	8:24	3:26	3:06	
5		Heike Leideck	46:51	2:30	5:11	10:29	13:01	26:25	31:20	35:48	38:51	42:28	46:51	
		USV TU Dresden		2:30	2:41	5:18	2:32	13:24	4:55	4:28	3:03	3:37	4:23	
6		Ulrike Friedrichs	47:47	2:33	5:19	10:35	12:54	28:19	33:29	37:24	40:33	43:52	47:47	
		MTV Seesen		2:33	2:46	5:16	2:19	15:25	5:10	3:55	3:09	3:19	3:55	
7		Renate Tröbe	51:30	3:01	7:03	14:27	17:26	31:55	36:33	40:03	42:50	47:48	51:30	
		SV TU Ilmenau		3:01	4:02	7:24	2:59	14:29	4:38	3:30	2:47	4:58	3:42	
8		Claudia Ducki-Höck	52:57	4:51	8:18	14:00	16:50	33:49	38:53	43:07	46:06	49:21	52:57	
		MTK Bad Harzburg		4:51	3:27	5:42	2:50	16:59	5:04	4:14	2:59	3:15	3:36	
9		Petra Speh-Rothaug	57:38	4:40	8:55	15:28	18:33	33:20	38:43	45:12	48:52	53:57	57:38	
		OSC Kassel		4:40	4:15	6:33	3:05	14:47	5:23	6:29	3:40	5:05	3:41	
10		Theresia Schulte	1:10:15	6:13	9:48	19:10	23:12	42:14	48:48	55:33	1:01:45	1:05:46	1:10:15	
		SC Melle 03		6:13	3:35	9:22	4:02	19:02	6:34	6:45	6:12	4:01	4:29	
11		Esther Knoblauch	1:10:28	3:26	6:28	13:31	26:11	44:28	50:59	56:22	1:00:14	1:05:19	1:10:28	
		MTK Bad Harzburg		3:26	3:02	7:03	12:40	18:17	6:31	5:23	3:52	5:05	5:09	
12		Renate Willmann	1:18:52	11:18	15:53	27:17	30:45	50:32	58:00	1:04:28	1:10:29	1:14:36	1:18:52	
		TuS Stemwede		11:18	4:35	11:24	3:28	19:47	7:28	6:28	6:01	4:07	4:16	
		Anne Hanses	Fehlst	3:30	7:53	16:00	21:55	42:34	51:17	58:11	----	1:09:50	1:15:22	
		TuS Bramsche		3:30	4:23	8:07	5:55	20:39	8:43	6:54	----	11:39	5:32	
H75 (9)			3,1 km 80 Hm		10 P									
			1(67)	2(81)	3(71)	4(64)	5(77)	6(74)	7(60)	8(79)	9(80)	10(75)	Ziel	
1		Helmut Conrad	34:29	2:52	7:57	10:21	12:28	17:48	20:13	22:03	24:55	29:07	31:45	34:29
		USV TU Dresden		2:52	5:05	2:24	2:07	5:20	2:25	1:50	2:52	4:12	2:38	2:44
2		Dieter Conrad	38:14	3:20	8:46	11:23	13:57	20:27	23:03	25:03	28:01	32:23	35:11	38:14
		SV Wissenschaft Qu		3:20	5:26	2:37	2:34	6:30	2:36	2:00	2:58	4:22	2:48	3:03
3		Günter Gohde	41:57	3:59	9:33	12:42	15:08	22:11	25:05	27:40	30:38	35:39	38:44	41:57
		Turn-Klubb zu Han		3:59	5:34	3:09	2:26	7:03	2:54	2:35	2:58	5:01	3:05	3:13
4		Siegmar Breckle	55:45	5:17	14:06	17:57	21:30	31:37	35:23	38:07	42:35	48:11	51:30	55:45
		Bielefelder TG		5:17	8:49	3:51	3:33	10:07	3:46	2:44	4:28	5:36	3:19	4:15

Pl	tnr	Name	Zeit													
H75 (9)			3,1 km 80 Hm		10 P		<i>(Forts.)</i>									
			1(67)	2(81)	3(71)	4(64)	5(77)	6(74)	7(60)	8(79)	9(80)	10(75)	Ziel			
