

Pl	Name	Kat	Zeit																
Bahn lang (26)				3,9 km	16 P	<i>(Forts.)</i>													
				1(31) 15(43)	2(32) 16(44)	3(33) Ziel	4(34)	5(35)	6(36)	7(37)	8(38)	9(45)	10(46)	11(39)	12(40)	13(41)	14(42)		
21	Günter Gohde TK Hannover	Lang	1:12:18	3:04 3:04 1:03:01	7:18 4:14 1:09:37	9:59 2:41 1:12:18	12:56 2:57	17:37 4:41	21:00 3:23	23:23 2:23	25:47 2:24	38:20 12:33	43:10 4:50	49:15 6:05	56:06 6:51	57:20 1:14	1:00:52 3:32		
22	Sabine Nash TK Hannover	Lang	1:13:24	4:26 4:26 1:05:33	7:20 2:54 1:11:00	9:59 2:39 1:13:24	11:55 1:56	21:46 9:51	24:13 2:27	31:35 7:22	33:16 1:41	43:04 9:48	46:05 3:01	50:49 4:44	59:05 8:16	1:00:05 1:00	1:04:01 3:56		
23	Johannes Gurtman TG Münden	Lang	1:16:34	3:22 3:22 1:09:27	6:32 3:10 1:14:23	11:30 4:58 1:16:34	14:08 2:38	24:34 10:26	26:28 1:54	28:22 1:54	30:35 2:13	45:49 15:14	49:57 4:08	55:05 5:08	1:02:59 7:54	1:03:54 0:55	1:07:53 3:59		
24	Regine Klander-Str SV Hildesia Diekhol	Lang	1:21:07	2:17 2:17 1:11:45	4:37 2:20 1:17:52	7:13 2:36 1:21:07	8:40 1:27	11:38 2:58	14:04 2:26	15:55 1:51	18:01 2:06	43:58 25:57	47:28 3:30	54:20 6:52	1:01:16 6:56	1:02:44 1:28	1:09:52 7:08		
	Nilas Stamer MTK Bad Harzburg	Lang	Fehlst	1:15 1:15 26:24	2:51 1:36 29:46	4:09 1:18 31:18	4:53 0:44	6:35 1:42	7:40 1:05	8:40 1:00	-----	14:05 5:25	15:54 1:49	18:54 3:00	22:21 3:27	23:09 0:48	25:30 2:21		
	Solia Stamer MTK Bad Harzburg	Lang	Fehlst	2:12 2:12 37:02	4:31 2:19 41:40	6:08 1:37 43:28	6:56 0:48	8:59 2:03	11:12 2:13	12:21 1:09	14:06 1:45	20:12 6:06	22:07 1:55	28:24 6:17	33:15 4:51	34:01 0:46	-----		
				0:54 3:01	3:22 4:38	1:32													
Bahn kurz (26)				2,4 km	11 P														
				1(47)	2(48)	3(49)	4(50)	5(51)	6(52)	7(53)	8(42)	9(34)	10(32)	11(54)	Ziel				
1	Theo Hennseler MTV Seesen	Kured	19:49	1:14 1:14	5:27 4:13	6:26 0:59	7:09 0:43	8:39 1:30	9:24 0:45	12:14 2:50	14:43 2:29	16:14 1:31	18:02 1:48	18:49 0:47	19:49 1:00		4:31 *56		
2	Nilas Stamer MTK Bad Harzburg	Kured	19:54	1:08 1:08	5:15 4:07	6:29 1:14	7:13 0:44	8:40 1:27	9:26 0:46	12:11 2:45	14:51 2:40	16:24 1:33	18:10 1:46	18:59 0:49	19:54 0:55				
3	Christoph Hofmeist MTK Bad Harzburg	Kured	21:01	1:27 1:27	5:22 3:55	6:15 0:53	7:06 0:51	8:30 1:24	9:16 0:46	11:56 2:40	15:23 3:27	17:04 1:41	19:00 1:56	19:53 0:53	21:01 1:08		14:13 *43		
4	Aaron Wandelt MTV Seesen	Kured	25:05	1:30 1:30	6:26 4:56	7:34 1:08	8:31 0:57	10:10 1:39	11:00 0:50	14:28 3:28	17:53 3:25	19:55 2:02	22:13 2:18	23:51 1:38	25:05 1:14		5:02 *56		
5	Till Raake MTV Seesen	Kured	26:00	1:44 1:44	6:22 4:38	7:34 1:12	8:39 1:05	9:55 1:16	10:58 1:03	15:04 4:06	19:13 4:09	21:21 2:08	23:43 2:22	25:03 1:20	26:00 0:57				
6	Ann-Charlotte Span TG Münden	Kured	26:18	1:35 1:35	6:08 4:33	7:04 0:56	8:08 1:04	9:39 1:31	10:30 0:51	16:05 5:35	19:21 3:16	21:23 2:02	23:55 2:32	24:52 0:57	26:18 1:26				
7	Aaron Niazi TSV Worswede	Kured	27:17	1:45 1:45	7:27 5:42	8:33 1:06	9:34 1:01	11:06 1:32	11:50 0:44	15:56 4:06	20:33 4:37	22:25 1:52	24:54 2:29	26:18 1:24	27:17 0:59				
8	Marco Urzua Wöhre TV Jahn Wolfsburg	Kured	29:26	1:35 1:35	7:37 6:02	8:50 1:13	10:25 1:35	12:11 1:46	13:36 1:25	18:02 4:26	21:58 3:56	24:23 2:25	27:27 3:04	28:25 0:58	29:26 1:01				
9	Johannes Eckel OLV Uslar	Kured	32:08	1:28 1:28	9:49 8:21	13:22 3:33	14:32 1:10	16:02 1:30	16:53 0:51	20:54 4:01	25:14 4:20	27:21 2:07	30:00 2:39	31:04 1:04	32:08 1:04				