5		Hans Güth	56:53	5:02	21:56	25:03	27:46	36:10	39:21	41:43	45:13	50:00	53:08	56:53		
		OLV Potsdam		5:02	16:54	3:07	2:43	8:24	3:11	2:22	3:30	4:47	3:08	3:45		
6		Peter Wichmann	1:00:20	3:38	23:24	26:14	29:11	36:40	39:56	43:20	48:24	53:05	56:07	1:00:20		
		USC Magdeburg		3:38	19:46	2:50	2:57	7:29	3:16	3:24	5:04	4:41	3:02	4:13		
7		Reinhard Jahn	1:22:40	3:46	36:19	39:30	42:42	1:00:13	1:03:17	1:05:39	1:09:03	1:14:05	1:17:22	1:22:40		
		Braunschweiger MT		3:46	32:33	3:11	3:12	17:31	3:04	2:22	3:24	5:02	3:17	5:18		
8		Albrecht Bergt	1:35:09	9:43	27:09	36:37	42:46	55:53	1:02:42	1:07:05	1:13:29	1:22:17	1:28:04	1:35:09		
		TSV Fischerhude		9:43	17:26	9:28	6:09	13:07	6:49	4:23	6:24	8:48	5:47	7:05		
		Rainer Müller	Fehlst	8:42	-----	-----	17:50	-----	-----	-----	34:14	43:00	48:50	58:02		
		USV TU Dresden		8:42		9:08					16:24	8:46	5:50	9:12		
Offen (6)			4,1 km 140 Hm		12 P											
			1(72)	2(81)	3(69)	4(77)	5(95)	6(76)	7(74)	8(60)	9(99)	10(79)	11(80)	12(75)	Ziel	
1		Katharina Linke	1:04:03	5:04	13:05	14:52	24:12	27:42	35:52	40:16	41:45	52:14	56:01	59:24	1:01:55	1:04:03
		LG Göttingen		5:04	8:01	1:47	9:20	3:30	8:10	4:24	1:29	10:29	3:47	3:23	2:31	2:08
2		Iris Hennseler	1:13:12	4:50	9:37	11:48	20:55	35:35	49:30	54:09	57:34	1:01:08	1:03:24	1:08:27	1:10:31	1:13:12
		MTV Seesen		4:50	4:47	2:11	9:07	14:40	13:55	4:39	3:25	3:34	2:16	5:03	2:04	2:41
3		Beate Dobra	1:20:18	6:56	10:53	14:49	26:50	34:50	44:09	51:39	54:32	1:01:08	1:03:35	1:14:45	1:17:13	1:20:18
		SV Bad Dübén		6:56	3:57	3:56	12:01	8:00	9:19	7:30	2:53	6:36	2:27	11:10	2:28	3:05
4		Inga Much	1:23:12	5:52	13:31	17:54	29:49	37:44	47:09	54:36	57:40	1:03:53	1:06:42	1:17:39	1:20:10	1:23:12
		OLV Uslar		5:52	7:39	4:23	11:55	7:55	9:25	7:27	3:04	6:13	2:49	10:57	2:31	3:02
5		Dorothea Kirves	1:23:54	7:29	14:44	18:16	33:29	41:01	51:58	58:09	1:00:46	1:07:21	1:10:00	1:16:23	1:19:58	1:23:54
		TG 1860 Münden		7:29	7:15	3:32	15:13	7:32	10:57	6:11	2:37	6:35	2:39	6:23	3:35	3:56
6		Daniel Kuhn	2:27:05	25:40	32:08	36:13	49:32	57:14	1:20:24	1:30:18	1:38:21	1:44:15	1:47:11	2:09:22	2:23:14	2:27:05
		Turn-Klubb zu Han		25:40	6:28	4:05	13:19	7:42	23:10	9:54	8:03	5:54	2:56	22:11	13:52	3:51
D65 (5)			3,1 km 80 Hm		10 P											
			1(67)	2(81)	3(71)	4(64)	5(77)	6(74)	7(60)	8(79)	9(80)	10(75)	Ziel			
1		Birgitt Michel	46:31	4:33	10:35	13:08	15:48	23:15	26:46	29:11	33:03	38:40	42:07	46:31		