10	Bennet Grote OLV Uslar	Kured	32:10	1:30 1:30	8:06 6:36	9:26 1:20	10:41 1:15	12:52 2:11	14:08 1:16	19:52 5:44	23:48 3:56	26:37 2:49	29:52 3:15	30:50 0:58	32:10 1:20				
11	Lion Bernsdorf MTV Seesen	Kured	32:30	1:29 1:29	7:40 6:11	9:24 1:44	10:58 1:34	12:40 1:42	13:48 1:08	21:00 7:12	25:10 4:10	27:43 2:33	30:21 2:38	31:18 0:57	32:30 1:12				
12	Erik Urzua Wöhre TV Jahn Wolfsburg	Kurz	34:01	1:30 1:30	7:44 6:14	9:19 1:35	10:56 1:37	12:39 1:43	13:49 1:10	19:02 5:13	23:34 4:32	26:10 2:36	30:00 3:50	32:24 2:24	34:01 1:37				
13	Sven-Guido Schulz TV Jahn Wolfsburg	Kured	34:17	1:34 1:34	8:23 6:49	9:55 1:32	11:22 1:27	13:05 1:43	14:20 1:15	21:25 7:05	25:51 4:26	28:00 2:09	30:48 2:48	33:00 2:12	34:17 1:17				
14	Felix Salau MTV Seesen	Kurz	34:22	1:50 1:50	7:36 5:46	11:08 3:32	12:22 1:14	13:54 1:32	14:45 0:51	18:46 4:01	23:02 4:16	25:11 2:09	28:00 2:49	32:50 4:50	34:22 1:32				
15	Heidrun Finke OLV Uslar	Kured	35:14	1:44 1:44	8:22 6:38	9:52 1:30	11:14 1:22	13:23 2:09	14:29 1:06	19:36 5:07	25:12 5:36	29:03 3:51	32:13 3:10	33:31 1:18	35:14 1:43				
16	Paulo Urzua Torres TV Jahn Wolfsburg	Kured	35:26	1:30 1:30	7:43 6:13	9:01 1:18	10:23 1:22	12:24 2:01	13:57 1:33	21:26 7:29	26:19 4:53	29:37 3:18	32:41 3:04	33:51 1:10	35:26 1:35		33:56 *54		
17	Christoph Napp Braunschweiger MT	Kured	37:28	1:48 1:48	9:13 7:25	10:51 1:38	13:19 2:28	16:00 2:41	17:30 1:30	22:37 5:07	27:39 5:02	31:05 3:26	34:18 3:13	35:33 1:15	37:28 1:55				
18	Sonja Kunze OLV Uslar	Kurz	40:40	1:30 1:30	8:36 7:06	10:13 1:37	11:45 1:32	14:01 2:16	15:16 1:15	22:54 7:38	28:15 5:21	32:22 4:07	36:49 4:27	39:08 2:19	40:40 1:32		33:19 *33		
19	Bernd Höfner OLV Uslar	Kurz	42:00	2:00 2:00	8:47 6:47	10:23 1:36	11:53 1:30	14:00 2:07	15:07 1:07	24:13 9:06	29:13 5:00	35:27 6:14	38:34 3:07	40:03 1:29	42:00 1:57				
20	Fiona Nash TK Hannover	Kured	43:08	2:36 2:36	11:26 8:50	12:59 1:33	14:44 1:45	16:41 1:57	18:05 1:24	25:11 7:06	31:53 6:42	35:10 3:17	39:04 3:54	41:49 2:45	43:08 1:19				
21	Bibo Nash TK Hannover	Kurz	46:39	2:19 2:19	10:19 8:00	11:40 1:21	14:32 2:52	16:50 2:18	17:59 1:09	25:10 7:11	31:59 6:49	37:19 5:20	43:20 6:01	44:41 1:21	46:39 1:58				
22	Anna Weigert TV Jahn Wolfsburg	Kured	55:21	1:37 1:37	8:15 6:38	9:39 1:24	11:21 1:42	13:19 1:58	14:43 1:24	22:24 7:41	44:17 21:53	48:19 4:02	51:58 3:39	54:10 2:12	55:21 1:11				
23	Maren Strauß SV Hildesia Diekhol	Kured	56:18	2:03 2:03	9:12 7:09	10:36 1:24	12:41 2:05	15:02 2:21	16:20 1:18	23:23 7:03	45:08 21:45	49:23 4:15	52:55 3:32	55:09 2:14	56:18 1:09				
24	Sylke Höfner OLV Uslar	Kurz	1:14:44	3:06 3:06	15:36 12:30	18:37 3:01	21:36 2:59	25:30 3:54	27:46 2:16	37:52 10:06	50:36 12:44	1:01:26 10:50	1:07:32 6:06	1:10:39 3:07	1:14:44 4:05		57:25 *33		
	Marcel Frank SV Hildesia Diekhol	Kurz	Fehlst	1:50 1:50	7:51 6:01	9:43 1:52	-----	17:03 7:20	18:57 1:54	25:12 6:15	31:29 6:17	34:34 3:05	38:24 3:50	40:31 2:07	41:46 1:15				

Pl	Name	Kat	Zeit												
Bahn kurz (26)			2,4 km	11 P	<i>(Forts.)</i>										
			1(47)	2(48)	3(49)	4(50)	5(51)	6(52)	7(53)	8(42)	9(34)	10(32)	11(54)	Ziel	
	Jan Klose	Kured	Aufg	1:18	7:26	8:55	10:55	12:32	13:31	-----	-----	-----	-----	18:00	5:37
	MTV Seesen			1:18	6:08	1:29	2:00	1:37	0:59					4:29	*56