		TV Jahn Wolfsburg		4:33	6:02	2:33	2:40	7:27	3:31	2:25	3:52	5:37	3:27	4:24		
2		Irmela Bergt	51:27	3:49	10:51	13:55	16:30	23:07	26:11	28:28	31:45	36:53	47:57	51:27		
		TSV Fischerhude		3:49	7:02	3:04	2:35	6:37	3:04	2:17	3:17	5:08	11:04	3:30		
3		Uta Breckle	1:09:31	6:06	16:29	21:10	29:43	40:27	44:26	47:50	52:36	59:44	1:04:06	1:09:31		
		Bielefelder TG		6:06	10:23	4:41	8:33	10:44	3:59	3:24	4:46	7:08	4:22	5:25		
AK		Sabine Nash	45:53	3:49	9:32	12:22	14:56	22:42	25:44	28:36	31:46	39:16	42:25	45:53		
		Turn-Klubb zu Han		3:49	5:43	2:50	2:34	7:46	3:02	2:52	3:10	7:30	3:09	3:28		
		Ingrid Müssen	N Ang													
		SUS Vehrte														
H12 (7)			2,2 km 70 Hm		9 P											
			1(63)	2(67)	3(72)	4(91)	5(69)	6(87)	7(93)	8(79)	9(78)	Ziel				
1		Erik Urzua Wöhrer	23:05	2:07	3:26	4:36	8:19	10:11	16:39	18:32	20:06	22:35	23:05			
		TV Jahn Wolfsburg		2:07	1:19	1:10	3:43	1:52	6:28	1:53	1:34	2:29	0:30			
2		Johannes Eckel	30:14	2:14	9:05	10:23	13:33	15:46	22:25	25:14	26:46	29:42	30:14			
		OLV Uslar		2:14	6:51	1:18	3:10	2:13	6:39	2:49	1:32	2:56	0:32			
3		Ole Siebrecht	32:28	7:47	11:19	12:47	16:00	18:04	24:37	26:57	28:44	31:54	32:28			
		OLV Uslar		7:47	3:32	1:28	3:13	2:04	6:33	2:20	1:47	3:10	0:34			
4		Leif Liebing	35:49	2:40	4:53	8:38	16:43	19:02	27:12	29:33	32:09	35:16	35:49			
		Bovender SV		2:40	2:13	3:45	8:05	2:19	8:10	2:21	2:36	3:07	0:33			

Pl	tnr	Name	Zeit											
H12 (7)			2,2 km 70 Hm		9 P		<i>(Forts.)</i>							
			1(63)	2(67)	3(72)	4(91)	5(69)	6(87)	7(93)	8(79)	9(78)	Ziel		
5		Finn Schips	40:28	3:53	9:02	11:43	19:37	21:46	30:04	33:07	36:13	40:01	40:28	
		OLV Uslar		3:53	5:09	2:41	7:54	2:09	8:18	3:03	3:06	3:48	0:27	
6		Jonas Risse	56:43	7:39	10:41	12:58	30:05	33:05	42:54	46:16	50:07	55:44	56:43	
		TG 1860 Münden		7:39	3:02	2:17	17:07	3:00	9:49	3:22	3:51	5:37	0:59	
AK		Günter Stark	51:34	3:24	5:16	7:40	29:29	33:31	41:40	44:29	46:38	50:44	51:34	
		MTV Seesen		3:24	1:52	2:24	21:49	4:02	8:09	2:49	2:09	4:06	0:50	
D12 (6)			2,2 km 70 Hm		9 P									
			1(63)	2(67)	3(72)	4(91)	5(69)	6(87)	7(93)	8(79)	9(78)	Ziel		
1		Jette Körber	29:17	2:56	5:13	7:22	11:44	13:18	20:37	23:11	25:14	28:41	29:17	
		OLV Uslar		2:56	2:17	2:09	4:22	1:34	7:19	2:34	2:03	3:27	0:36	
2		Lamis Mousa	31:17	2:03	3:50	5:29	13:09	15:01	22:55	25:19	27:09	30:44	31:17	
		OLV Uslar		2:03	1:47	1:39	7:40	1:52	7:54	2:24	1:50	3:35	0:33	
3		Rut Stark	34:14	4:35	5:39	6:55	19:14	21:08	26:54	28:51	30:58	33:44	34:14	
		MTV Seesen		4:35	1:04	1:16	12:19	1:54	5:46	1:57	2:07	2:46	0:30	
4		Jana Knaup	36:07	1:33	2:30	3:47	15:15	21:52	28:28	30:48	32:32	35:33	36:07	
		Braunschweiger MT		1:33	0:57	1:17	11:28	6:37	6:36	2:20	1:44	3:01	0:34	
5		Lola Caspari	47:33	4:27	6:08	7:56	17:06	19:11	36:00	38:58	42:29	47:03	47:33	
		OL Team Lippe		4:27	1:41	1:48	9:10	2:05	16:49	2:58	3:31	4:34	0:30	
		Irene Sophie Hey	N Ang	4:45	-----	9:57	-----	-----	15:52	19:24	-----	24:35	25:46	13:31
		MTK Bad Harzburg		4:45		5:12			5:55	3:32		5:11	1:11	*65
D/H10 (7)			1,6 km 50 Hm		6 P									
			1(63)	2(72)	3(65)	4(87)	5(93)	6(78)	Ziel					
1		Romy Frank	18:51	4:50	7:06	10:11	11:57	14:20	17:48	18:51				
		SV Hildesia Diekhol		4:50	2:16	3:05	1:46	2:23	3:28	1:03				
2		Miguel Castilho Mar	19:00	4:03	6:08	11:46	13:19	15:25	18:26	19:00				
		SV Hildesia Diekhol		4:03	2:05	5:38	1:33	2:06	3:01	0:34				
3		Stine Bruns	23:15	3:50	6:34	12:30	14:58	18:00	22:25	23:15				
		MTK Bad Harzburg		3:50	2:44	5:56	2:28	3:02	4:25	0:50				
4		Sania Stamer	24:58	3:01	6:27	11:55	14:26	18:16	23:48	24:58				
		SV Hildesia Diekhol		3:01	3:26	5:28	2:31	3:50	5:32	1:10				
5		Raphael Rattey	33:28	3:44	8:16	21:43	24:16	26:34	30:44	33:28				
		TG 1860 Münden		3:44	4:32	13:27	2:33	2:18	4:10	2:44				
6		Ria Wittke	33:43	2:12	9:03	18:38	22:00	26:16	32:55	33:43				
		SV Hildesia Diekhol		2:12	6:51	9:35	3:22	4:16	6:39	0:48				
7		Leonie Lochte	39:01	6:21	14:29	23:57	27:15	31:34	38:14	39:01				
		SV Hildesia Diekhol		6:21	8:08	9:28	3:18	4:19	6:40	0:47				
D/H10b (5)			1,6 km 50 Hm		6 P									
			1(63)	2(72)	3(65)	4(87)	5(93)	6(78)	Ziel					
1		Hanna Stark	17:35	2:56	6:32	10:00	11:40	13:53	16:59	17:35				
		MTV Seesen		2:56	3:36	3:28	1:40	2:13	3:06	0:36				
2		Levi Joe Brauer	22:15	2:25	5:45	11:56	13:43	16:34	21:04	22:15				
		SV Hildesia Diekhol		2:25	3:20	6:11	1:47	2:51	4:30	1:11				
3		Espen Liebing	25:26	4:34	9:58	15:01	17:14	19:36	24:44	25:26				
		Bovender SV		4:34	5:24	5:03	2:13	2:22	5:08	0:42				
4		Elisa Thiemann	25:46	4:45	9:57	13:31	15:52	19:24	24:35	25:46				
		Hochschulsport Ha		4:45	5:12	3:34	2:21	3:32	5:11	1:11				

Pl	tnr	Name	Zeit							
D/H10b	(5)		1,6 km	50 Hm	6 P	<i>(Forts.)</i>				
			1(63)	2(72)	3(65)	4(87)	5(93)	6(78)	Ziel	
5		Anna Knaup	29:11	3:47	8:13	14:06	17:28	21:36	28:33	29:11
		Braunschweiger MT		3:47	4:26	5:53	3:22	4:08	6:57	0:38